

CURRICULUM VITAE



PERSONAL INFORMATION

Name	<i>Dr. NIRANJ. G. R</i>
Gender	<i>Male</i>
Date of Birth	<i>02-09-1987</i>
Nationality	<i>Indian</i>
Address	<i>"Narayana" (H), TMRA- 14, M and B Lane, Thammanam (P.O), Kochi, Kerala, India Pin: 682032</i>
Mobile number	<i>+919994355420, +918667610439</i>
Email	<i>niranj.gr@gmail.com</i>
Marital status	<i>Married</i>
Spouse	<i>Dr. Radhu Raj</i>

EXPERIENCE

Current designation:
Oct '2018 -- till date

- Fellowship in Arthroplasty (Depuy accredited fellowship)
- Under Dr Harish Bhende,
- Laud Clinic, Mumbai.

March '17 -- Sep '18

*Specialist in Orthopaedics and fellow in arthroplasty and arthroscopy,
Aster Medcity Hospital, Kochi, India*

- Member of the arthroplasty and arthroscopy unit
- Attended more than 200 joint replacements and arthroscopy surgeries
- Also a part of trauma and general orthopaedic cases

Aug '16 -- Feb'17

Junior consultant in orthopaedics, Cosmopolitan hospitals, Thiruvananthapuram, India

- Attended more than 100 arthroscopy cases of knee and shoulder
- Also a part of trauma and orthopaedic cases

Feb '16 -- July'17

Orthopaedic resident, Preethi Institute of Orthopaedic Research (PRIOR), Madurai, Tamilnadu, India

- Attended trauma and emergency orthopaedic cases
- Performed and assisted orthopedic cases

Aug'13 -- May' 16

Junior resident in Orthopaedics - Govt Rajaji hospital and Madurai Medical College, Tamilnadu, India

- As a part of post graduate training program
- Completed training in general orthopaedics, traumatology, pediatric orthopaedics, spine

May '13 -- July'13

Junior resident in Orthopaedics - Govt Tirunelveli Medical College, Tamilnadu, India

- *As a part of post graduate training program*
- *Underwent training in general orthopaedics, traumatology and pediatric orthopaedics,*

EDUCATION AND QUALIFICATION

MRCS (part A)

2018 (May)

M.S orthopaedics

2013-2016 · MS (orthopaedics) from Govt. Rajaji Madurai Medical College, Madurai, India

- **Gold medalist**---best outgoing postgraduate in orthopaedics
- **Gold medalist**--- highest score in the final year postgraduate examination (The Tamilnadu Dr MGR Medical University)
- Secured a rank of 971 in the All India Postgraduate entrance exam in 2012

DNB -orthopaedics
(post M.S)

June 2017

MBBS (Bachelor of Medicine, Bachelor of Surgery)

2005-2011 · Govt. Tirunelveli Medical College, Tirunelveli, India

- Resident internship from Sep 2010 to sep 2011 at Tirunelveli medical college which included postings in the departments of Internal Medicine, General Surgery, Paediatrics, Obstetrics and Gynaecology, Orthopaedics, Anesthesiology, Dermatology, ENT, Ophthalmology, Community medicine and Emergency medicine
- Secured a rank of 520 at the Tamilnadu state Govt. medical entrance exam

Higher Secondary School

2005 · Good shepherd matric. higher sec. school, Marthandam, India

- Passed out 12th grade in 2005 ranked 3rd among 100 students

AWARDS AND HONORS

- **Gold Medal** for the best paper presentation at IOACON 2018 (Coimbatore) under Prof SS Yadav orthopaedic oncology category.
- **Gold medal** for the best outgoing postgraduate in orthopaedics and Gold medal for securing the highest score in the final year postgraduate examination (The Tamilnadu Dr MGR Medical University)
- **First place in All India Post Graduate Quiz**, Orthopaedic National conference (IOACON), 2015, Jaipur.

PROFESSIONAL ACTIVITIES

Presentations

- All India National conference IOACON -2018, Presented a Medal paper (Prof SS Yadav session) - " Is frozen section of marrow margin useful in malignant long bone tumours? - A 17 year multicentre analysis of 636 cases
- All India Conference, IOACON 2015, "Giant Cell Tumours – varying presentation and management of rare site tumours"
- State conference, TNOACON 2016, "Functional outcome of arthroscopic ACL reconstruction with hamstring graft – a prospective study"

Delegation

- AO course- basic principles of fracture management- By AO Trauma (2019)

- Attended MRCS (Edinburgh) OSCE preparatory course - conducted by the Royal College of Surgeons of Edinburgh - At Aster MIMS hospital, Calicut (2018).
- Attended CORAL- Collective Orthopaedic Refinement and Learning - a CME highlighting complications encountered by various stalwarts in Orthopaedic surgery and how to prevent them (June 2018)
- Presented a case report of “Two Cases of Cervical spine injury without neurological deficit” at COS - Cochin Orthopaedic Society monthly meeting, Kochi, Kerala on 8-03-2018
- Attended “**hands -on**” **cadaveric workshop** on total knee replacement conducted by Buechel Pappas total knee replacement system at Sri Ramachandra Medical College, Chennai (Feb 2018)
- As “**on- field**” orthopaedician in U-17 Fifa football world cup, Kochi, India
- Tamil Nadu state conferences (TNOACON), 2015 and 2016
- National orthopaedic conference, IOACON, 2015 (Jaipur), 2016 (Kochi) and 2018 (Coimbatore)
- Pune Knee Conference, organised by Dr Sachin Tapasvi, India- 2017
- SESICON – basic shoulder and knee arthroplasty workshop, Kerala, India- 2016
- Advanced technology symposium, *where??-write location for all conference, workshops.* 2016
- South zone Orthopaedic conference - OASISCON, 2015
- Basic **AO Trauma Principles** Course, Madurai, India- 2015
- Amrita fracture course, Amrita Institute of Medical Sciences, India- 2015
- CME on Basics of Knee Arthroscopy Revisited with Meniscus repair (Preethi Institute of Orthopaedic Research – PRIOR), India - 2015
- Basic arthroplasty course (DePuySynthes), Madurai, India – 2014
- TNOA Prof T.K.Shanmugasundaram Mid-year CME, Madurai, India- 2014
- CME on complex primary THR and TKR (Madurai Medical College), India– 2013

Academic
Memberships

- *AO Trauma*
- *International Society for Knowledge for Surgeons on Arthroscopy and Arthroplasty (ISKSA) - Life member*
- *Indian orthopaedic association (IOA)- Life member*
- *Kerala Orthopaedic Association (KOA)- Life member*
- *Tamilnadu Orthopaedic Association (TNOA) - Life member*
- *Cochin Orthopaedic Society (COS), Kochi, Kerala, India*

RESEARCH AREAS CURRENTLY INVOLVED

- Efficacy of intraoperative periarticular cocktail injection in postoperative pain management and range of movements in total knee replacement
- Comparison of knee anthropometry between Indian and Middle East population with respect to total knee replacement
- Role of degeneration of PCL in osteoarthritis of knee joint

MY PROFESSIONAL EXPERIENCE

I am currently working as fellow in arthroplasty/ arthroscopy and Specialist in Orthopaedics at Aster Medcity, Kochi, Kerala, India.

My current job entails running regular outpatient clinics, operating sessions (includes both performing and assisting orthopaedic, arthroplasty, arthroscopy and trauma cases) and attending emergency cases. I have a special

interest in arthroplasty, sports orthopaedics and arthroscopy and I am a part of lower limb arthroplasty and arthroscopy unit. I participate in regular academic programmes of the Unit and the department.

Residency training

I did my post graduate training in Orthopaedics (MS) at Government Rajaji Hospital and Madurai Medical College, Tamilnadu, India. I performed basic trauma surgeries and procedures independently and performed complex surgeries under guidance. I also assisted my professors and assistant professors in spine surgeries, paediatric orthopaedic surgeries, arthroplasty and arthroscopy.

OTHER INTERESTS AND SKILLS

Travel, music, sports and fitness

REFERENCES

1) Dr. Harish Bhende, MS (Ortho), DNB (Ortho), MCh (Ortho- Liverpool),
Fellowship in Arthroplasty (Ranawat)
Consultant Joint Replacement surgeon and academic guide of Arthroplasty fellowship at Laud Clinic,
Mumbai.
Email: harishbhende@gmail.com
Mobile: 9821211545

2) Dr. S. Vijayamohan, DNB (Ortho), D. (Ortho),
Consultant Orthopaedic Surgeon - Hip and knee (arthroplasty and arthroscopy),
Aster Medcity Hospital, Kochi, Kerala, India.
Email: drvijayamohan@gmail.com
Mobile: +919447760119

2) Prof. R. Sivakumar. (MS Ortho, D Ortho)
Consultant Spine Surgeon,
Preethi Hospital, KK Nagar, Madurai,
Professor of Orthopaedics, Madurai Medical College and Govt. Rajaji Hospital,
Madurai, Tamil Nadu, India
Email: drsivakumarspine@yahoo.co.in
Mobile: +919443733996

3) Dr. Hitesh Gopalan U (MS Ortho),
Fellow (Arthroplasty and Sports Medicine),
Division of Trauma and Adult Reconstruction,
Clinical Asst Professor, MOSC Medical College,
Kolenchery, Cochin, India
hitheshg@gmail.com
Mob: +918589849630

4) Dr Ashok Sunil Gavaskar, (MS ortho)
Senior Consultant in arthroplasty and trauma

- Parvathy Hospital, Chennai, India

Consultant in Arthroplasty and complex trauma

- Mehta Hospital, Chennai, India

Mobile: +919841552000

E-mail: gavaskar.ortho@gmail.com

5) **Dr Nirbhay Shah**, MS (Ortho), FIAS (Pune), Arthroscopy Fellow (USA) Joint Replacement Fellow (USA, Aus.)

Joint Surgeon

Swasthya Sadan

Kailashwadi circle,

Junction Plot, Rajkot - 360001

Ph.: 0281-2458038, Cell: 9374102038

E-Mail: shahnirbhay@gmail.com

6) **Dr Vivek Sharma**,

Orthopaedic surgeon,

Specialist in Hip, Knee and Ankle surgeries,

Kolkata, India.

Ph: +919073377577

Email: sharma.drivek@gmail.com