

## CURRICULUM VITAE

### **Jincy Mariam George**

**Naduvikunnathu House, Kongorpilly PO**

**Koonamavu, Ernakulam, Kerala 683518**

**Mob : +91 6282638094/ +91 9137078766**

**Email : jincymariamgeorge@gmail.com**



### **CAREER OBJECTIVE**

Seek to get associated with a growth oriented organization and handle challenging assignments to achieve the desired goals utilizing strong skills backed by synergy of professional skills and experience and to further develop interpersonal skills through team work and dedication. "Excellent Service towards perfection".

- Job Category : Staff Nurse
- Professional Qualification : General Nursing & Midwife in High Diploma  
**BLS Certified**

### **PERSONAL INFORMATION**

Name : Jincy Mariam George  
Permanent Address : Keerikattu Charuvparambil.Kozhuvallur p.o  
Chengannur, Alappuzha [Dist]  
Kerala – 689521  
Email : jincymariamgeorge@gmail.com  
Gender : Female  
Nationality : India  
Date of Birth : 10.04.1987  
Marital Status : Married  
Religion : Christian  
Languages Known : English, Hindi, Malayalam

## **NURSING REGISTRATION DETAILS**

- ❖ Andhra Pradesh Nursing Council : 81359 [Registered Nurse]  
80996 [Registered Nurse].  
Dated on 7<sup>th</sup> September 2009.
- ❖ Kerala State Nursing : Applied, pending License

## **PASSPORT DETAILS**

Passport No. : H 5706380  
Date of Issue : 01 JAN 2010  
Date of Expiry : 31 DEC 2019  
Place of Issue : Cochin

## **EDUCATIONAL QUALIFICATION**

### **A) PROFESSIONAL QUALIFICATION**

<b>Examination Passed</b>	<b>School / College</b>	<b>Board / University</b>	<b>Year of Passing</b>	<b>Percentage (%)</b>
General Nursing&Midwifery	Mythri School of Nursing, Hyderabad	Osmania University	2009	70.1%

### **B) ACADEMIC QUALIFICATION**

<b>Examination Passed</b>	<b>School / College</b>	<b>Board / University</b>	<b>Year of Passing</b>	<b>Percentage (%)</b>
Xth	St.Anns Girls High School Chengannur, Alappuzha [DIST] Kerala	Board of Public Examination, Kerala	2003	49%
12th	Metropolithen Higher Secondary School , Puthencavu, Kerala	Board of Higher Secondary Examination, Kerala	2005	57%

### **C) COMPUTER PROFICIENCY**

- ❖ Proficient in MS-Word, MS-Excel, Internet Browsing & E-mailing,  
Worked in Computerized Office Environment.

**EXPERIENCE DETAILS**

<b>Sr. No</b>	<b>Institution</b>	<b>Designation</b>	<b>Capacity</b>	<b>Department</b>	<b>Duration</b>
1.	Mythri Multi Speciality Hospital, Hyderabad	Staff Nurse	150 bedded	<b>Medical&amp;Surgical Ward</b>	01-03-2009 to 31-12-2009
2.	Fortis Hospital Ltd, Mulund, Mumbai	Staff Nurse	250 bedded	<b>Medical &amp;Surgical Cardiac Ward</b>	02-02-2010 to 12-02-2013
3.	Kohinoor Hospital, Vidyavihar, Mumbai	Staff Nurse	200 Beded	<b>Surgical Ward</b>	26-05-2014 to 14-12-2016
4.	Piramel Swasthya Health care foundation	Staff Nurse	-	<b>OPD</b>	06-03-2017 to 02-06-2018

**OTHER PROFESSIONAL COURSE**

<b>Sr. No.</b>	<b>Symposium</b>	<b>Institution</b>	<b>Year</b>
1.	Basic Life Support (BLS)	Fortis Hospital, Mulund (W), Mumbai	Aug – 2011 Aug - 2013

**IN SERVICE EDUCATIONAL PROGRAMS ATTENDED**

<b>Sr. No.</b>	<b>Symposium</b>	<b>Institution</b>	<b>Year</b>
1.	Prevention of Needle Stick Injury	Fortis Hospital Ltd. (Formerly Wockhardt Hospital) Mulund (W), Mumbai.	2011
2.	Advance Infection Control Training	Fortis Hospital Ltd. (Formerly Wockhardt Hospital) Mulund (W), Mumbai.	2011
3.	Pain Management	Fortis Hospital Ltd. (Formerly Wockhardt Hospital) Mulund (W), Mumbai.	2011
4.	IV Cannulation	Fortis Hospital Ltd. (Formerly Wockhardt Hospital) Mulund (W), Mumbai.	2011
5.	Medication Safety	Fortis Hospital Ltd. (Formerly Wockhardt Hospital) Mulund (W), Mumbai.	2011

6.	Pressure Area Management / Management of Incontinence	Fortis Hospital Ltd. (Formerly Wockhardt Hospital) Mulund (W), Mumbai.	2011
7.	Safety Measures	Fortis Hospital Ltd. (Formerly Wockhardt Hospital) Mulund (W), Mumbai.	2011
8.	Basic Life Fire Fighting	Fortis Hospital Ltd. (Formerly Wockhardt Hospital) Mulund (W), Mumbai.	2011
9.	Disaster Management	Fortis Hospital Ltd. (Formerly Wockhardt Hospital) Mulund (W), Mumbai.	2011
10.	Arterial Blood Gas Analyzer	Fortis Hospital Ltd. (Formerly Wockhardt Hospital) Mulund (W), Mumbai.	2011

### **PERSONAL PROFILE**

- ❖ Graduation in Nursing
- ❖ Dealing effectively, Teaching Skills & good leadership quality.
- ❖ Assertiveness & distinctly proactive
- ❖ Flexible, Committed individual with outstanding communication skills.
- ❖ Persuasive, hard working & dedicated individual.
- ❖ Punctual, highly organized & competent individual.

### **PROFESSIONAL PROGRAMMES ATTENDED**

- ❖ Cardiac Health Check-up
- ❖ Diabetes Workshop
- ❖ Aids Awarenesses
- ❖ Infection Control & Isolation Technique
- ❖ Organ Control Camp
- ❖ HBs Ag Awareness Camp
- ❖ Nursing & legal Aspects
- ❖ Elderly Care & Counselling
- ❖ Basic Life Support
- ❖ Fire & Safety Training
- ❖ Participated as a member in the **JCI Re Accreditation** in October 2011 at Fortis Hospital, Mumbai.

## **DESCRIPTION OF FUNCTIONAL DUTIES**

- ❖ Experience in critically ill patient with all types of medical & surgical emergencies.
- ❖ Defibrillating the patient
- ❖ Maintaining professional hygiene of the patient
- ❖ Collecting blood samples & specimens for investigation
- ❖ Administering the medication, IV fluid, blood products (e.g. Plasma, Platelet)
- ❖ Providing emotional support for the patient and relatives.
- ❖ Providing safe & comfortable environment for the patient.
- ❖ Taking over report & bedside rounds.
- ❖ Assessing the physical & psychological needs & planning patient care.
- ❖ Monitoring vital signs & fluid & electrolyte balance, checking CVP and pain scale.
- ❖ Meeting nutritional needs of the patient (oral, enteral, total parenteral nutrition, intravenous infusion).
- ❖ Maintain Strict Aseptic Techniques
- ❖ Administering nebulizers
- ❖ Starting intravenous access
- ❖ Insertion of oral and nasal ryles tube
- ❖ Female catheterization.
- ❖ Giving enemas, bowel wash, colostomy wash, , sitz baths, perennial care, Catheter care, steam inhalation, chest physiotherapy.
- ❖ Take consent for major procedure and surgeries
- ❖ Giving cardio pulmonary resuscitation when needed.
- ❖ Doing dressing
- ❖ Giving chest physio and steam inhalation
- ❖ Attending doctors and presenting patient's conditions
- ❖ Supervised and provided training for nursing students, nursing assistance and health care workers.

## **EQUIPMENT FAMILIAR WITH :**

- ❖ ECG Machine
- ❖ Pulse Oxymeter
- ❖ Glucometer
- ❖ Infusion Pump
- ❖ Syringe Pump
- ❖ Defibrillator (Code Master XL
- ❖ Nebulizer
- ❖ Suction Apparatus
- ❖ CVP Scale
- ❖ Steam Inhaler
- ❖ Crash Trolley

## **CASES HANDLED IN THE DEPARTMENT**

- ❖ All Cardiac cases all medical and surgical pre and post op cases including all rehabilitative and long term patients

## **TYPES OF PATIENTS**

### **Cardiology**

- ❖ Unstable angina myocardial infraction CABG, PTCA, CAG, MVR, DVR, AVR, VSD and ASD closure BMV

### **Surgical Cases**

- ❖ Cholecystectomy, Exploratory Laprotomy , Appendicetomy, Craniotomy, THR, TKR etc.

## **PROCEDURES SEEN AND ASSISTED**

- ❖ Foley's Catheterization
- ❖ Ryle's Tube Insertion
- ❖ Pleural Tapping
- ❖ ICD Removal
- ❖ CPR & Defibrillation
- ❖ IV Cannulation
- ❖ Arterial Sheath Removal
- ❖ Suctioning (Open & Closed)
- ❖ Synchronised Defibrillation
- ❖ TPN
- ❖ Lumbar Puncture
- ❖ IV & IM Injections
- ❖ 2D Echo

## **REFERENCES**

Mrs.MinimolVarghese  
NursingSuperintendent  
FortisHospitalLtdMulund,GoregaonLinkRoad,Mumbai400078

Mrs.JollyRaphel  
WardIncharge  
FortisHospitalsLtd,Mulund,GoregaonLtdRoad,Mumbai400078

Mr.BhanuPrasad  
PiramaSwasthya,Srinagarcolony,Hyderabad,Telangana500073

### **Declaration :**

I hereby declare that all the above statements are true to the best of my knowledge and belief.

Place : Cochin

Date :

( *Jincy Mariam George* )