

CURRICULUM VITAE

ANJU BENNY
D/O. BENNY T. O.
THUNDATHIL HOUSE
NEAR HOSPITAL JUNCTION
NARAKKAL P.O.
ERNAKULAM (DIST.)
KERALA STATE
☎ 9072030667
✉ anjubenny75@gmail.com



OBJECTIVE

To fulfill my aim of taking care of the helpless victims of diseases, Natural disasters and accidents: to work with a group of people who have the same objective and aim, to seek a challenging employment in an organization where excellence, honesty and integrity are foundation of success.

PERSONAL DETAILS

Name : **ANJU BENNY**
Father's Name : Benny T. O.
Date of Birth : 13-12-1995
Gender : Female
Nationality : Indian
Religion : Christian
Marital Status : Single
Hobbies : Travelling, Reading books, Listening Music.

LANGUAGE SKILLS

Language	Read	Write	Speak
English	Yes	Yes	Yes
Malayalam	Yes	Yes	Yes

ACADEMIC QUALIFICATION

<i>Course</i>	<i>Year</i>	<i>Institution</i>	<i>Board / University</i>	<i>Percentage</i>
B.Sc. Nursing	2013-2017	Govt. College of Nursing, Ernakulam	Kerala University of Health Science	60%
Plus Two	2013	St. Mary's CGHSS, Ernakulam	Board of Higher Secondary Examination, Kerala	74%
S.S.L.C.	2010	Little Flower HS, Narakkal	Board of Public Examination, Kerala	78%

NATURE DUTIES AND RESPONSIBILITIES

Comprehensive Nursing Care:-

- Admission procedures, nursing assessment
- Monitor the vital signs
- Maintain the IV line
- Collection of sterile specimen like blood, urine, stool, and sputum
- Check the airway, breathing and circulation
- Medications: Oral, intramuscular, intravenous, subcutaneous, intradermal, topical and intrauterine
- Check the oxygen saturation
- Giving oxygen inhalation, nebulization steam inhalation and chest physiotherapy
- Assessing the physical and psychological needs of the patients, giving hair shampoo. Giving hot and cold application according to the condition of the patient check for complications such as bleeding hypotension, hypertension, bradycardia, retention of urine hypoxia, vomiting, pain, arrhythmias etc.
- Insertion of IV cannula.
- Cardiopulmonary, resuscitation, suction, skin care, perineal care, catheter care, catheterization, ryles tube insertion, diet planning, extremities, ambulation and health education
- Carryout the doctor's orders.
- Follow up discharge teaching, counseling of patient and relatives.

- Talking care of unconscious patients, introducing airway, giving, ryles tube feeding, sterile wound care, diabetic wound care, helping patients in feeding and toileting, serving diet, trays especially for hypertensive and diabetic patients, mouth care, sponge bath, back care maintaining records, reports and inventory checking.
- E.C.G. Recording

HANDLING EQUIPMENT

- CVP Monitoring transducer
- Cardiac monitor
- Gluco meter
- Pulse oximeter
- Pressure bag
- Suction apparatus
- Nebulizer
- Laryngoscope
- Venture mask
- OT Instruments

PERSONAL STRENGTH

- Highly Initiative
- Hardworking
- Responsible in execution
- Adaptable to situations
- Assertive in resolution
- Fast grasping power
- Ability to adjust quickly to new environment
- Confidence to face new ventures\
- Sincere in work

REFERENCE

1. Mrs. SREEKALA.R
MSC Community Health Nursing
Lecturer
Government College of Nursing, Ernakulam
☎ 9446463169
2. Mr.DON JOSE K
MSC Medical Surgical Nursing
Clinical Instructor
Government College of Nursing, Ernakulam
☎ 9544057719

DECLARATION

I hereby declare that all the above statements are correct to the best of my knowledge and belief. If my personal matches your requirements, please give me an opportunity to serve in your institution.

Place : Narakkal

Date :

ANJU BENNY