# Josmi Scaria

Koottumkal House Mammattikkanam PO, Kallimaly, Idukki, Kerala PIN-685566

Phone: 8497009149

E-mail:josmiscaria32@gmail.com

#### **OBJECTIVES**

To have a growth oriented and challenging career, where I can contribute my knowledge and skills to the organization and enhance my experience through continuous learning

#### **EDUCATION**

## **Bachelor of Physiotherapy (2014-2018)**

Yenepoya Physiotherapy College, Mangalore Yenepoya (Deemed to be University), Mangalore First year-74 % Second year- 71% Third year-73 % Final year-74 %

## **Higher Secondary School**(2012-2014)

SNVHSS N.R city, Idukki, Kerala Percentage: 84.58 %

## Secondary School(2012)

SNVHSS N.R city, Idukki, Kerala Percentage: 97 %

## RESEARCH WORK

" A study to assess the attitude and practice of physiotherapists in promoting general well being through physical activity"

**INTERNSHIP** 

Completed six months of compulsory rotatory internship in departments of Yenepoya PhysiotherapyCollege,(Yenepoya medical college hospital):

#### **SKILLS**

- Ability to establish a good relationship with patients and their families
- Hardworking and determined
- Knowledge of physical therapy modalities, procedures, theory, techniques and standards
- Ability to work in a team
- Ability communicate well
- Ability to accept challenges and apply proper treatment method.
- Good speaker and listener.
- Leadership skills.

#### LANGUAGES KNOWN

- English
- Malayalam
- Kannada

## **CONFERENCES / WORKSHOPS ATTENDED**

- Physiocon 2017- International Physiotherapy Conference
  Organized by South Canara Teachers Association Mangalore 3<sup>rd</sup> and 4<sup>th</sup> March 2017
- Hands on Workshops on Dynamic Taping Yenepoya University 19th April 2017.

## **ACHIEVEMENTS**

- Certified Dry Needling Practitioner
- Received the scholarship for academic excellence from Dynamic techno medicals pvt. Limited on 09/03/2019.

## **EXTRA CURRICULAR ACTIVITIES**

- Participated in Ist Inter College Physiotherapy Cricket Tournament held on 7th and 8th December 2018
- Participated in 20<sup>th</sup> Dr. M V Shetty Memorial Inter- Physiotherapy Colleges Cricket Tournament held on 10<sup>th</sup> and 11<sup>th</sup> February 2015
- Participated and secured Ist place in skit on the occation of World Physiotherapy Day organized by Yenepoya Physiotherapy College on 8th to 10th September 2015.
- Participated and secured 2<sup>nd</sup> prize in 21<sup>th</sup> Dr. M V Shetty Memorial Inter- Physiotherapy Colleges Cricket Tournament held on 5<sup>th</sup> and 6<sup>th</sup> February 2016
- Participated in Cancerthorn'17Mangaluru Half Marathon on 12th February 2017Experience.

## PERSONAL PROFILE

Name: JOSMI SCARIA

Gender: Female

Date Of Birth: 14/09/1996

Nationality: IndianMarital Status: Single

#### **DECLARATION**

I, JOSMI SCARIA, hereby declare that all the information stated in this curriculum vitae is true to the best of my knowledge. Any further clarifications regarding any of the above stated data shall be provided if necessary

**JOSMI SCARIA**