

**Lincy A**

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## SUMMARY

A focused, conscientious and physically fit individual who has a long track record of successfully identifying, planning, implementing and evaluating the nursing care requirements of patients. I am able to demonstrate a consistently high standard of nursing care and able to contribute to the continuing development of professional nursing practice in any clinical environment. As a confident, outgoing person I have no trouble communicating with and guiding all levels of staff within the Care sector. I am keen to join a reputed hospital to have international exposure and hands on experience in the field of nursing and Patient care as a gateway to a meaningful nursing career.

## CAREER OBJECTIVE

Patient-focused and empathic registered nurse seeking position with growing medical practice. Bringing experience, care, and extensive knowledge to help improve the lives of patients

## SKILLS

Interacting with the medical bodies in the hospital. Devising nursing care observations.  
Ability to work well under pressure Resourceful problem solver capable of implementing solutions to complex problem.  
Good organization with attention to details  
Punctuality and time keeping, Team work skills Remain calm and professional throughout critical incidents.  
Provide suggestion to the family members and patients on their disease.  
Psychological support to the patients.  
Maintain good rapport with all members in health care team.  
Intra-Professional Relationship and Improve Quality of Care

## EXPERIENCE

**Feb-2012 - Mar-2017**

**KOKILABEN NIRUBHAI AMBANI HOSPITAL, MUMBAI**

**Officer Nursing (Staff Nurse)**

- ✓ Receiving and admission of patients.
- ✓ Data collection including physical assessment and formulating nursing care plan.
- ✓ Continuous monitoring of the patient including vital signs, arterial blood pressure, central venous pressure, cardiac monitoring oxygen saturation etc.
- ✓ Providing CPR and Oxygen therapy.
- ✓ Multi-route drug administration.
- ✓ I V cannulation.
- ✓ Sample collection including collection of blood from artery for ABG analysis.
- ✓ Urinary catheterization its care and removal.
- ✓ Nasogastric tube insertion and feeding.
- ✓ Wound dressing and removal sutures.
- ✓ Tracheotomy care, care of patients with chest tube.
- ✓ Colostomy care.
- ✓ Used E-Clinical Software to update and enter patients' information into their medical record.
- ✓ Performed Phlebotomy for lab testing, as well as obtaining

**Jul-2017 - Nov-2017**

**Senior Officer Nursing**

**HN Reliance Hospital,Mumbai**

### EDUCATION

Degree/Course	Institute/College	University/Board	Year of Passing
Secondary School Leaving Certificate Examination	Panchayath higher secondary school	Kerala Board	2005
Higher Secondary Examination	Panchayath Higher Secondary School	Kerala	2007
Diploma in General Nursing and Midwifery	Sharabheshwara College of Nursing, Bellary	Karnataka Board	2011

### STRENGTHS

- , ✓Team Player.
- ✓Good Communication Skills.
- ✓Flexible in working hours.
- ✓Written and verbal communication skills, very good listener.
- ✓Punctuality and time keeping

### HOBBIES

Cooking and Travelling to Different Places

### PERSONAL DETAILS

Address Puthuparabil House,Manganam post  
Kottayam, Kerala, 686018

Date of Birth	01/04/1990
Gender	Female
Nationality	India
Marital Status	Married
Languages Known	English,Hindi,Malayalam and Tamil

### DECLARATION

I hereby declare that all the details furnished here are true to the best of my knowledge and belief.



Lincy A