

# MS.TISSA ELSA MATHEW.

Basic B.sc.Nursing

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Anthinattu House  
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Thekkummuri  
Kottayam district  
Mob.No: 8291224318

**Personal data**  
Date of Birth: 15.05.1994  
Sex: Female  
Nationality: Indian  
Marital status: Single

## Languages known

English  
Hindi  
Malayalam

## Hobbies:

- Reading
- Painting
- Listening to music
- Travelling

## Passport Details:

- Passport No.P6992903
- Date of Expiry 13/02/2027
- Place of Issue-

## CURRICULUM VITAE

### Brief Profile

Bachelor in Nursing. I am looking for enhance, develop and implement Professional nursing care and management skills in a hospital and serve the needy and take care of them. I am hoping that this opportunity to help me to establish myself in developing new skills and knowledge in patient care.

### Career Objective

To provide holistic nursing care focused on the code of ethics for the betterment of people. Dedicated, reliable, skilled, ethical health care worker with ability to stay calm and intervene during crisis, facilitate groups and collaborate on multidisciplinary teams, looking for staff nurse position in a well reputed health care institution.

### Educational Qualification

Course	Name of the Institute	Year	Percentage Obtained
S.S.L.C	St. Joseph's Girls High School, Mutholy.	March 2009	76%
H.S.C	St.Johns's NHSS, Kozhuvanal.	March 2011	74%

### Professional Qualification

Course	Name of the Institute	Name of the University	Year 2011-15	Percentage obtained
Basic B.Sc. Nursing	Holy Spirit Institute of Nursing Education	Maharashtra University of Health Science(MUHS)	1 <sup>st</sup> year	67.71%
			2 <sup>nd</sup> year	70.85%
			3 <sup>rd</sup> year	70.33%
			4 <sup>th</sup> year	72.0%

### Professional Registration

Course	Nursing registration	Registration number	
Basic B.Sc. Nursing	Maharashtra Nursing Council	Registered nurse	II-22464
		Registered midwife	XVI-19253
	Kerala State Nursing Council	Registered nurse	KL04201803117



## **Professional Experience**

1. I worked as a Staff Nurse at Holy Spirit Hospital , NABH (National Accredited Board For Hospital), Andheri (East), Mumbai. (01/09/2015 to 30/12/2017).
2. Currently working as a staff nurse at MEITRA Hospital Calicut from 03/10/2018 till date

## **Employment History**

- Name of the Hospital** : Holy Spirit Hospital (NABH Accredited), Mahakali Caves Road, Andheri (East), Mumbai 400093.
- Description of the Hospital** : Multi Specialty hospital
- Bed capacity** : 300 bedded
- Designation** : Staff nurse
- Period** : 01.09.2015 to 30.12.2017
- Specialty** : Medical Surgical ,Orthopedic and Neurosurgery ward.
- No. of beds** : 27 Beds
- Staff Patient ratio** : 1:10
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- 2.Name of the hospital** : Meitra Hospital,Karaparamba\_ kunduparamba mini bypass road Edakkad post,calicut-673005.
- Description of the Hospital** : Multi Speciality Hospital
- Bed capacity** : 205 bedded
- Designation** : Staff nurse
- Period** : 03.10.2018 to till date.
- Specialty** : Cardiac,Cardiovascular and thoracic surgery ward.
- No .of beds** : 39 beds

**Staff patient ratio** : 1 : 7

## **ROUTINE FUNCTION**

### **Wards**

Administration of oral medicines and injections, I.V.Cannulation, insertion of nasogastric tubes, administration of O2, administration of intravenous fluids, blood transfusion, checking vital signs, sponge bath, collection of specimens, checking RBS by glucometer, endo tracheal suction, nasal and oral suction, foleys catheter insertion, bladder wash, bowl wash and peg feeding.

### **Range of Services**

Holy spirit hospital is an NABH accredited hospital with a total strength of 300 beds. It has got 7 operation theatres, ICU, CCU, Cathlab, Cardiac OT, PICU, NICU, Cancer center, Dialysis, Pediatric ward, Gynec ward and Labor Room, Medical Surgical and Orthopedic ward, OPD, Emergency unit and Community Health Department. It has got a well equipped diagnostic centre with facilities like MRI, CT Scan , Mammography, Audiometry, Bone Density and all other Paramedical facilities like LAB and Blood Bank etc.

### **Type of Cases**

<b>Medical</b>
Hypertension
Diabetes
Pneumonia
Bronchial asthma
Cancer
Convulsion
Hepatitis
Liver Cirrhosis
ARDS
COPD
Pleural effusion
CVA
CRF

### **Duties and Responsibilities**

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#### **Patient Care Responsibilities:**

- Maintenance of good nurse patient relationship.
- Recognizes and analyses the patient needs.
- Assesses, plans and implements total patient care.
- Applies scientific principles in giving patient care.

- Utilizes available resources in giving patient care.
- Includes the family and significant others in the care of the patient.
- Evaluates her own performance in relation to the patient care.
- Recognizes the legal implications in nursing practice.
- Reports observations and symptoms of the patient to the doctor.
- Carries out doctor's instructions concerning patients treatment.
- Acts as a liaison between patient, family and hospital personnel.
- Maintains high standards of nursing care.
- Maintains competence by keeping knowledge uptodate.
- Ensure a safe and therapeutic environment.
- Thinks and acts promptly in emergency situation.
- Follow all the medication rights.
- IV cannulation and administration of medications.
- Collection of specimens.
- Monitoring of vital signs, and maintaining input and output chart.
- Care and prevention of pressure sores.
- Maintaining physical, social, psychological , spiritual, rehabilitative needs of client.
- Maintainins appropriate patient care records and reports.
- Follow up treatment.
- Prepares and send the chart for billing.
- Collects the investigation reports from lab and diagnostic centre.
- Ensure that the credit patient medicines are collected from pharmacy.
- Follows the right method of biomedical waste segregation and management.
- Follows the protocols of infection control measures.

Functional responsibilities:

Maintenance of :

- drugs and supplies as per standing orders
- records and reports of the patients up to date
- crash cart
- equipments
- Transportation of Critically Ill Patients
- Barrier Nursing
- Scrubbing, handwashing and necessary isolation precautions
- Infection Control

Competencies:

- Ryles tube insertion
- Administration of Medications
- Oxygen therapy
- Sample collection
- Urinary Catheterization
- Sterile wound care
- Cardio Pulmonary Resuscitation
- Random blood monitoring.

Administration and supervision

- . Ensure safe and clean environment for the ward.
- . Helps to maintain ward supplies and equipments.
- .Checks the daily inventory assigned .
- .Informs the ward sister about the damaged articles and equipments.

## **REFERENCE**

### **1. SR. FELCY CHACKO.**

Principal,  
Holy Spirit Institute of Nursing Education,  
Holy Spirit Hospital  
Mahakali Caves Road,  
Andheri East,  
Mumbai 400093  
Tel.No.02228242774

### **2. SR. USHA THOMAS.**

Nursing Director,  
Holy Spirit Hospital,  
Mahakali Caves Road,  
Andheri East,  
Mumbai 400093.  
Tel no. 02242478888

### **3. COL. DR. D. K. KHANNA,**

Medical Director,  
Holy Spirit Hospital,  
Mahakali Caves Road,  
Andheri East,  
Mumbai 400093.  
Tel no. 02228248500, Ext. 202.

### **4 .SHAJI PAYYOLI**

Deputy Chief nursing Officer  
Meitra Hospital  
Calicut  
PIN 673005

## **DECLARATION**

I hereby declare that all the above information are true and correct in my knowledge and belief.

Place: kottayam

**MS. TISSA ELSA MATHEW.**

Date: 14-01-2019