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**CURRICULAM VITAE**

Position Applied for : Staff Nurse

Carrier Objective : To seek a challenging job to nature

my talents in Nursing care and to

Upgrade my knowledge

**PERSONAL DETAILS**

Name : **ATHIRA K M**

Date of Birth : 18/07/1993

Father’s Name : Mohanan

Nationality : Indian

Religion/Caste : Hindu, Ezhava

Language Known : English, Hindi, Malayalam

Permanent Address : Kannezhathu (H)

Naduvile

Vaikom P O

Kottayam Dist,Kerala

Email : [athirakmvkm@gmail.com](mailto:athirakmvkm@gmail.com)

Mob : 9746824331

**ACADEMIC QUALIFICATION**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Year | Name of Institution | Board/University | Qualification | % of Mark |
| 2009 | G V H S S VAIKOM WEST | Govt. of Kerala, Board of Public Examinations | S S L C | 88 |
| 2011 | S M S N H S S VAIKOM | Govt. of Kerala, Board of Higher Secondary Examination | Plus Two | 70 |

**PROFESSIONAL QUALIFICATIONS**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Course | Name of Institute | Board /University | % of Mark | Year of Passing |
| BSc Nursing | Vagdevi College of Nursing , Bangalore , Karnataka | Rajiv Gandhi University | 61.14  64.42  71.00  66.83 | 2012  2013  2014  2015 |

**EXPERIENCE**

* 2 Year Experience as Staff Nurse at **AHALIA HOSPITAL PALAKKAD**

**SYMPOSIA & SEMINARS ATTENDED**

* Breast Feeding
* Vaccination
* Basic life Support provider
* Quality in Nursing
* IV Therapy Course
* Roll of Nurse in infection control
* Nursing care presentation
* Criteria setting in Nursing
* Nursing care planning
* Effective Communication
* Hospital Hygiene and infection management
* Anaemia
* Appendicitis
* Pre-Operative and Post Operative care
* Diabetis Mellities

**ASSISTING DOCTORS FOR CERTAIN PROCEDURES**

* Central line Inspection
* Tapping(Abdominal)
* Tracheostomy
* Lumbar Punchar
* Bonmarrow aspiration
* Renal Biopsy
* Insertion of Peritoneal Dialysis Cathterization
* Insertion of Arterial Line
* Pleural Tapping

**EQUIPMENTS FAMILIAR WITH**

* Oxygen Cylinder
* Nelson’s Inhaler
* Pulse Oxymeter
* Infusion Pump
* Cardiac monitor
* Ventillator
* Endotracheal intubatuation set
* Nebulization machine
* Suction machine
* Glucometer
* Thermometer
* Syringe Pump
* Laryngoscope
* Cathterization set
* Ambu bag
* Pressure Mattress

**DUTIES AND RESPONSIBILITIES**

* Management of patients care including admission and orientation of the patient .
* Assessment of patient need and planning care for their needs.
* Interpersonal relationship with the higher authorities, Co-workers, patients and patients relatives.
* Management of supplies equipments and environment.
* Keeping reports and records.
* Demonstration of procedures to students and clearing doubts.
* Administer the medication using proper sterile technique and administer to the right patients in the right drug, in the right usage, in the right time and right route.
* IV Cannulation for patients.
* Insertion of Naso-gastric tube and feeding and Jejunostomy feeds.
* Urinary Cathterization.
* Handling of syringe pump and infusion pump.
* Blood transfusion.
* ABG Monitoring.
* Diabetic dressing and suture removal.
* Management of emergencies and complication like cardio respiratory arrest and intubation.
* Management of patient on ventilator.
* Prepares patients physically and psychologically before doing special procedures.
* In the patient setting, helps the patients adjust to hospitalization and counseling to the patient and significant other.
* Emergency management of patients, who are having cardiac arrest.
* Health Education about Personal hygiene.
* Management of Post Neuro Surgical & CABG, AVR, MVR, DVR & Thoracotomy patient.

**MY CONCEPTS**

* I believe in God.
* Hardworking & practice are the keys of my success.
* Positive attitude & Optimism.

**REFERENCE**

Mrs. REKHA S.J

PRINCIPAL OF VAGDEVI SCHOOL & COLLEGE OF NURSING

BANGALORE

Mob: 9449714585

**DECLARATION**

I do hereby humbly declare that the particulars above given are true and best of my knowledge.

**ATHIRA K M**

Place: Vaikom

Date: