

RESUME

POULIN VARGHESE

KANNATTU (H) KOOTTICKAL PO, NARAKUMPUZHA, KOTTAYAM (DT), KERALA

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CAREER OBJECTIVE

Social work is a very dignified profession which focuses more on the human values. This profession helped me a lot in thinking from others perspective and also to be empathetic. I look for a professional growth and experience and search for a platform where I can fully commit myself with dedication and sheer perseverance

JOB PROFILE

<u>Institution</u>	<u>Duration</u>	<u>Job description</u>
1.ASSISI KRUPA BHAVAN MUNDAKKAYAM KOTTYAM (DT)	Working from August 1st 2015 to January 31 st 2017	<u>Asst.Psychiatric social worker</u> <ul style="list-style-type: none">• To serve as members in interdisciplinary teams of professionals working for geriatrics.• To assist and carry out psychosocial assessments and mediation services for geriatrics.• To provide counselling, conduct group activities and evaluate its effectiveness.• To coordinate several community development programmes and entertainment programmes for geriatrics.• To meet with geriatrics, to assess their progress, give support and discuss difficulties in their social and personal life like financial issues, medical care, pensions etc.• To communicate with other social service agencies and health care providers.•To perform task assign by the supervisor arising time to time, with efficiency

<p>2. ASSISI SHELTER HOME MUNDAKKAYAM KOTTAYAM (DIST)</p> <p>For the care and protection of women and child victims of Domestic violence, assisted by the Kerala state social welfare board (KSSWB).</p>	<p>Working from February 1st 2017</p>	<p><u>FAMILY COUNSELLOR</u></p> <ul style="list-style-type: none"> • To review client background information, interview clients to obtain case history and prepare intake reports. • To Provide crisis interventions and emergency shelter services • To assist clients to sort out options and develop plans of action while providing necessary support and assistance. • To refer clients to other social services or assist clients in locating and utilizing community resources including legal, medical, financial assistance, shelter, employment, transportation etc. • To provide counsel and therapy for inmates living in shelter home and evaluate its effectiveness. • To meet with inmates to assess their progress, give support and discuss any difficulties or problems. • To organize and coordinate life skills workshops, substance abuse treatment programs, behaviour management programmes, school and youth programmes for inmates and community. • To communicate with social service agencies, service providers and other professionals. • To supervise social work trainees. • To maintain and prepare shelter home files, reports, assessments, follow up details and attendance details. • To organize and participate in fundraising activities
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INTERNSHIPS

Organisation	No. Of Days	Job Description
Vanitha helpline Kattappana.	30	<ul style="list-style-type: none"> • Taking awareness classes in schools and for community. • Family Counselling. • Took value education classes for community children. • Coordinated several programs.

Kidwai institute of oncology Bangalore	30	<ul style="list-style-type: none"> • Psycho social assessment of patients. • Family assessment of patients. • Counselling Services. • Family Counselling. • Medical social work
Sanjeevini Psychosocial Rehabilitation Centre, Changnasery.	30	<ul style="list-style-type: none"> • Psycho social assessment of patients. • Family assessment of patients. • Counselling Services. • Family Counselling
Fr.Bodwing day care center mundakkayam(special school).	30	<ul style="list-style-type: none"> • Carrying out Case history and psycho social assessment. • Providing counselling services and therapies for children. • Took classes for children, staffs and parents.

SPECIALIZATION

MSW (Medical and Psychiatric Social work)

BSc. Biotechnology

EDUCATIONAL QUALIFICATION

Academics	Year	Institution	University/Board	Percentage
MSW	2013-2015	Marian college kuttikanam.	MG university	65%
Bsc Biotechnology	2009-2012	Nehru arts and science college.	Bharathiyar university coimbatoor	66%
Plus two	2009	JJ Murphy HSS Yendayar.	HSE	65%
SSLC	2007	St.George.HS koottickal.	SSLC	75%

PROJECT PROFILE

To study about mobility of working women in public sphere with special reference to mundakkayam.

ACHIEVEMENTS

1. Served as community educator to the Peoples Education Against Alcohol Abuse held on 24th June 2017 organized by Assisi Shelter Home Mundakayam with the support of Association for social involvement service in India. (ASSISI).
2. Served as an Educator the 'AAYUSHI 2018' (Summer Camp for Community Children) held on 10th April to 18th 2018 at Assisi Shelter Home Mundakayam.
3. Served as Community Educator to the Reading Day celebration held on 22nd June 2018 organized by Assisi Shelter Home Mundakayam with the support of CMS UP School Mundakayam. & St. Antony's HS Mundakayam.

4. Served as Volunteer to the International Older Persons Day Celebration and Medical Camp held on 3rd October 2017 organized by Harrison Malayalam limited with the support of Assisi Shelter Home Mundakayam.
5. Served as organizer the seminar and programmes of 'NATIONAL LAW DAY' 2017 held on 24th November 2017 at Assisi Shelter Home Mundakayam kottayam.
6. Served as community educator to the Peoples Education Against Social Evils held on 18th January 2018 organized by Assisi Shelter Home Mundakayam with the support of Harrison Malayalam Ltd Vellanady Estate & Association for social involvement service in India (ASSISI).
7. Worked as coordinator in Assisi Counselling Centre which is a newly established extension centre of Assisi Shelter home Mundakayam kottayam on 23rd June 2017
8. Worked as Programme coordinator to the Children's Day celebration & Personality Development Classes held on 14th November 2017 organized by Assisi Shelter Home Mundakayam with the support of St. Louis L P School Mundakayam.
9. Worked as Programme coordinator of 'AIDS DAY' programme held on 1st December 2017 organized by Assisi Shelter Home Mundakayam with the support of Assisi Krupa Bhavan Mundakayam.
10. Worked as Organizer and an Educator to the 'AAYUSI 2017' (community programme for Holistic Development of School Children in Mundakayam) held on 23rd November 2017 organized by Assisi Shelter Home Mundakayam with the support of CMS UP School Mundakkayam.
11. Worked as Coordinator to the 'AALOK 2018' (Annual day celebration ,family reunion programmes and Awareness classes about life style diseases and risk factors in women) held on 15th January 2018 at Assisi Shelter Home Mundakayam.
12. Served as Organizer to the 'ALOK 2017' (Annual day celebration, family reunion programme and personality development classes) held on 22nd July 2017 at Assisi Shelter Home Mundakayam.
13. Served as educator for programme conducted by The Student Police Cadet (Project is a school-based initiative by kanjirappally Police)
14. Served as an Educator of Cyriac Elias Voluntary Association, Kochi in the project Solistic Development of Children of Idukki.
15. Served as facilitator in conducting Crime mapping for "Violence against Children" in Idukki District as part of government project.
16. Served as Community Educator to the "People's Education against Social Evils" organized by Vandiperiyar Grama Panchayath.
17. Served as educator for several programmes conducted by ICDS.
18. Worked as national tour coordinator final semester MSW course
19. Organizing member of State Level Conference on "De-Addiction" organized by School Of Social Work, marian college, Kuttikanam.
20. Participated in National Social Work Students meet based on the theme "Practicing Policy: Social Workers as Champions of Change" organized by the department of social work, Angamaly
21. Organized and Participated in National Seminar and Social work Students meet on the theme Think Green, Go Green organized by marian college, Kuttikanam.
22. Participated rural Camp for MSW students conducted at Vagamon on 2013.
23. Member of the programme committee for the National Level Social work Students Meet Spectra 2014.
24. Organizing member SAMARITANS association of School of Social work, marian college, Kuttikanam for the year 2014-2015.
25. Organizing member for the project Water mug challenge conducted by DARE de-addiction center, Peermedu.
26. Worked as volunteer for creating child friendly panchayatht in vandiperiyar Idukki.

TRAINING

Have PG diploma in Advanced Social Work Competence. As part of that I have received training in:-

1. Popular Theatre Art.
2. Basic Life support.
3. Transactional Analysis (Level I & II)
4. Team Building.
5. Effective Public Speaking.
6. Human Sexuality.
7. Counselling Skills and Practice.
8. Life Skills.
9. Participatory Learning and Action
10. SPSS
11. Project Proposal/ Grant writing & management

PERSONAL PROFILE

Name: Poulin Varghese

Father's Name: K C Varghese

Mother's Name: Molly Varghese

Spouse's Name: Alex Kurian

Date of Birth : 12-07-1991

Present Address: kannattu (H), Koottickal PO,
Narakumpuzha,, PIN: 686514

Email ID: poulinvarghese91@gmail.com

Phone no.: 9496331241(Kerala)

Marital Status: Married

Sex : Female

Mother Tongue: Malayalam

Nationality : Indian

Religion : Christian

Languages: English, Malayalam, Hindi, Tamil

Hobbies: listening music, Travel,cooking

References: Available on request

DECLARATION

I do hereby declare that all the information furnished by me is true to the best of my knowledge and belief.

Poulin Varghese

01-01-2019

