

## **CURRICULUM VITAE**

### **PERSONAL PROFILE**

Name	SONA JOHN
Address	Parappuram house Ayathupady Koovappady P.O. Pin 683544
Fathe'rs name	John
Date of birth	06 May 1995
Gender	Female
Marital status	Single
Nationality	Indian
Phone	8943456618
E mail	<a href="mailto:sonajohnpa1995@gmail.com">sonajohnpa1995@gmail.com</a>
Languages known	English, Malayalam, Hindi, Tamil

### **CARRIER OBJECTIVES**

Initially, I want to work as a Social Work Trainee where I could use my skills and abilities to achieve the targets of the organisation and thereby build up my professional carrier.

## EDUCATIONAL QUALIFICATION

Course	Institution	Board/University	Year of passing	Aggregate
Masters in Social Work	St.Albert's College Autonomous Ernakulam	M.G. University	Appearing in March 2019	
B.Sc Zoology	Mar Thoma College Perumbavoor	M.G. University	2017	79%
Diploma in Computer Application	Mar Thoma College Perumbavoor	Institute of Human Resources Development	2016	90.83%
HSE	Anita Vidyala Thannipuzha	Board of Higher Secondary Examination	2013	80.58%
SSLC	St.Anne's Public School Koovappady	Central Board of Secondary Education	2011	89.3%

## TECHNICAL SKILLS

Diploma in Computer Applications

Documentation skills

Presentation skills

## INTERNSHIPS

- Community development society Choornikkara Panchayath
- MAGICS (Managing And Generating Income for Community Services) Kochi
- Bethsada Hospital Perumbavoor

## **PERSONAL OBJECTIVE**

My desire is to bring out full potential, enthusiasm and sense of confidence to the organisation and to the people I work with.

## **STRENGTHS**

- Team player
- Self confident
- Goal oriented
- Fast learner
- Good coordinator
- Adaptive

## **WORK EXPERIENCE**

- One month practice experience in the female and child community in Choornikkara Grama Panchayath of Aluva Municipality.
- One month experience in “Age Friendly Ernakulam” a project under Kochi Corporation led by MAGICS.
- Two years’ experience in National Service Scheme.
- A weeks experience in tribal community of Muthalamada Panchayath and Vazhapuzha tribal colony.
- Worked in Okhi affected areas of Vypin.
- Assisted in post flood psycho support programme at Paravoor.
- Conducted survey for the Vayomitram project of Kerala government.
- Assisted in Vayomitram portal preparation.
- Conducted survey for Nest group on pollution in Perandur canal.

**HOBBIES**

Arts and Crafts

Origami

Drawing

**Declaration**

I hereby declare that the information furnished above are true to the best of my knowledge.