

UTHARA SAMBATH

Ponnuparambil House

H.No:16/213-B

Karuvelipady, Kochi - 5

Kerala – 682005

India

Mobile: 9961415580

E-mail: utharasambath@gmail.com



CAREER OBJECTIVES

Seeking challenging position as a staff nurse, where my extensive medical and professional experiences can be fully utilized.

WORK EXPERIENCE

Wockhardt Hospital, Mumbai Central, Mumbai: 8th January 2018 To still working

A Multi-Specialty Hospital with NABH accredited and JCI survey has been successfully completed with 350 beds.

Role: Staff Nurse {Medical-Surgical ward}

PERSONAL DETAILS

Date of Birth	:	26/07/1995
Father's Name	:	Sambath. M.D.
Marital status	:	Single
Gender	:	Female
Nationality	:	Indian
Religion	:	Hindu – Ezhava
Languages Known	:	English, Hindi, Malayalam

ACADEMIC DETAILS

Qualifications	Institution	University/ Board	Year	Percentage	Mode of study
Basic B.Sc Nursing	SIMET college of Nursing Palluruthy, Ernakulam	Kerala University of health sciences,	2013-2017	62%	Full Time 4 years
Plus two	Edward Memorial Govt. Higher Secondary School, Forkochi	Board of Higher Secondary Education Kerala	2011-2013	84%	Full Time
S.S.L.C.	Santa Maria CBSE School, Mundamveli	Central Board of Secondary Education	2010-2011	74%	Full Time

JOB DESCRIPTION

- Assisted doctors and surgeons in helping patients recover with medications and other treatments.
- Admission and discharge procedures.
- Pre and post operative management.
- Monitor all aspects of patient care including diet and physical activity.
- Collection, labeling and sending of specimens.
- Coordinated with the dietitians in case of the GIT surgery patients.
- Managed chronic and critical patients under supervision of doctors.
- Transfusion of blood and blood components and observe patients during transfusions and document the event.
- Maintaining interpersonal relationship with patient, relatives and health care team members.
- Documented various papers related to admission, discharge, and transfer of patients

- Maintained a detailed report of the reports, diagnosis made and changes noticed
- Assisted other nurse in preparing discharge documents.
- Carry out technical procedures such as nasogastric tube insertion, gastric lavage, oxygen therapy, urinary catheterisation.
- Assist surgeons in minor and major dressing.
- Administration of injections and medications to patients.

EQUIPMENTS HANDLED :

- ❖ Pulse Oxymeter
- ❖ Ventilator
- ❖ Cardiac monitor
- ❖ ECG machine
- ❖ Defibrillator
- ❖ Nebulizer
- ❖ Infusion Pump
- ❖ Glucometer
- ❖ Suction apparatus
- ❖ Ambu bag
- ❖ Laryngoscope
- ❖ BP apparatus
- ❖ Thermometer

PATIENT'S HANDLED:-

- Laproscopic and open cholecystectomy
- Laprotomy
- Hernioplasty
- Laproscopic and open appendectomy

- Total knee replacement
- Total hip replacement
- Arthroscopic surgeries
- ORIF and CRIF
- TURP
- Cystoscopy and cystolithotripsy
- Hystrectomy
- Spine decompression surgeries
- CABG
- Valve replacement surgeries
- Mastectomy
- Septoplasty
- Tympanoplasmy
- Bariatric surgery
- Angiography and angioplasty
- Craniotomy and cranioplasty
- Liposuction and abdominoplasty
- FESS

SKILL SETS

- Team Work
- Friendly
- Gentle and Compassionate
- Computer Skills (M.S Word, Excel, Power Point)

REFERENCE

Mrs.Sindhu Jaison

Nurse manager
Wockhardt hospital

1877,Dr.Anand Rao Nair Marg

Mumbai central

Pin:400011

Mob no.09820703140

DECLARATION

I hereby declare that the written particulars are true to the best of my knowledge and belief.

Date:

Place: India

(UTHARA SAMBATH)