

CURRICULUM VITAE

SOUMYA J

Mundakathil House

Kunthirickal P.O.

Thalavady

Allapuzha(Dist)

Kerala, India· 685531

Mob: 8943240108, 9072777593

Email: soumyajanardhanan08@gmail.com



Career Objective

To provide devoted services to ailing whoever is entrusted in my hands by making use of high standards available in the health care sector. I perform my duties with the best of activities and maintain the highest possible standards of patient care at all time with all responsibilities.

Personal Details

Fathers Name	:	Janardhanan T
Date of Birth	:	08/05/1990
Gender	:	Female
Permanent Adress	:	Plavunilkkunnathil House Glenmary P.O. Peerumedu Idukki (Dist) Kerala, India· 685531
Marital Status	:	Married
Religion	:	Hindu
Nationality	:	Indian
Languages Known	:	English & Malayalam

Educational Qualification

Qualification	Institution	Board/ University	Year of Passing
S.S.L.C.	Mariagiri English Medium School, Peerumedu, Idukki	Board of Public Examinations Govt. of Kerala	2006
Plus Two	Mariagiri English Medium Higher Secondary School, Peerumedu, Idukki	Board of Higher Secondary Examinations Govt. of Kerala	2008

Professional Qualification

Qualification	Institution	Board/ University	Year of Passing
Diploma in General Nursing & Midwifery	Pushpagiri School of Nursing , Thiruvalla, Kerala	Kerala State Nurses & Midwives Council	2012

Registration Status

Name of the council	Registration No.	Date of Registration
Kerala State Nurses & Midwives Council	79292	5th October 2012

Experience Summary

Institution	Designation	Area of Exposure	Duration
Pushpagiri School of Nursing , Thiruvalla, Kerala	Staff Nurse	Medical & Surgical Ward & Orthopaedics Ward	21/05/2012 to 23/05/2014
Lisie Hospital, Kochi, Kerala	Staff Nurse	Orthopedics Ward	15/01/2015 to 23/01/2017

My Institution

Pushpagiri Medical College Hospital is a 1000 bedded Hi-tech, super specialty teaching hospital with 26 out-patient and 23 in-patient departments, well equipped Emergency And Trauma Care Department, specialties of General Medicine, General Surgery, Plastic Surgery, Neuro Surgery, Cardiology, Urology, Orthopaedics, Obstetrics & Gynecology, Pediatrics, Dermatology, Ophthalmology, Gastroenterology, Neonatology, Psychiatry, Physical Medicine, Anesthesiology, ENT, Nephrology, Dialysis Unit, Dental Facio Maxillary & MRI Scanner.

Duties & Job Responsibilities

- » Assessment of patients
- » Admit and discharge the patients
- » Relief of pain and promotion of comfort
- » Maintenance of maximal functioning and independence
- » Prevention of complications or additional deformities.
- » Improvement of function and correction of deformity
- » Education of the patient and significant others
- » Participation with the patient and other team members in long range planning
- » Pre operative and post operative care of orthopaedic patients
- » Maintain personal hygiene and comfort of the patients
- » Attends to the nutritional needs of the patients
- » Maintain clean and safe environment for the patients
- » Co- ordinate patients with various health team members
- » Helps the doctors in diagnosis and treatment
- » Imparts health education to the patients and their family.
- » To provide emergency nursing care
- » To administer emergency medicine
- » To record information, a curative concise statement in nursing record as rendered to the patients

I am also involved in care of patients in Orthopaedic Surgery and Medical Surgical wards where patients admitted. I am capable of managing in patients having emergency situation. I have assisted numerous procedures like Intra articular injection, Plaster cast application.

Special Duties

- » Infection control
- » Checking working condition on equipments
- » Maintaining reports and records

Nature Of Work

Caring, of sick patients, Assessment of patient's condition, proper positioning of patients, Maintaining of ABC, vitals monitoring, Oxygen administration, Suction under strict aseptic- technique, IV cannulation & medication administration,

catheterization, ryles tube insertion, maintaining hygiene, Rehabilitation teachings, Giving psychological support, Traction Application, Surgical wound dressing, Port Insertion and Administration of chemotherapy medicines, Caring of pre operative and post operative patients, Assisting in ascitic tapping, Lumbar Puncture and ICD & Central Line insertion, CVP Monitoring, ABG Monitoring and ECG.

Equipment Handled

- ❖ Thermometer
- ❖ BP Apparatus
- ❖ Cardiac Monitor
- ❖ Comfort Devises
- ❖ CPM Machine
- ❖ Splint
- ❖ Pulse Oxymeter
- ❖ Glucometer
- ❖ Ambu Bag

Reference

Sr. Deepa OSS,
Nursing Superintendent,
Pushpagiri Medical College Hospital,
Tiruvalla, Kerala.

Declaration

I hereby declare that the above mentioned details are true to the best of knowledge and belief assuring to my best service.

Place:

Date:

Soumya J.



No. F No 209643

GOVERNMENT OF KERALA

GENERAL EDUCATION DEPARTMENT
 SECONDARY SCHOOL LEAVING CERTIFICATE
 (Issued under the Authority of the Government of Kerala)



This is to certify that the candidate herein has appeared for the SSLC Examination and secured the following scores and grades.



Name of School : MARIAGIRI E M HIGH SCHOOL, PEERMADAM, PEERMADAM P O

Admission No. : 2418

- 1. Name : SOUMYA. J
- 2. Name in Regional Language : സൗമ്യ. ജെ
- 3. Sex : FEMALE
- 4. Date of Birth (in figures) : 08/05/1990
(in words) : EIGHTH MAY NINETEEN NINETY
- 5. Religion & Caste : HINDU, EZHAVA
- 6. Place of Birth : PAMBANAR
- 7. Nationality : INDIAN
- 8. Name of Father/Guardian : JANARDHANAN. T
- 9. Name of Mother : MINI JANARDHANAN
- 10. Home Address : PLAVNILKUNATHIL, GLEN MARY. P.O, PEERMADAM, PIN 685537

11. Identification Marks :
- 1. A BLACK MOLE ON THE LEFT SIDE OF FOREHEAD.
 - 2. A BLACK MOLE ON THE LEFT SIDE OF CHEEK



Signature of Principal
 Name & Signature of the Head of the Institution with Date
PRINCIPAL, MARIAGIRI E.M.H.S.S. PEERMADAM
 So. Title. This is made - 9/5/2006

SECONDARY SCHOOL LEAVING CERTIFICATE EXAMINATION
 Register Number : 414566 Month & Year : MARCH 2006 No. of Chances: 1

Subject	Score Obtained			Positional Grade	Grade in words
	CE* (Max - 10)	Theory (Max - 50)	Total		
First Language Paper - I (Malayalam)	8	36	44	B+	B plus
First Language Paper - II (Malayalam)	8	34	42	B+	B plus
English Paper - I	8	30	38	B	B only
English Paper - II	8	30	38	B	B only
Hindi	8	32	40	B	B only
Social Science Paper - I	8	20	28	C	C only
Social Science Paper - II	8	23	31	C+	C plus
Physics	8	21	29	C	C only
Chemistry	8	33	41	B	B only
Biology	8	28	36	B	B only
Mathematics Paper - I	8	33	41	B	B only
Mathematics Paper - II	8	20	28	C	C only
Information Technology Practical (Max - 20)	8	6	24	B	B only
	10		(Max - 10)		

GRADE RANGE - Grades are on nine-point scale.
 A+ 90% and above Outstanding B- 60 - 69 Good
 A 80 - 89 Excellent C+ 50 - 59 Above Average
 B+ 70 - 79 Very Good C 40 - 49 Average
 (1) Minimum Eligibility for higher study is D+ Grade for each Paper.

ELIGIBLE FOR HIGHER STUDIES

*CE - Continuous Evaluation
 D+ 30-39 Marginal
 D 20-29 Need Improvement
 E Below 20 Need Improvement

SECRETARY, JAMB
 Board of Public Examinations, Kerala

3J33536 2373J33 3923654



GOVERNMENT OF KERALA
BOARD OF HIGHER SECONDARY EXAMINATION
HIGHER SECONDARY EXAMINATION (CLASS XII)

No. HSE 354398

CERTIFICATERegister
Number**4149882**

This is to certify that Mr / Ms **SOUMYA .J** appeared for the
HIGHER SECONDARY EXAMINATION (SCIENCE GROUP) held in **MARCH 2008**
 He /She is **ELIGIBLE** for higher studies.

The Scores and Grades obtained by the Candidate are shown below :

SUBJECTS	SCORES								Grade Obtained	Grade in Words
	CE		PE		TE		TOTAL			
	Score Obtained	Max. Score	Score Obtained	Max. Score	Score Obtained	Max. Score	Score Obtained	Max. Score		
PART I										
ENGLISH	19	20			52	80	71	100	B+	B plus
PART II										
MALAYALAM	19	20			58	80	77	100	B+	B plus
PART III (Optionals)										
PHYSICS	20	20	13	20	18	60	51	100	C+	C plus
CHEMISTRY	18	20	19	20	30	60	67	100	B	B only
BIOLOGY										
Botany	9	10	8	10	11	30	66	100	B	B only
Zoology	8	10	10	10	20	30				
MATHEMATICS	17	20			31	80	48	100	C	C only

Eligibility for Higher Studies : D+ or above for all subjects


 Place: Thiruvananthapuram
 Date: 05/05/2008

SECRETARY
 Board of Higher Secondary Examinations,
 Government of Kerala.

KERALA NURSES AND MIDWIVES COUNCIL
Red Cross Road, Thiruvananthapuram - 695 035



MARK SHEET

Diploma in General Nursing and Midwifery

First year Examination held in **OCTOBER 2009**

Register No. **4212**

Name: **SOUMYA . J**

Paper	Subject	Max. Marks	Marks Awarded	Minimum For pass
Paper - I	Anatomy & Physiology Microbiology			
	Theory - Internal	25	13	12.5
	Council Exam.	75	38	37.5
	Total	100	51	50
Paper - II	Psychology & Sociology			
	Theory - Internal	25	13	12.5
	Council Exam.	75	47	37.5
	Total	100	60	50
Paper - III	Fundamentals of Nursing			
	Theory - Internal	25	14	12.5
	Council Exam.	75	52	37.5
	Practical - Internal	50	33	25
	Council Exam.	50	36	25
	Total	200	135	100
Paper - IV	Community Health Nursing - I			
	Theory - Internal	25	14	12.5
	Council Exam.	75	56	37.5
	Total	100	70	50
	Grand Total	500	316	250

Marks entered by *[Signature]*
Checked by: *R*
Date: 25-06-2010



[Signature]
REGISTRAR

KERALA NURSES AND MIDWIVES COUNCIL

Red Cross Road, Thiruvananthapuram - 695 035



MARK SHEET

Diploma in General Nursing and Midwifery

Second year Examination held in **September 2010**

Register No. 1221

Name: **SOUMYA. J**

Paper	Subject	Max. Marks	Marks Awarded	Minimum For pass
Paper – I	Medical Surgical Nursing I(Pharmacology)			
	Theory-Internal	25	13	12.5
	Council exam.	75	43	37.5
	Practical – I – Internal	25	14	12.5
	Council exam.	75	41	37.5
	Total	200	111	100
Paper – II	Medical Surgical Nursing II (Specialties)			
	Theory – Internal	25	13	12.5
	Council Exam.	75	41	37.5
	Total	100	54	50
Paper – III	Mental Health & Psychiatric Nursing			
	Theory – Internal	25	13	12.5
	Council exam.	75	29	37.5
	Practical – II	100	57	50
	Total	200	99	100
	Grand Total	500	264	250

Marks entered by: *[Signature]*

Checked by: *[Signature]*

Date: 28-12-2010



[Signature]

REGISTRAR

KERALA NURSES AND MIDWIVES COUNCIL

Red Cross Road, Thiruvananthapuram - 695 035



MARK SHEET

Diploma in General Nursing and Midwifery

Second year Examination held in APRIL 2011

Register No. 961

Name: SOUMYA.J

Paper	Subject	Max. Marks	Marks Awarded	Minimum For pass
Paper – I	Medical Surgical Nursing I(Pharmacology)			
	Theory-Internal	25	-	12.5
	Council exam.	75	-	37.5
	Practical – I – Internal	25	-	12.5
	Council exam.	75	-	37.5
	Total	200		100
Paper – II	Medical Surgical Nursing II (Specialties)			
	Theory – Internal	25	-	12.5
	Council Exam.	75	-	37.5
	Total	100		50
Paper – III	Mental Health & Psychiatric Nursing			
	Theory – Internal	25	17	12.5
	Council exam.	75	39	37.5
	Practical – II	100	64	50
	Total	200	120	100
	Grand Total	500	120	250

Marks entered by: *h*

Checked by: *h*

Date: 06-06-2011



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REGISTRAR

KERALA NURSES AND MIDWIVES COUNCIL
Red Cross Road, Thiruvananthapuram - 695 035



MARK SHEET

Diploma in General Nursing and Midwifery

Third year Examination held in **September 2011**

Register No. **3866**

Name: **SOUMYA. J**

Paper	Subject	Max. Marks	Marks Awarded	Minimum For pass
Paper – I	Midwifery & Gynaecology			
	Theory - Internal	25	16	12.5
	Council Exam.	75	50	37.5
	Practical – I – Internal	25	16	12.5
	Council Exam.	75	55	37.5
	Total	200	137	100
Paper – II	Paediatric Nursing			
	Theory – Internal	25	15	12.5
	Council Exam.	75	39	37.5
	Practical – II – Internal	25	16	12.5
	Council Exam.	75	55	37.5
	Total	200	125	100
Paper – III	Community Health Nursing II			
	Theory – Internal	25	13	12.5
	Council Exam.	75	43	37.5
	Practical – III – Internal	25	16	12.5
	Council Exam.	75	54	37.5
	Total	200	126	100
	Grand Total	600	388	300

Marks entered by:

Checked by:

Date: 29-11-2011



REGISTRAR

KERALA NURSES AND MIDWIVES COUNCIL

Red Cross Road, Thiruvananthapuram - 695 035



MARK SHEET

Diploma in General Nursing and Midwifery

Fourth year (6 Months) Examination held in **MARCH 2012**

Register No. **4992**

Name: **SOUMYA . J**

Paper	Subject	Max. Marks	Marks Awarded	Minimum For pass
Paper I	Educational Methods & Media for Teaching in Practice of Nursing & Research in Nursing			
	Theory-Internal Assessment for six months	50	33	25
	Council Exam.	50	28	25
	Total	100	61	50
Paper – II	Professional Trends and adjustment, Administration and Ward Management & Health Economics			
	Theory – Internal Assessment for six months	50	29	25
	Council Exam	50	37	25
	Total	100	66	50
	Practical Evaluation			
	School Assessment	25	14	12.5
	Viva (Council Exam)	75	47	37.5
Total	100	61	50	
	Grand Total	300	188	150

Marks entered by: *h*

Checked by: *h*

Date: 10-05-2012



Lathal

REGISTRAR

Sl. No. 120041587

Kerala Nurses And Midwives Council



CERTIFICATE OF REGISTRATION



This is to certify that
Soumya J
having undergone Three years and Six months
Diploma in General Nursing and Midwifery course at
*School of Nursing, Pushpagiri Medical College Hospital, Tiruvalla,
Pathanamthitta*
from *October 2008 to March 2012*
and passed the examination with
Third class and is admitted to the Register maintained
under the provisions of the Nurses and Midwives Act, 1953.
The number assigned to her in the Register is **79292**
dated 10th day of May 2012.

Thiruvananthapuram
Dated: 05-Jul-2012

Registrar

Kerala Nurses and Midwives Council

Prof. Latha. R
Registrar
Kerala Nurses and Midwives Council
Red Cross Road
Thiruvananthapuram - 695 035

Sl. No. 110041587

Exm. No. 12004992



Diploma in General Nursing and Midwifery

The Kerala Nurses and Midwives Council hereby makes known that

Soumya J

daughter of Mr. Janardhanan T after having undergone Three years and Six months

Diploma in General Nursing and Midwifery course at
**School of Nursing, Pushpagiri Medical College Hospital, Tiruvalla,
Pathanamthitta**

for the period from **October 2008 to March 2012** and passed
the examination with **Third class**

by duly appointed examiners is awarded the

Diploma in General Nursing and Midwifery.


President

Board of Examiners

Kerala Nurses and Midwives Council


Registrar

Kerala Nurses and Midwives Council

P. DEVAKY
Additional Director of Nursing Services
Directorate of Health Services
Thiruvananthapuram
Thiruvananthapuram

Prof. Latha. R
Registrar
Kerala Nurses and Midwives Council
Red Cross Road
Thiruvananthapuram - 695 035

Dated: 05-Jul-2012



PUSHPAGIRI

We care God cures

**MEDICAL
COLLEGE
HOSPITAL**

Tiruvalla - 689 101, Kerala, India.
T +91 469 2700755
+91 469 2635204 (Admn.)
+91 469 2622570 (Insurance)
F +91 469 2633770
E administrator@pushpagiri.in
W www.pushpagiri.in

June 6, 2014

EXPERIENCE CERTIFICATE

This is to certify that **Ms. SOUMYA J**, *Plavunilkkunnathil (H) , Glenmary P.O Peerumade, Kerala, India* has worked as a full time **Registered Staff Nurse** in Pushpagiri Medical College Hospital, Thiruvalla, Pathanamthitta, Kerala, India.

The details regarding her experience is given below.

-Date of Joining : 23/05/2012
-Date of Relieving : 23/05/2014
-Department where worked : Orthopedic , Gen. Medicine & Gen Surgery
Ward

Pushpagiri Medical College Hospital is a 1200 bedded hi-tech Super Specialty Medical College Hospital with all major departments and specialties of General Medicine, General Surgery, Plastic Surgery, Neuro Surgery, Cardiology, Urology, Orthopedics, Obstetrics and Gynecology , Paediatrics, Gastro Entrology, Neonatology, Psychiatry, Physical Medicine, Anesthesiology, ENT, Nephrology, Dialysis Unit, Dental, Facio-Maxillary and Whole body CT Scanner, and 1.5 Tesla MRI.

Her character, conduct and work performance has been found good.

She has been relieved from her duties of this institution on 23/05/2014

Sr. Deepa OSS
Sr. Deepa OSS
Nursing Superintendent



Rev. Dr. Shaji Mathews Vazhayil
Rev. Dr. Shaji Mathews Vazhayil
Director – HR & Operations

Rb
Tvla

Institutions under Pushpagiri Medical Society

- ▶ Pushpagiri Institute of Medical Sciences and Research Centre ▶ Pushpagiri Medical College Hospital
- ▶ Pushpagiri Heart Institute ▶ Pushpagiri College of Dental Sciences ▶ Pushpagiri College of Pharmacy
- ▶ Pushpagiri College of Nursing ▶ Pushpagiri College of Allied Health Sciences ▶ Pushpagiri School of Nursing
- ▶ Pushpagiri Centre for CGFNS and IELTS Training ▶ Pushpagiri Research Centre

LISIE HOSPITAL

P. B. # 3053, KOCHI - 682 018, KERALA, INDIA



ESTD. 1956

LH\HR\EXP\ID-3402\430\2017

23rd January 2017

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Ms. Soumya. J** has been working as **Staff Nurse** in the department of **Orthopaedics** from 15th January 2015 to 23rd January 2017.

Lisie hospital is a 750 bedded multi-super specialty hospital under the Archdiocese of Ernakulam-Angamaly with all major departments like Dental, Dermatology, ENT, General Medicine, General Surgery, Neonatology, Obstetrics & Gynaecology, Oncology, Ophthalmology, Orthopaedics, Paediatrics, Psychiatry, etc and super specialties like Cardiology, Paediatric Cardiology, Cardio-Thoracic Surgery, Paediatric Cardio-Thoracic Surgery, ICU, CCU, Post Operative ICU, Gastroenterology, Uro-Surgery, Neuro-Surgery, Neurology, Nephrology, Toxicology, Accident & Trauma Care and 24 hours Casualty.

She had 100% attendance in the CNE Classes conducted in the Lisie Hospital. She is sincere, hard working and efficient in her duties. Her conduct and character was found good. She has availed Loss of Pay of 15 days during her above mentioned service period.

Fr. Thomas Vaikathuparambil
Director



Sr. Elsy
Sr. Elsy MSJ
Nursing Administrator