



## RIMA V R

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## CAREER OBJECTIVE

Seeking a responsible and challenging position as a nurse in your hospital Looking forward to work as a Professional Nurse that capitalize on my skills, experience and personality besides providing opportunity for the service of the needy ones. To serve the sick with dedication and love. To work hard with determination to achieve. Possess incomparable knowledge of the nursing process, Professional standards of nursing and a track record of maintaining confidentiality and protecting sensitive data all times. Dynamically capable of initiating discharge planning based on assessed needs specifically keeping in mind the organizational and departmental safety standards.

## EXPERIENCE

### GOVT. MEDICAL COLLEGE, THRISSUR (*OBSETRICS & GYNOCLOGY*) AS STAFF NURSE

FROM 23-01-2018 TO 31-01-2019

Worked as a full time Staff Nurse in operation theatre in the department of obstetrics and gynecology. Have knowledge and skill for assisting all the major and minor gynecologic and obstetrics' procedures as circulatory and scrub nurse-efficient in high management of nursing care in pre-operative, intraoperative and postoperative units and other technical duties assigned for staff nurse as and when required. **Bed Strength of the Hospital – 1500.**

## EDUCATION

### BACHELOR OF SCIENCE (NURSING)

Completed B.Sc. Nursing from *Kerala University of Health Sciences*, Thrissur, Kerala. Passed out in 2017 with **72.2% Mark**.

### HIGHER SECONDARY SCHOOL (10+2)

Completed +2 from *Board of Vocational Higher Secondary Examinations*. Specialized in *Medical Laboratory Technician* with **91%** marks and *SSLC* with **88%** of marks.

## REGISTRATION DETAILS

*Kerala Nurses and Midwives Council (KNMC)*  
**KL03201800106.**

## PERSONAL DOSSIER

**Date of Birth:** 18<sup>th</sup> October 1995

**Language Proficiency:** English and Malayalam (able to read, write & Speak), Hindi (Able to read & write).

**Sex:** Female

**Nationality:** Indian

**Religion:** Christian (RC)

**Marital Status:** Single

**Blood Group:** B+

**SOFTWARE PROFICIENCY**

Common OS with Office Package.

**PROFESSIONAL RELATIONSHIP MEMBERSHIP**

Registered member in Trained Nurses Association of India.

**HANDLING EQUIPMENTS**

- Boyle's machine
- Suction apparatus
- Cautery Machine
- Blood warmer
- Defibrillator
- Laryngoscope
- Syringe Pump
- Infusion Pump
- Pulse Oximeter
- Glucometer- Nebulizer
- Ambu Bag
- Surgery Instruments
- Laparoscopy Instruments

**HOBIES & INTERESTS**

- Singing
- Dancing
- Reading Books

**PARENT INSTITUTION****GOVERNMENT MEDICAL COLLEGE HOSPITAL, THRISSUR.**

Government medical college Thrissur established in 1982 is one of the leading centers in medical treatment and education in Kerala, India .Kerala university of health sciences began functioning in the campus in 2009 . spread over an area of more than 250 acres. It is located in the sense of Mulamkunnathukavu,14 km away from the Thrissur, Kerala State.

**SKILLS & ABILITIES**

Assisting major & minor surgeries as scrub nurse & circulatory nurse.

- Infection Control
- O2 administration
- Pre-intra and immediate post-operative care
- IV cannulation, injections
- Providing comfort devices
- Insertion of Catheter
- Oral and Endotracheal suction
- Specimen Management
- Post anesthesia management
- Documentation & reports.

**REFERENCE**

- Mrs. Indu PC, Assit.Professor, Govt. College of Nursing, Thrissur. Mob. 9995837993
- Mrs. Vinitha VV, Staff Nurse, Govt. Medical College, Thrissur. Mob. 9446031028

**DECLARATION**

I, **RIMA V.R**, hereby declare that the information given here are true and loyal to the best of my knowledge.

Thrissur

**Rima V R.**