

## **HONEY PAUL** honeypaulmary014@gmail.com Mobile: +91 9847295280

## **ADDRESS**

Maippan House, Azhakam P O, Angamaly, Ernakulam ,Kerala, India - 683577

#### PERSONAL DATA

Father's Name: Paul M C
Mother's Name: Jancy Paul
Date of Birth: 10/05/1993
Sex: Female
Nationality: Indian
Marital Status: Single

## **LANGUAGES KNOW**

English (Fluent)
Malayalam (Fluent)
Hindi (Beginner)

## **HOBBIES**

Listening Music, Riding, Reading

## **CURRICULUM VITAE**

#### **OBJECTIVE**

Patient focused and empathic registered nurse seeking position with growing medical practice. Bringing experience, care, and extensive knowledge to help improve the lives of patients.

## EDUCATIONAL QUALIFICATION

- ✓ 2012-2018 : BSC NURSING from St.James College Of Nursing Chalakudy, affiliated by Kerala University of Health Sciences Thrissur.
- ✓ 2010-2012 : HIGHER SECONDARY from Union Higher Secondary School Mambra, Board of Higher Secondary.
- ✓ 2009 : SSLC from St.Joseph Girls High School Karukutty, Board of Kerala State.

#### ATTENTED PROCEDURES

- ✓ Speculum examination
- ✓ Cut insertion
- ✓ Cut removal
- ✓ Coring with pippel
- ✓ Endometrial biopsy
- ✓ Pisary insertion
- ✓ Immediate new born care

## MAJOR JOB RESPONSIBILITY

- ✓ Total patient care based on nursing process approach.
- ✓ Preparation of the patient unit.
- ✓ Admission and discharge.
- ✓ Assistance and instruction of patients.
- ✓ Comprehensive nursing care.
- ✓ Providing psychological support to minimize patients anxiety.
- ✓ Vital signs monitoring and recording.
- ✓ Management of medical and pediatric emergency.
- ✓ Administration of infusion and transfusion.
- ✓ Care of patient with pre and post operative periods.
- ✓ Preparation and administration of medications and injections.
- ✓ Maintenance of records and reports.
- ✓ Developing nursing care treatment plans.
- ✓ Treat patients for illness or injury and perform routine lab work.
- ✓ Educate patients.
- ✓ Assist Doctors.

# CLINICAL EXPERIENCE DURING THE COURSE

| SL<br>NO | YEAR                    | NAME OF<br>INSTITUTION                    | AREA  | DURATION |
|----------|-------------------------|---|---|----------|
| 1        | 1 <sup>ST</sup><br>Year | St.James Hospital,<br>Chalakudy           | All Wards   | 450hrs   |
| 2        | 2 <sup>nd</sup><br>Year | St.James Hospital,<br>Chalakudy           | Medical & Surgical ward, various ICU,<br>Casualty, Operation Theatre, Lab,<br>Radiology & Blood bank  | 1200hrs  |
|          |                         | Rural Community<br>Posting                | PHC & Home visit  |          |
| 3        | 3 <sup>rd</sup><br>Year | St.James Hospital,<br>Chalakudy           | Medical & Surgical ICU, Dialysis,<br>Casualty, Medical, Surgical, Pediatric<br>Ward, NICU, PICU   | 1225hrs  |
|          |                         | Govt. Mental Health<br>Centre, Thrissur   | Psychiatric Ward & Rehabilitation<br>Centre   |          |
|          |                         | Amala Medical<br>College, Thrissur        | Oncology Ward & Chemotherapy  |          |
|          |                         | Lisie Hospital,<br>Kochi                  | Cardiology Ward, CCU, CTICU,<br>Operation Theatre   |          |
|          |                         | St.James College of<br>Nursing, Chalakudy | Impact of mobile phone use on various dimensions of student life in a selected college of nursing with a view to develop an information pamphlet in Kerala. |          |
| 4        | 4 <sup>th</sup><br>Year | St.James Hospital,<br>Chalakudy           | Obstetrics & Gynaecological Ward,<br>Labour Room, NICU  | 1200hrs  |
|          |                         | Dhanya Mission<br>Hospital, Potta         | Obstetrics & Gynaecological Ward,<br>Labour Room, NICU  |          |
|          |                         | Urban & Rural<br>Community Posting        | CHC, PHC & Home Visit   |          |
|          |                         | St.James Hospital,<br>Chalakudy           | Management & Administration of first year, second year & Third year students  |          |

## **EQUIPMENTS HANDLED**

- √ Fetal Doppler
- √ Fetal Monitor
- ✓ Birthing Beds
- ✓ Nebulizer + Sterilizer
- √ Sterilizer
- ✓ IV Cannulation
- ✓ Pulse Oxymeter
- ✓ Suction apparatus-portable & Central Glucometer

#### PERSONAL SKILLS

- ✓ Confident & Hardworking
- ✓ Readiness to accept challenges
- ✓ Having the ability to adjust myself with the environment
- ✓ Can cope with adverse situations
- ✓ Flexible for work with a team.

#### REFERENCE

 Prof Dr.(Mrs) Mercy PJ, Principal of St.James College of Nursing Chalakudy, Thrissure, Kerala. Contact No :- +91 0480 2710971

#### **DECLARATION**

I assure your Excellency that the information given above is true to be the best of my knowledge and belief. If provided an opportunity, I will utilize it with all my determination to be committed professional dedication to cause of the organization.

**HONEY PAUL**