

RITHU ANNA BABU

STAFF NURSE



0091-73561 21101

rithuanna@hotmail.com

Kaithayil House, Boat Jetty
Rd Kottayam, Kerala-
686001

KNMC Regn: 4854

DOB: 14.09.1984
Nationality: Indian
Gender: Female
Marital Status: Married
Languages known: English,
Hindi, Malayalam &
Kannada

EDUCATION

BACHELOR OF NURSING

Sarvodaya College of Nursing
Rajiv Gandhi University
Bangalore
Year of Passing: 2009

HIGHER SECONDARY

Mount Carmel HSS
Kottayam, Kerala.
Year of Passing: 2002

HIGH SCHOOL

Mount Carmel HSS
Kottayam, Kerala.
Year of Passing: 2000

REFERENCE

**Dr. Shreedhar Hollan M.B.B.S,
M.D**
Medical Director
Udupi, Karnataka
Phone: 0820-2520828, 2521828
Email: mitra@mitrahospital.com

Dr. George Thaliath
Al Musafir Specialised Medical
Clinic.
Majid Ramadhan Al Balushi
Ruwi, Sultanate of Oman
Phone: 00968 - 92311292

OBJECTIVE

To work for a hospital which provides me the opportunity to improve my skills and knowledge to grow along with the objective of the hospital.

ADDITIONAL QUALIFICATIONS

- Passed MOH (Pvt.) License Test, Sultanate of Oman.
- Training course in Cardio Pulmonary Resuscitation (BLS).
- Training in Psychiatric Nursing at Cadabams

PROFESSIONAL EXPERIENCE

- Mitra Multi Specialty Hospital**
Udupi, Karnataka.
Dept: Medical ICU
Period: 11.01.2018 – 07.01.2019
- Al Musafir Skin Clinic.**
Ruwi, Muscat, Sultanate of Oman.
Dept. Dermatology
Period: 24.09.2013 – 11.07.2015
- S.H Medical Center.**
Kottayam, Kerala.
Dept: Medical Ward
Period: 06.07.2011 – 25.06.2012
- Bhagwan Mahaveer Jain Heart Center.**
Bangalore, Karnataka.
Dept: Ward, CCU, Cath Lab
Period: 23.09.2009 – 28.05.2011

RITHU ANNA BABU

STAFF NURSE

REFERENCE

Sr. Catherine S.H
Nursing Superintendent
S.H Medical Centre
Kottayam, Kerala
Phone: 0481-2562239
Email:
hr@shmedicalcentrektm.com

Mrs. Elizabeth Johnson
Deputy Nursing
Superintendent
Mahaveer Jain Heart Center
Bangalore, Karnataka.
Phone: 080-41999300

EQUIPMENT SKILLS

- Defibrillator
- ECG Machine
- B.P Apparatus
- Glucometer
- Pulse Oxymeter
- Cardiac Monitor
- Ambubag
- Infusion Pump
- Nebulizer
- Steam Inhaler
- Nelson's Steam Inhaler
- Oxygen Flow Meter
- Suction Apparatus
- Thermometer
- CVP Scale
- Syringe Pump

PATIENT CARE

- Maintenance of Ward and its inventory.
- Maintenance of records and reports.
- Proper handover to the next shift.
- Maintenance of good Nurse- Patients Relationship.
- Check the vitals of the patient hourly along with date and time (BP Pulse R/R temperature).
- Maintenance of intake and output (Urine Output, RT feeding, Drainage etc).
- Collection of specimens (Serum, ABG, Urine and Sputum).
- Management of intravenous fluids.
- Administration of Medications in time (OD, BID, TID, STAT).
- Hot and cold application (Ice bag & Hot water bag).
- Personal Hygiene (Nail Care, Hair Care, Bowl and Bladder care) Tracheostomy care.
- Care Pressure sore (Frequent Back Care and Positioning).
- Assessing in Cathalab procedures (CAG, PTCA).
- Maintenance of Physical, Social, Psychological and Rehabilitative needs of the patients.
- Well versed in the cardio Pulmonary and Resuscitation.

DECLARATION

I hereby declare that the details furnished above are true and correct to the best of my knowledge and belief.

RITHU ANNA BABU