


Dr. ADERSH S. MS (ENT), FELLOWSHIP IN LARYNGOLOGY AND PHONOSURGERY
Reg. No: 39182 (TCMC)

28/166 "Swathi", Ponnuveetil lane, Patturaikkal, Thrissur-680022
Date of Birth – 07/11/1983

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Educational Details

Fellowship in Laryngology and Phonosurgery (APSI), KIMS,
Thiruvananthapuram, Kerala-India. (2018-2019)

Master of Surgery in Oto-Rhino-Laryngology (MS ENT) from
AIMS, Mandya affiliated to RGUHS, Bangalore, Karnataka-India.
(2012-2015)

Bachelor of Medicine and Bachelor of Surgery (M.B.B.S) from
ACME, Pariyaram affiliated to Kannur University, Kannur, Kerala-
India. (2002-2007)

All India Secondary School Examination - (C.B.S.E) from
Chinmaya Vidyalaya, Thrissur, Kerala-India. (2001)

cleared **MRCS (ENT) Part 1-appearing for Part 2 in 2019.

Professional Summary

Experience: 3 years and 9 months

Fellowship in Laryngology and Phonosurgery
KIMS Hospital, Thiruvanthapuram, Kerala-India
March 2018-present

- Performed and assisted most of the surgeries under guidance alongside my mentor Dr Jayakumar R Menon FRCS, one of the pioneers in the field of Laryngology in the country.
- Performed/Assisted/Observed elective and emergency surgeries for airway including Tracheostomy (Adult and Pediatric), Tracheal resection anastomosis, Anterior and Posterior cricoid split, Laryngo-fissure, posterior cordotomy (Kashima's procedure), Suture cordopexy etc.
- Microlaryngeal surgeries including laryngoscopic excision of vocal cord polyp, cyst, vocal process granuloma, leukoplakia, papilloma etc
- Phonosurgeries including Thyroplasty, Arytenoid rotation, Injection laryngoplasty, thyroarytenoid myoneurectomy, laryngeal reinnervation etc
- Head and Neck surgeries including Total laryngectomy, Thyroidectomy (open and endoscopic), Neck dissection, Sialadenectomy, Sistrunk's procedure, Lymphnode excision biopsy etc
- Sleep surgeries including UPPP, epiglottopexy, tongue base reduction, Zetapharyngoplasty etc
- Diagnostic and therapeutic Sialendoscopy (submandibular and parotid)
- Emergency esophagoscopy/laryngoscopy/bronchoscopy for FB removal / neck exploration
- Trained in using powered instruments like Microdebrider, Surgical drill as well as Coblator, Laser etc
- Diagnostic scopies at a regular basis including Flexible fiberoptic laryngoscopy, Stroboscopy, Transnasal esophagoscopy, sleep endoscopy, DNE etc

- Member of Tracheostomy Rehabilitation and education team (TReAT) and Dysphagia Intervention and Evaluation Team (DIET).
 - Special training in Voice and Swallowing rehabilitation therapy.
 - Continually improving knowledge, skills and performance based on feedback and self-identified professional developmental needs.
 - Provided on-call care at all times of day and night.
 - Strategically plan methods to achieve operational goals and targets.
 - Participate in research programs.
 - Communicate goals, plans and progress to parents or guardians.
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Junior Consultant

Dept. of ENT

SUT Hospital, Pattom-Thiruvananthapuram, Kerala

March 2017 to March 2018

- Performed and assisted most of the basic ENT surgeries alongside of Dr Vinod Felix, Rhinologist and Skull base surgeon.
- Conducted OPD and designed treatment plans for patients.
- Followed strict schedules during surgeries.
- Educated patients on recovery methods and times.
- Collaborated with other medical professionals to check patient wishes and care.
- Documented patient information obtained from interviews.
- Completed all daily living tasks to enhance the quality of life of elderly patients.

- Performed Presented and published papers and posters at national level.
 - Provided on call and night duties
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Assistant Professor
Department of Oto-Rhino-Laryngology
Travancore Medicity, Kollam, Kerala-India.
August 2016- March 2017

- Conducted OPD and minor procedures such as aural toileting, ear and nose piercing, chemical cauterization of warts and granulomas, suture removal etc
 - Performed procedures in OR such as Septoplasty, Tonsillectomy, Myringotomy and Grommet insertion, tympanoplasty, Thyroidectomy etc
 - Conducted teaching classes for undergraduate students, chaired seminars and panel discussions for students and invigilated exams.
 - Trained in audiological and speech evaluation and assessment.
 - Actively involved in research programs and organized hands on workshops.
 - Maintained a professional interpersonal relationship with fellows and colleagues
 - Provided stay duties during night.
 - Participated in temporal bone and cadaveric dissections.
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Senior Resident
Department of Oto-Rhino-Laryngology
AIMS, Mandya, Karnataka-India
June 2015-July 2016

- Learned to evaluate and manage patients in stressful environments.
 - Advocated for patient rights and needs.
 - Performed procedures such as Adeno-tonsillectomy, Septoplasty, FESS, Tympanoplasty, Mastoidectomy and assisted all major and minor surgeries.
 - Attended patient and teaching rounds ready to contribute and advance knowledge.
 - Backed up emergency room staff and acted as first on call to take incoming patients.
 - Maintained good communication between department heads, medical staff and governing boards by attending board meetings and synchronizing interdepartmental functions.
 - Closely monitored acute conditions.
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Workshops Attended:

- 1) Live temporal bone dissection and ear surgery August 2014 workshop.
 - 2) Hands-on cadaveric workshop on FESS March 2016.
 - 3) Coblator training workshop by Smith and Nephew in 2017.
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Presented Papers/Invited talks:

- 1) **Nasogastric tube- a Friend or Foe?-** PHONOCON2019 APSI National conference at Kolkata February 2019
- 2) **Anatomy and Physiology of swallowing-** Degluticon 2018 APSI state conference at Kollam December 2018

- 3) **Surgical management of Obstructive sleep apnoea-** SUT Hospital Trivandrum April 2017
- 4) **A rare case of midline subhyoid ectopic thyroid-** 10 th South zone AOI conference, Bangalore October 2014
- 5) **Role of CT scan in the management of a rare case of anterior neck lipoma-** RADIOENTLIVE 2014

Publications

- 1 **A RARE CASE OF LARGE SEBORRHEIC KERATOSIS OF THE PINNA.** CIBTech Journal of Surgery ISSN: 2319-3875 (Online). An Open Access, Online International Journal. Available at <http://www.cibtech.org/cjs.htm> 2014 Vol. 3 (3) September-December.
- 2 **RHINOSCLEROMA - A CLINICAL STUDY AND REVIEW OF LITERATURE.** International Journal of Health Sciences and Research www.ijhsr.org ISSN: 2249-9571 Vol.5; Issue: 1; January 2015.
- 3 **ONCOCYTOMA OF THE PAROTID GLAND: A RARE CASE REPORT.** Scholars Journal of Medical Case Reports ISSN 2347-6559 (Online) Sch J Med Case Rep 2015; 3(4) 304-306.
- 4 **LIPOMAS OF DEEP NECK SPACE – REPORT OF TWO CASES AND REVIEW OF LITERATURE.** Scholars Journal of Medical Case Reports ISSN 2347-6559 (Online) Sch J Med Case Rep 2015;3(12):1146-1149

Ongoing Research

Effects of Nasogastric tube on larynx-a laryngologist's perspective.

Languages spoken:

- English
- Malayalam
- Hindi
- Tamil
- Kannada

Strength:

- Ability to work in a team
- Ability to get along well with colleagues
- Positive attitude
- Participation in research and updated to recent advances
- Leadership quality
- Dedication, hard work and sincerity

Spouse details:

Dr Poornima Venugopal MD Pediatrics
Junior Consultant,
Department of Pediatrics and Neonatology,
SUT Hospital-Pattom,
Thiruvananthapuram, Kerala.
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References:

Dr Jayakumar R Menon MS, DLO, DNB, FRCS

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Dept. of Laryngology,
KIMS Hospital, Thiruvananthapuram,
Kerala-India.

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Dr Vinod Felix MS ENT, Fellowship in Skull Base Surgery (Italy)

Senior Consultant,
Dept. of ENT and Skull Base Surgery,
SUT Hospital, Pattom, Thiruvananthapuram,
Kerala-India.

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