**LEEMA MATHEW **

**STAFF NURSE**

Patel Market Road, CC-16/1729, Kavunkal House, Kerala 682005, M: 81139 47600, H: 98476 21800

E: leemathu@yahoo.co.in

**PROFFESSIONAL BACKGROUND**

Patient focused **Registered Nurse** with more than **twelve years’ patient care experience** in Kuwait, Saudi Arabia & India, Worked in JCI accredited International Hospitals, under gone high level of patient care procedures in Obstetrics and Gynecology Unit, CICU, Medical and Surgical Wards.

**PROFESSIONAL EXPERIENCE**

* **Gautham Hospital – Kochi, Kerala** [ 07/20016 to 06/2018 Staff Nurse]

Worked as **OB/GYN Ward,** **CICU** Department as Staff Nurse, a well-known hospital at West Kochi

* **Al Salam International Hospital – Dasman, Kuwait [**03/2008 TO 07/2013 Staff Nurse]

Worked in best **OB/GYN Department** in Kuwait, under most experienced HOD, Dr. Mariam Having 40 + years’ experience.

* **Gautham Hospital – Kochi, Kerala** [ 09/2007 to 02/2008 Staff Nurse]

Worked as **CICU** Department - Staff Nurse, all day busy department

* **Saudi German Hospital, Madinah, Saudi Arabia** [07/2003 to 04/2005 Staff Nurse]

Awarded for best performance in **Medical & Surgical Ward**

* **Caritas Hospital – Kottayam, Kerala , India** [11/2001 to 07/2003 Staff Nurse]

Performed all CICU duties as per the procedure

* **MGDM Hospital, Kottayam, Kerala, India**[10/2000 to 10/2001 Staff Nurse]

Performed All duties assigned for **Medical & Surgical Ward**

**EDUCATION AND TRAINING**

• 2000 **General Nursing & Midwifery Diploma**, from **MGDM School of Nursing Kottayam**, Kerala, India

• 1996 Pre degree, **M G University**, Kottayam, Kerala, India

• 1 994 SSLC, All Subjects, **Baker Memorial School**, Kottayam, Kerala, India

**REGISTRATION**

**R**egistered **N**urse License by **Kerala Govt.: Reg. No. 30069; Year 2000, Valid -11/11/2023**

Trained Nurses Association of India: **Reg. No. 103841: Year – 2000**

**SKILL HIGHLIGHTS**

* Mastery of OB/GYN care
* Delivered high quality and compassionate treatment to all critically ill patients
* Under gone various training schedules conducted by prominent trainers
* Patient positioning understanding, Problem resolution ability
* Td counseling and care awareness
* Practiced inpatient and outpatient caregiver.
* Communicated with clients of diverse nationalities, in varied socioeconomic, cultural, and ethnic backgrounds, and in age groups from adolescence to elderly.
* Conducted and evaluated fetal monitoring to determine fetal well-being, Administer medications and injections as order by physician.
* Responsible for preparing and carrying out gynecological tests and pregnancy and delivery-related screenings and procedures.
* Recorded clinical information in patients chart
* Administer injections and medication, assist physicians with procedures and exams
* Reviewed labs/test results, follow-up per findings
* Ensured that life support equipment, such as ventilators and feeding tubes, functions properly.
* High paced, very demanding place for critical thinking

**ACCOMPLISHMENTS**

* Ensured charting accuracy through precise documentation
* Worked with International paramedical associates, there by learned best practices
* Clinical Training, Training newly hired nurses
* Ensured quality control through admissions, assessment, treatment and referral for a broad range of patients.
* Treated patients suffering from trauma, acute chest pain, respiratory failure, and drug overdoses.

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| **PERSONAL DETAILS** |  | | |
| **Marital Status** | Married | Date of Birth | 09/05/1979 , |
| **Aadhar No:** | 9717 6502 3590 | Passport No. | J7414163 |
| **Languages Known** | English, Malayalam, Hindi | Contact | 81139 47600, 98476 21800 |

**CERTIFICATIONS RECCIVED**

• Basic Life Support (BLS)

• DVT & Pre-Eclampsia

• Resent Trends in Asthma Management

• MRSA Management

• Nasal Allergy

• Current Trends in Nursing

• Patient Education

• IV therapy

• Drug Calculation

• Radial Approach in Coronary Angiography & angioplasty

• Hands on use of Fire Extinguisher

**AFFILATIONS OF HOSPITALS**

Al Salam International Hospital, Kuwait, **Joint Commission International (JCI)**

Saudi German Hospital, Madinah, Saudi Arabia, **Joint Commission International (JCI)**

**REFERENCES**

1. Naicy Jacob, Nursing Superintendent, Gautham Hospital, Kochi Ph: +91 96050 76809

1. Dr. Mariam, Head of Dept. OB/GYN, Al Salam Hospital, Kuwait Ph.: +965 6661 9676

**DECELRATION**

I hereby declare that all the above furnished details are true and correct to the best of my knowledge and belief.

**Place: Kochi Leema Mathew**

**Date:**