

# SONIMOL E Y

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## PROFESSIONAL SYNOPSIS

- ❖ A qualified B.Sc. nurse with 2.5+ years of experience in Gynecology operation theatre, Maternity ward and labor room.
  - ❖ Trained Registered Nurse
  - ❖ Positive performance reviews, with specific commendation for delivering patient centered quality care.
  - ❖ Dedicated to the multidisciplinary team, including mentoring and education of new nurses.
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## CAREER HIGHLIGHTS

**April 2017 to till date**      **JMJ Morning Star Hospital, Raigarh, Chhattisgarh**  
**Staff Nurse (Gynecology ward and labor room.)**

### Key Responsibilities

- Preparing delivery rooms
- Prepping patients
- Sterilizing and preparing instruments
- Assists physicians with examinations, labor and delivery, operates and monitors medical equipment, and records relevant statistics, including time of birth, Date of Birth.
- Maintain partograph and vitals every hour.
- In charge for arrangement of necessary drugs, articles, equipment and delivery kits. Adherence of cleaning of labor room and labor table.
- Provides immediate and comprehensive care (Psychological support and relaxation therapy) to mothers and newborns during antepartum, intrapartum and postpartum periods.
- Observes patient's condition, records observations in patient medical record, and updates attending physician directly when necessary.
- Tag new born babies and mother immediate after delivery
- Explaining after-birth care to new parents. Educate on breast-feeding, newborn baby care, immunization in addition, family planning.
- Maintain birth register and death register regularly in labor room.

**April 2016 to April 2017**      **Katra Hosptial Mandala, Madhya Pradesh**  
**Staff Nurse (Gynecology operation theatre, Maternity ward and labor room.)**

### Key Responsibilities

- Acting as team leader in a busy hospital and taking charge of the ward in the absence of the Ward Manager.
- Monitoring a patient's progress during their stay and looking out for any changes in their status or condition.
- Maintaining absolute confidentiality in respect of every patient's medical record and history.
- Coordinating patients' discharge arrangements in accordance with the hospitals Discharge Policy.
- Assessing, developing, monitoring and implementing complete plans of care through interdisciplinary team processes for all admissions/transfers of patients in the Emergency Room and other facilities.
- Maintaining concurrent communications with health care givers and ancillary departments.
- Monitoring records and outcomes of Utilization Review and Quality Assurance departments.

- Maintaining knowledge of changing procedures and regulations to enhance revenue for the Emergency Room.
- Directed operations and protocols for all Emergency Room staff.
- Maintaining interdisciplinary approach to patient care, involving health caregivers and medical staff.
- Identify training needs or conduct training sessions for nursing students.

### **ACADEMIC CREDENTIALS**

| Qualification | Institute                                      | Year      | Score     |
|---------------|--|-----------|-----------|
| B.Sc Nursing  | JMJ College of Nursing                         | 2011-2015 | 1st class |
| Plus 2        | N S S Higher Secondary School Kottayam         | 2009-2011 | 1st class |
| SSLC          | Infant Jesus Bethany Convent Girls High School | 2009      | 1st class |

### **ACADEMIC PARTICIPATION**

- ✓ Programme on Pulse Polio Immunization conducted by Government of India
- ✓ Continental National Conclave conference “Quality in Nursing can redefine Health care”
- ✓ Conference on “Standard Evaluation – A Benchmark” by Dr. NTR University of Health Science
- ✓ Workshop on “Safe guarding the mother earth: A global Challenge to Nursing” by JMJ college
- ✓ Workshop on “Bridging the gap between theory and practical in nursing” by JMJ College.

### **DESSERTATION**

“Effectiveness of Laughter Therapy in reduction of stress among elderly people at selected old age home in Hyderabad, Telagana”

### **REGISTRATION CREDENTIALS**

Registered Nurse Number: 1766  
Registered Midwife Number: 1766

### **LANGUAGE FORTE**

| Language  | Read | Write | Speak |
|-----------|------|-------|-------|
| English   | ✓    | ✓     | ✓     |
| Malayalam | ✓    | ✓     | ✓     |
| Hindi     | ✓    | ✓     | ✓     |
| Telugu    |      |       | ✓     |

### **PERSONAL DETAILS**

**Date of Birth** : 01.04.1993  
**Gender:** Female  
**Marital Status:** Married

**Date:**

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