

RESUME

Arun .S

Permanent Address

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OBJECTIVE

Developing a career in medical services by exploring every available opportunity to text out my academic knowledge, learn from experience and contribute the best of my abilities to the overall growth of the organization and grow with it. Good communication skills with combination of interpersonal and analytical abilities.

EDUCATION

M.P.T or Master of Physiotherapy with specialization in Cardio Respiratory and Intensive Care, on 2013 at AWH Special College, Calicut, under Kerala University of Health Sciences (KUHS),

Dissertation ; A Study to find out affect of aerobic exercise in improving Cardio Vascular Endurance and Quality of Life of People Living With HIV/AIDS (PLWHA) in, CALICUT

B.P.T or Bachelor of Physiotherapy, JDT College Of Physiotherapy, University of Calicut, Calicut, Kerala, India, on 2010.

Project: PatelloFemoral Pain, Differential Diagnosis and Management

EXPERIENCE

- Worked at Kannur Medical College, Anjarakandy Kannur. As Lecture cum Physiotherapist one year and three month.
- Worked as Chief Physiotherapist at Bishop Vayalil Medical Centre Moolamattam.
- Worked as Assistant Professor (Guest) Lecture at BCF college of Physiotherapy Vaikom
- Working as team Physiotherapist Podigry Football Academy
- Working as team Physiotherapist Mountain Riders, Professional Rider Club
- Working as Chief Physiotherapist and Department head at Focuz ayurcenter Kakkancheri

Community service

- Experience in treating children with special needs at Block resource centre Thiruvannur, Calicut

Leadership Experience

- Actively involved in organizing and conducting two National level Conferences.
- Participated as team Leader of Cardio Respiratory , Ergonomics stall in Physiotherapy exhibition

Paper and Poster

- Presented paper in three national level and one international level physiotherapy conferences
- Presented poster in two national level physiotherapy conferences

Licensures

- Having Registration (Num; 1991) at KAPC (Kerala Association Physiotherapy for Co.ordination)
- Indian Association of Physiotherapists (IAP) life member (L-29242)

Professional development

- Completed Kinesio Taping Level 1 and 2
- Skilled on Dry Needling
- Trained Aquatic Therapy specialist
- Completed Aerobics Pilates Trainer course
- Attended one day workshop on shoulder arthroscopy and rehabilitation
- Attended CPE on
 - ❖ Sports Physiotherapy
 - ❖ Novel Physiotherapy for improving Motor recovery
 - ❖ ICU management
 - ❖ Lumbar Stability- Concepts in segmental stabilization training
 - ❖ Deferential Diagnosis in Orthopedic Evaluation
- Attended CME on
 - ❖ Medical Management of Spasticity
 - ❖ Physiotherapy Management of Spasticity
 - ❖ NDT
- Attended CME on Clinical Reasoning in physiotherapy
- Attended one day National Update on Practical Concept of Physical Fitness Evaluation and Training
- Attended one day workshop on Multi Disciplinary Conference on Stroke

Computer Software/Technology

- Basic Knowledge in Microsoft Office like Word, Excel, PowerPoint.

Additional graduate/course work

Pursued Basic Life Support (BLS) Certificate

PERSONALITY

- Hard working, confident and highly self motivated.
- Adaptable and able to work independently and as part of a team.
- Optimistic and having good interpersonal skills.

PERSONAL DETAILS:

Nationality : Indian
Date of Birth : 15th March 1988
Place of Birth :Thodupuzha, Idukki
Height : 172cm
Weight : 58 Kg
Marital Status : Married

LANGUAGES

English : Fluent
Hindi : Fluent
Malayalam : Native

DECLARATION

I hereby declare that the above-furnished particulars are true to the best of my knowledge

Arun .S