

## CURRICULAM VITAE



**Ritty Mathews**  
Maniyely House  
Pandikad P.O.  
Vengoor  
Ernakulam Dist.  
Kerala

Mob: 8848873825, 9544338911  
Email id : [monson06@gmail.com](mailto:monson06@gmail.com)

### CAREER OBJECTIVE

To develop a challenging career in the medical world improvising on my knowledge and experience and be part of a renowned work culture as a bankable Staff Nurse.

### PERSONAL PROFILE

Husband's Name : Mathews Paul  
Gender : Female  
Marital Status : Married  
Date of Birth : 28/10/1988  
Nationality : Indian  
Religion : Christian  
Languages Known : Malayalam, English, Hindi

### ACADEMIC QUALIFICATION

Year of Passing	Qualification	School/College/ University/ Institution
2010	General Nursing	Lakshmi Hospital, Ernakulam
2006	VHSE	VHSE, Kolenchery
2004	SSLC	MRSV.H.S., Mazhuvannoor

### PROFESSIONAL EXPERIENCE

Institution	Designation	Department	Duration
Geethanjali Mother and Child Hospital, Kuruppampady	Staff Nurse	General Ward and Causality	01/05/2018 to till date
Lakshmi Hospital, Diwans Road, Ernakulam	Staff Nurse	Gyneac Ward, Paediatric Ward, Gyneac ICU	01/04/2010 to 30/06/2015

## REGISTRATION

- Kerala Nurses and Midwives Council  
Registration No : 70317

## DUTIES AND RESPONSIBILITIES

- Receive patients to the ward.
- General assessments of patients.
- Prepare case sheets and plan of action.
- Give orientation patients and relatives.
- Assist physician in detail examination of patients.
- Collect the specimens for the 4 prescribed investigation send to the appropriate department and collect the reports.
- Calculation of medical dosage.
- Insert intravascular lines.
- Oral and I.V. Administration of Medicine
- Assist physician in procedures such as wound debridement and dressing, lumbar puncture, bone marrow aspiration, ET Intubation and insertion of central lines.
- Prepare the patient of surgery.
- Explain to patient and relatives about the conditions and post operative exercise.
- Handover the patient to the operation theatre staff.
- Checking blood sugar of diabetic patients and administration insulin.
- Doing procedure like admission and discharge checking and recording of vital signs dressing catheterization inserting of cannula ryle's tube insertion & feeding section stomach wash and bladder irrigation etc.
- Use of equipments like Syringes, Cardiac Monitor, ECG Machine, BP apparatus, CVP Measurements, DVT Machine, Stethoscope, Laryngoscope, Nasal, Speculums, Radiant warmers etc.

### ADMINISTRATIVE RESPONSIBILITIES

- ✓ Reporting on duty
- ✓ Inventory & Recording
- ✓ Co-Ordination of Nursing Activities
- ✓ Central Sterile supply etc.
- ✓ Attending reports with doctors & senior nursing personal
- ✓ Inventory of emergency trolly's
- ✓ Checking the working condition & setting of equipment like ambu bag, monitor, suction apparatus
- ✓ Preparing and assisting for catherization, IV cannulation.
- ✓ Giving care of ventilator patients

### AWARE OF THE COMPLETE OPERATION OF THE FOLLOWING MAJOR EQUIPMENTS:

- ✓ ECG Machine
- ✓ Pulse oxymeter
- ✓ Cardiac monitor
- ✓ Suction apparatus
- ✓ Glucometer
- ✓ Oxygen apparatus
- ✓ BP apparatus
- ✓ Syringe pump
- ✓ Infusion Pump
- ✓ Crash Trolley
- ✓ Defibrillator
- ✓ Stethoscope
- ✓ Nebuliser
- ✓ Foetal Monitor
- ✓ Warmer

## PROCEDURE PERFORMED

- ✓ Ryles Tube Insertion
- ✓ IV Canulation
- ✓ Urinary catheterization
- ✓ Bladder irrigation
- ✓ ECG
- ✓ Dressing
- ✓ Cardio Pulmonary resuscitation (CPR)

## REFERENCE

1. Sr. Sobha  
Geethanjali Mother and  
Child Hospital,  
Kuruppampady  
Ph: 9847188181

## DECLARATION

I hereby declare that the information furnished above is true to the best of my knowledge and belief.

Place : Vengoor

Date :

**Ritty Mathews**

**TO WHOMSOEVER IT MAY CONCERN**

This is to certify that Mrs. RITTY YACOB, Thekkinalil House, S.Mazhuvannoor (P.O), Mudavoor, PIN- 686669, Ernakulam District, Kerala is working in this hospital as staff nurse from 01-05-2018. She is maintaining a good interpersonal relationship with doctors, colleagues, patients and management of the hospital.

To the best of our knowledge, her character and conduct is good .



For  
Geethanjali Mother & Child Hospital  
Kuruppampady  
Ernakulam District



# Lakshmi Hospital

Diwan's Road, Ernakulam, Cochin-682016 Phone: 0484-2382111/14 Fax: 2374067 www.lakshmihospital.com

LH/HR/EXP/2015/123

June 23, 2015

## CERTIFICATE

This is to certify that Ms. Ritty Yacob, Thekkinalil House, South Mazhuvannoor P.O, Ernakulam District has been working in this 350 bedded Multispecialty Hospital in the Gynaec, Gynaec ICU, Paediatric Ward from 01-04-2010 to 30-06-2015 as **Staff Nurse**.

Lakshmi Hospital is a 350 bedded Multispeciality Hospital with all Major Super Specialties with 5 Intensive Care Units like PICU, NICU, GICU, SICU, ICCU and 6 Major & 1 Minor Operation Theatres, In Vitro Fertilization Unit, US & CT Scan

Ms. Ritty Yacob had maintained a cordial relationship with doctors, patients and her peers and subordinates during her service in this hospital.

Ms. Ritty Yacob was relieved from her duties at her own request

For **Lakshmi Hospital**

Maya S  
Nursing Superintendent





R012016016910

# Kerala Nurses And Midwives Council



## REGISTRATION CERTIFICATE



This is to certify that

**RITTY YACOB**

having undergone a

Three years and Six months Diploma in General Nursing and Midwifery  
programme at *School of Nursing, Lakshmi Hospital, Cochin,*  
*Ernakulam*

from *October 2006 to March 2010* has passed the examination conducted  
by the *Council with Third Class*  
and is permitted to practice as a Nurse and Midwife under the provisions of  
the Nurses and Midwives Act, 1953.

The number assigned to her in the Register is 70317 dated 3rd May 2010.

The Registration Certificate is renewed on 16th November 2016.

and valid upto 15th November 2021.

Thiruvananthapuram

Dated: 16-11-2016

Registrar

Kerala Nurses and Midwives Council

PROF. VALSA. K. PANICKER

Kerala Nurses and Midwives Council  
Red Cross Road  
Thiruvananthapuram-695 035

0064036

Sl. No. 110032250

Exm. No. 10005454

# Kerala Nurses And Midwives Council



## Diploma in General Nursing and Midwifery

The Kerala Nurses and Midwives Council hereby makes known that

*Ritty Yacob*

daughter of Mr. Yacob T P after having undergone Three years and Six months

Diploma in General Nursing and Midwifery course at

*School of Nursing, Lakshmi Hospital, Cochin, Ernakulam*

for the period from *October 2006 to March 2010* and passed

the examination with *Third class*

by duly appointed examiners is awarded the

**Diploma in General Nursing and Midwifery.**

  
President

Board of Examiners

Kerala Nurses and Midwives Council

**P. DEVAKY**

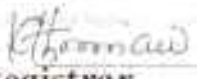
Additional Director of Nursing Services

Directorate of Health Services

Thiruvananthapuram

Thiruvananthapuram

Dated: 10-Aug-2010

  
Registrar

Kerala Nurses and Midwives Council

**Dr. KOGHUTHRESIAMMA THOMAS**

Registrar

Kerala Nurses and Midwives Council

Red Cross Road

Thiruvananthapuram - 695 035





**SCHOOL OF NURSING  
LAKSHMI HOSPITAL**

**Course Completion certificate**

This is to certify that, Miss **Ritty Yacob**, Thekkinalil, S.Mazhuvannoor, has completed the **3½ year GNM** Course of the Kerala Nurses and Midwives Council, from October 2006 to March 2010 at **Lakshmi School of Nursing, Ernakulam** which is recognized as per order No.G.8977/200/NC & 18-16/2731-INC, dated 29.11.2000 by the Nursing Council.

*Ambily*  
13/7/2015

**U.G.Ambily.MSc(N),ICN**  
**Principal**  
**Lakshmi School of Nursing,**  
**Ernakulam**  
E-mail;ambily@lakshmihospital.in



**PRINCIPAL**  
**SCHOOL OF NURSING**  
**LAKSHMI HOSPITAL**  
**ERNAKULAM**



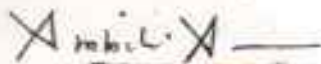
**SCHOOL OF NURSING  
LAKSHMI HOSPITAL**

13/07/2015

**CONDUCT CERTIFICATE**

This is to certify that, Miss **Ritty Yacob**, Thekkinalil, S.Mazhuvannoor, bonafide student of **LAKSHMI SCHOOL OF NURSING**, Diwan's Road, Ernakulam, studied General Nursing and Midwifery course of **3½ years**. She has completed the course successfully. Her Registration Number is 70317.

Her character and conduct were **good** during our acquaintance with her.

  
13/07/2015

**U.G.Ambily.MSc(N),ICN**  
**Principal**  
**Lakshmi School of Nursing,**  
**Ernakulam**  
E-mail:ambily@lakshmihospital.in

PRINCIPAL  
SCHOOL OF NURSING  
LAKSHMI HOSPITAL  
ERNAKULAM COCHIN





**SCHOOL OF NURSING  
LAKSHMI HOSPITAL**

**TRANSFER CERTIFICATE**

Admission No	: 5349
Name of the school	: Lakshmi School Of Nursing
Whether the school is recognized	: Recognized
Name of the pupil	: RITTY YACOB
Name of parent	: Yacob.T.P.
Relationship	: Father
Nationality	: Indian
Religion	: Christian, Jacobite
Date of birth (As per SSLC)	: 28/10/1988
Course in which the pupil was last enrolled	: 3 ½ years
Date of admission	: 01/10/2006
Date of pupil's last attendance in school	: 31/03/2010
Date of issue of certificate	: 13/07/2015
Reason for leaving	: Course completed

*U.G. Ambily*  
13/7/2015

**U.G.Ambily.MSc(N),ICN  
Principal  
Lakshmi School of Nursing,  
Ernakulam  
E-mail:[ambily@lakshmihospital.in](mailto:ambily@lakshmihospital.in)**

**PRINCIPAL  
SCHOOL OF NURSING  
LAKSHMI HOSPITAL  
FRANKILAM, COCHIN-19**



**KERALA NURSES AND MIDWIVES COUNCIL**  
RED CROSS ROAD, THIRUVANANTHAPURAM- 35



**TRANSCRIPT**

Name of School : Lakshmi School of Nursing , Ernakulam

Name of Candidate : RITTY YACOB  
 Date of Birth : 28/10//1988  
 Name of the Institution : Lakshmi School of Nursing, Ernakulam  
 Name of the Course : General Nursing & Midwifery Course  
 Duration of the Course : 3 ½ years  
 Admission Number : 5349  
 Date of Admission : 04-10-2006  
 Date of Completion : 31-03-2010  
 Medium of instruction : English  
 Division Awarded : 7<sup>th</sup> Batch

Subject	Theory in hours		Clinical Practlee in hours	
	Allotted	Attended	Allotted	Attended
<b>FIRST YEAR</b>				
<b>Part - I Biological Science</b>	120	150		
Anatomy & Physiology	90	110		
Microbiology	30	40		
<b>Part - II -Behavioural Science</b>	60	65		
Psychology	40	45		
Sociology	20	20		
<b>Part -III - Fundamentals of Nursing</b>	215	240	612	640
Fundamentals of Nursing	175	195		
First Aid	20	25		
Personal Hygiene	20	20		
<b>Part IV - Community Health Nursing</b>	150	168	288	290
Community Health Nursing - I	80	90		
Environmental Hygiene	20	24		
Health Education and Communication skills	20	20		
Nutrition	30	34		
<b>Part - V - English</b>	30	36		
<b>Total Hours of First Year</b>	<b>575</b>	<b>659</b>	<b>900</b>	<b>930</b>

Subject	Theory in hours		Clinical Practice in hours	
	Allotted	Attended	Allotted	Attended
<b>SECOND YEAR</b>				
<b>Part - I Medical Surgical Nursing - I</b>	140	162	288	300
Medical Surgical Nursing	125	140	--	
Pharmacology	5	10	144	150
Operation Room Technique	10	12	--	
<b>Part - II - Medical Surgical Nursing - II</b>	120	160	396	413
1. Oncology	15	16	36	36
2. Ophthalmology	10	15	36	36
3. E.N.T	15	18	36	36
4. Communicable disease	15	20	36	36
5. Orthopaedics	15	20	36	40
6. Dermatology & STD	10	15	36	36
7. Cardiovascular	25	30	108	115
8. Emergencies & disaster Nursing	5	6	72	78
9. Andrology & disease of the breast	10	20		
<b>Part III - Mental Health and Psychiatric Nursing</b>	70	80	216	216
<b>Part - IV Computer Education</b>	30	30		
<b>Part - V Community Health Nursing</b>			72	72
<b>Total</b>	<b>360</b>	<b>432</b>	<b>1116</b>	<b>1151</b>

Subject	Theory in hours		Clinical Practice in hour	
	Allotted	Attended	Allotted	Attended
<b>THIRD YEAR</b>				
<b>Part I - Midwifery</b>	120	140	756	790
Midwifery	100	115	684	700
Gynecology	20	25	72	90
<b>Part II - Community Nursing - II</b>	100	110	216	220
1. Urban				
2. Rural				
3. Observation Visit				
<b>Part III - Paediatric Nursing</b>	70	80	288	300
<b>Total</b>	<b>290</b>	<b>330</b>	<b>1260</b>	<b>1310</b>

#### FOURTH YEAR (6 Months)

Sl No	Theory	Allotted	Attended
1	Educational Methods and Media for teaching in Practice of Nursing	45	50
2	Introduction to Research	40	40
3	Professional trends and Adjustments	40	40
4	Administration and Ward Management	45	50
5	Health Economics	20	20
	<b>Total</b>	<b>190</b>	<b>200</b>

#### FOURTH YEAR (6Months)

Sl. No	Clinical Experience	Hours Allotted	Hours Attended
		120	120
1.	Medical Nursing	120	120
2.	Surgical Nursing	120	120
3.	Pediatric Nursing	120	120
4.	Psychiatric Nursing	120	120
5.	Community Health Nursing	160	160
6.	Midwifery	160	180
7.	Area of Interest/	80	80
	Night Clinical Experience	80	80
	<b>Total</b>	<b>960</b>	<b>980</b>

Clinical Experiences in Affiliated Hospitals/ Institutions

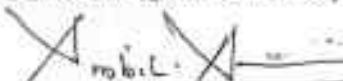
Sl	Subject	Name & Address of Hospital/ Institution	Period From To	Hours Attended
1	Community Health Nursing	PHC Cheranelloor	1/6/2007- 30/06/2007(I year),04/08/2008- 16/08/2008(II year),05/01/2009- 15/02/2009(III year)	582 160
2	Midwifery	Lakshmi Hospital ,Diwans Road, Ernakulam ,	1/11/2008 To 28/2/2009 and 1/4/2009 To 30/9/2009	790 180
3	Mental Health (Psychiatric) Nursing	Bethsada Mental Health Centre, Vengola,Perumbavoor, Ernakulam.	01/4/2008To 30/4/2008	216 120
4	Specialties like Cardiology, Neurology, Oncology Nephrology etc.	Medical Trust Hospital,M.G.Road ,Cochin  Lakshmi Hospital ,Diwans Road ,Ernakulam	1/07/2008 To 31/07/2008  2/1/2008 To 31/3/2008 and 2/6/2008 To 30/6/2008	863 240

Place: Ernakulam  
Date: 24/12/2013

Seal of the Institution



Name and Signature of Principal\*

  
PRINCIPAL  
SCHOOL OF NURSING  
LAKSHMI HOSPITAL  
ERNAKULAM

U.G.Ambily.MSc(N)

Principal

Lakshmi School of Nursing,  
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