

Silpa parameswaran

smrithimandhiran (H)

kavummanam (po)

kalpetta, Wayanad district.

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Objective

To seek a position as an optometrist in a reputed organization where my knowledge can be shared and enriched, at the same time being flexible & resourceful to the organization and working to my potential to achieve the goal of the organization.

Profile at a glance:

- ⇒ One year Internship at Al Salama Eye Hospital Limited Calicut as a consultant optometrist
- ⇒ Working as a Consultant optometrist at Dr chandrakath malabar nehralaya, Calicut
- ⇒ Attended several Eye camps organized by the hospital
- ⇒ Involved in various Article & Case presentations
- ⇒ Attended surveys conducted by Vision 2020

Core Competencies

- ❖ Highly energetic,
- ❖ Skillful
- ❖ Passionate
- ❖ Ability to improve visual standards of patients
- ❖ Time Management Skills
- ❖ Excellent Organizational Skill
- ❖ Very flexible
- ❖ Good learner

Clinical Experience

Optometrist (Internship)	Alsalama Eye Hospital, Calicut	Duration : 2017 July to 2018 June
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- ✓ Subjective & Objective refraction
- ✓ Orthoptic Examination
- ✓ Low vision
- ✓ Contact Lens
- ✓ IOL Master
- ✓ Biometry & Lacrimal syringing
- ✓ IOP measurements
- ✓ IPD Marking
- ✓ Automated Perimetry HFA
- ✓ Corneal topography
- ✓ Slit Lamp Examination
- ✓ Spectacle dispensing
- ✓ Emergency & Ocular management
- ✓ LASIK
- ✓ Colour Vision Testing
- ✓ Knowledge in Applanation Tonometry
- ✓ OCT and CCT, FF

Areas of Expertise

- * Refraction
- * Contact lens
- * Orthoptic Examination
- * Low vision
- * Biometry
- * Clinical optometry

Instrument Exposure

- * IOL Master
- * Videographic keratometer
- * Humphery field analyzer
- * Manual keratometry
- * Bio medix A-scan
- * Carl Zeiss OCT, FF and CCT

Software Exposure

Operating Systems	Windows XP
Software EMR Category	Blooray Medic-2

Project Synopsis

- Type of refractive error in school going children

Academia

- 2018 Bsc Optometry in Al Salama College of Optometry from Bharathiar University, Coimbatore.
- 2013 HSE, KERALA SYLLABUS
- 2011 SSLC, KERALA SYLLABUS

PERSONAL PARTICULARS

- Date of Birth: 26 may 1996
- Languages Known: Malayalam, English.
- Sex: Female
- Marital Status: Single

REFERENCE :

Anjali CK
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DECLARATION

I hereby certify that all the above information that I provided here is true to the best of my knowledge and belief.

PLACE : CALICUT

NAME : silpa parameswaran