

OBJECTIVE

For a challenging position as a professional, which gives the chance of proving my skills and abilities in the field that offers growth and experience while being resourceful, innovative and flexible.

EDUCATION

- . **St Joseph's College Autonomous, Bengaluru, Karnataka, India**
Masters in Social Work (2017- 2019)
- . **Madras Christian College, Chennai, Tamil Nadu, India**
Bachelor of Arts in English Language and Literature (2014 -2017)

EXPERIENCE

- . Field Work internship at **Medico Pastoral Association, Bengaluru, Karnataka (26-11-2018 continuing)**
Psychiatric Social Work
- . Field Work internship at **Kidwai Institute of Oncology, Bengaluru (21-6-2018 to 20-9-2018)**
Medical Social Work
- . Summer internship at **Plant Lipids, Kolenchery, Kerala (25-4-2018 to 29-5-2018)**
Worked with the HR and CSR departments
- . Field Work internship at **Baldwin Opportunity School, Bengaluru (30-11-2017 to 16-3-2018)**
Worked with children with special needs
- . Field Work internship at **Talaash Association, Bengaluru (13-7-2017 to 22-9-2017)**
Child labour rescue and women empowerment

ACADEMIC ACHIEVEMENTS

- . Presented a paper on '**The study of psycho social problems of parents of children with special needs in Kerala**' in the International Symposium on Emerging trends in Mental Health 2018 at Bengaluru
- . Presented a poster on '**The psycho social problems faced by women during their menstrual cycle and its consequences on their personal well-being as well as their professional productivity**' in the International Conference on The Implication Of Social Work Practice In Global World 2017 at Bengaluru
- . Event volunteer at Dr. Ambedkar International Conference 2017 held at GKVK campus, Bengaluru

CO-CURRICULAR ACHIEVEMENTS

- . Represented Team India at the Asian Junior and Cadet Fencing Championship 2013, Bangkok, Thailand
- . Represented Team India at the Asian Junior and Cadet Fencing Championship 2012, Bali, Indonesia
- . Secured Silver medal in National Cadet Fencing Championship 2012, Gwalior, Madhya Pradesh
- . An active volunteer in various program committees for cultural/sports events in college and school
- . Member of the student office bearers in school

SKILLS

Effective team player
Fine leadership
Self-motivated and Determined

LANGUAGES

Malayalam
English
Tamil