

CURRICULUM VITAE



Email ID : Manjupjose1@gmail.com
Phone No : +919744773950

MANJUMOL P JOSE

HIGHLIGHTS OF QUALIFICATIONS.

- Worked effectively in an interdisciplinary team to provide complete patient care
- Excellent communication, skills and proven ability to communicate effectively.
- Possesses contagious enthusiasm towards learning new skills
- Exhibits and honest work ethic with the ability to excel in fast-paced, time sensitive environment
- Superior motivate skills
- Basic computer knowledge and good experience in Electronic Medical Recording system

EDUCATIONAL QUALIFICATIONS.

- S.S.L.C : St. Augustine's High School, Peringulam. 2001
- Higher secondary : St. Anthony's Higher Secondary School, Poonjar. 2003

MEDICAL QUALIFICATIONS.

- Post Basic B.Sc. Nursing : Kerala university of health sciences ,Trissur ,September 2018
- General Nursing & Midwifery : Nursing Council for Nurses and Midwives. Govt of A.P 2007-Aug.
- HAAD licensure examination for practical nurse : 4th July 2012 from INDIA

PROFESSIONAL ORGANIZATION.

- Trained Nurse Association of India : Reg No: 68570
- Nursing council for Nurse and Midwives
- Indian Nursing Council

EXPERIENCE.

- Medical & surgical , : Vijay Marie Hospital, Hyderabad 2007 Oct - 2009 Oct.
- Neonatal Intensive Care Unit. : Star hospital Hyderabad, 2010 Jan – 2012 Feb.
- Intensive Critical Care Unit. : Universal hospital, Abu Dhabi June 2013- December 2015.
- Maternity Ward.

CLINICAL EXPERIENCE.

UNIVERSAL HOSPITAL ABU DHABI

June 2013 – December 2015

- ❖ Served as Licensed Practical Nurse .Effectively cared for Obstetrics patients at this multi specialty hospital

JOB DESCRIPTION.

- Licensed Practical Nurse – Maternity Ward
- Effectively provided complete care for post partum mothers and new born babies
- Cared for obstetrical patient recovery unit and expertly managed the care of high risk patients with hypertension bleeding and other post-partum complications
- Assisted parents for integrating new baby into their family program
- Maintained and established excellent breast feeding routines
- Provided complete patient and family education on activity, exercise, health maintenance, hygiene nutritional support etc.
- Ensure each patient received compassionate care and emotional support
- Completed observational shifts in the neonatal icu ,labour and delivery and breast feeding clinic

STAR HOSPITAL, HYDERABAD, INDIA.

2010 Jan - 2012 Feb.

- ❖ Worked as a staff nurse in 17 bedded I.C.C.U in 130 bedded hospital specialized in cardiac, nephro and neuro.

JOB DESCRIPTION

- ❖ **Staff nurse – Intensive critical care unit**
- Provide direct patient care to critically ill patients like coronary artery disease ,acute MI, hypertension, ARDS, acute asthma ,COPD ,seizures, acute and chronic renal failure ,sepsis ,CVA, and surgical patients like CABG ,angiogram ,angioplasty, valve repair, ASD & VSD closure, craniotomy, aneurysm repair ,I aminectomy, tracheostomy
- Assist doctors in performing medical and diagnostic procedures like mechanical intubation , central venous catheterization ,arterial cannulation ,,chest drain insertion, pleural effusion , pericardiocentesis ,tracheostomy. lumbar puncture
- Monitor patients' physical status such as vitals and cardiac activity,
- Perform emergency nursing procedures
- Assess patients' individual care needs and chart out care plans to meet those needs
- Take and record vitals in regular intervals
- Evaluate and interpret diagnostic tests
- Respond immediately to life saving situations like CPR
- Administer fluids and injections in accordance to treatment plans
- Monitor and adjust specialized equipment
- Make necessary changes in patient care plan in accordance to patient's varying needs
- Perform necessary physical examinations
- Educate patients and provide emotional support
- Take and record patients' histories
- Asses pain levels of patients to determine need for sedation
- Collect specimens for laboratory tests
- Document findings on patients' assessments

- Reduces the risk of disease transmission by applying standard infection control policies
- Ensure that all equipment is running smoothly and handle any malfunctions
- Provide families and patients with information on how to deal with illnesses and injuries
- Facilitate the discharge procedure by ensuring that all information is relayed to the head nurse and the accounts departments
- Handled with equipment's like ventilators, defibrillators, cardiac monitors, syringe pumps, infusion pumps, laryngoscope, ABG machine, IABP machine, suction apparatus, and warmers.

VIJAY MARIE HOSPITAL , HYDERABAD

1-10-2007 To 31-10-2009.

- ❖ Worked as a staff nurse in one year neonatal intensive care unit and one year medical & surgical ward in Vijay Marie hospital. it is a 200 bedded teaching hospital having specialties' in I.C.U, NICU, Operation theatre, outpatient department, emergency, labor room, antenatal and postnatal ward, medical & surgical ward, pediatric ward & immunization with all supportive faculties

JOB DESCRIPTION

❖ Staff nurse – neonatal intensive care unit.

- Assessed new born conditions
- Served as the support system for newborn parents
- Took care of infants in incubators ,ventillators,and CFL
- Taught parents about basic child care
- Helped in treating babies with congenital deformities ,meconium aspiration syndrome, preterm respiratory distress syndrome ,IUGR, hypoglycemia ,pneumonia ,neonatal jaundice ,sepsis , thrombocytopenia, diaphragmatic hernia etc
- Independently carried out the procedures like administration of oxygen, iv cannulation ,collection of specimens for investigation , naso gastric tube feeding ,care of wounds and dressing , ryles tube insertion ,nebulization ,transfusion of blood and blood products ,etc
- Recorded health status of babies
- Administration of medications (oral ,intravenous ,intramuscular ,intra dermal subcutaneous etc)
- Implemented physician orders for all assigned patients
- Reduces the risk of disease transmission by applying standard infection control policies
- Performed admissions ,discharge and transfer procedures

❖ Staff nurse - medical and surgical ward.

- Further developed effective medical and surgical interventions and treatments
- Developed excellent therapeutic communications with patient and family members
- Collaborated with various health care professionals to provide excellent patient care
- Exposed to various interlinked health disorders and physical complications
- Exposed and practiced medical and surgical treatments and interventions
- Maintained patient charts
- Pre and post-operative care
- Preparation of patient for diagnostic procedures
- Catheterization
- Active and passive exercises
- Chest physiotherapy
- Nebulization and steam inhalations
- Gastric lavage
- Surgical wound dressing
- Administration of medications
- Reduces the risk of disease transmission by applying standard infection control policies

- Scheduled patient discharges and admissions

CERTIFICATIONS.

- Basic life support and advanced cardiac life support
- ECG and pharmacology

PERSONEL PROFILE.

- Name Manjumol P Jose.
- Father name Jose.
- Date of birth 25/10/1985
- Gender Female.
- Nationality Indian.
- Passport number K4296251
- Marital status Married.
- Languages known English, Hindi and Malayalam.
- Address Manjumol p Jose
Puthenpurackal (h)
Peringulam p.o.
Poonjar via.
Kottayam dist.

DECLARATION.

I humbly declare that all the particulars given above are true and correct to the best of my knowledge and belief.

Manjumol p Jose

Place : Peringulam.

Date : 29 /1/2019