

CURRICULUM VITAE



BEENA BABY

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Contact No.:

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Personal Details:

Date of Birth: 09-09-1989

Age: 27

Sex:Female

Marital Status: Married

Religion: Christian(RC)

Nationality: Indian

Languages Known: English, Telugu,
Malayalam

Home Address:

Thekkeputhenpurayil House

Kothamangalam

MA College P.O

Ernakulam Dist

Kerala

Pin-686691

Extracurricular activities and Hobbies:

Reading books, Listening music &
Travelling.

Objective:

To become a competitive and flexible staff and to widen my spectrum of knowledge to reach top of my professional growth.

Highlights:

Dedicated, efficient and responsible individual, able to work and maintain good relations with patients and staff.

Education Qualification

- 1 SSLC (2005)
- 2 PUC (2007)
- 3 General Nursing And Midwifery (2011)
- 4 Post Basic BSC Nursing(2014)

Certificate of Registration:

- 1) The Andhra Pradesh Nurses, Midwives, Auxiliary Nurses-Midwives and Health Visitors Council
Midwives Register No. – 114959
Nurse Register No. – 115394
- 2) The Karnataka State Nursing Council
PB.BSC Register No. – 12V5508
- 3) Kerala Nurse and Midwives Council
Nurse Reg.No - 81967

Experiences in India

1. St. Joseph's Hospital Mary Land, Visakhapatnam 300 bedded Hospital
Staff Nurse in Casualty and Medical Surgical Ward.
2. Lisie Hospital Ernakulam 750 bedded Hospital **Staff Nurse**
Nephrology Unit.

PROFESSIONAL PROFILE:

SL.NO	DEPARTMENT	DURATION	YEAR	INSTITUTION
1.	Medical and surgical unit.	1 Year	16-04-2011 to 15-06-2012	St. Joseph's Hospital Mary Land Visakhapatnam
2.	Nephrology Unit	1 Year	16-11-2015 to 30-	Lisie Hospital

			11-2016	Ernakulam
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EDUCATIONAL PROFILE:

PB BSc

SEMESTER	INSTITUTION	YEAR	UNIVERSITY	% OF MARKS
II	Sri. Venkateshwara College of Nursing	2014	Rajiv Gandhi University of Health Science.	69%
I		2013		61.8%

Diploma:

SEMESTER	INSTITUTION	YEAR	UNIVERSITY	% MARKS
IV	St. Joseph's Hospital, School of Nursing Mary Land Visakhapatnam	2011	Board of Examination for General Nursing and Midwifery. Directorate of Medical education : Andhra Pradesh	79%
III		2010		76.4%
II		2009		74.2%
I		2008		71.6%

Pre – Degree

CLASS	INSTITUTION	UNIVERSITY/BOARD	YEAR OF PASSING	% OF MARKS OBTAINED
SSLC	St. Sebastian's Higher Secondary School Kuttikkad	Government of Kerala	March 2005	74%
PUC	Govt. Higher Secondary School Chaipankuzhi	Government Of Kerala Board of Higher Secondary Examination	June 2007	68%

Job Experience:

Following nursing processing in assessing, planning, implementing, evaluating on going daily individual patient care. Pre-op and post-op surgical I procedures; laparotomy, cholecystectomy, Appendectomy etc.

Emergency patient Procedures:-

Resuscitating during cardiac arrest and respiratory arrest. Assisting and performing CPR, Assisting in endo-tracheal intubations

- Monitoring fluid electrolyte balance- administering I.V fluids, monitoring and maintaining adequate record of intake and output.
- Maintaining patient air way –tracheal, oral and nasal suction as required, adequate chest physiotherapy to mobilize the secretions, steam inhalation, mobilization and oxygen administration.
- Administering drug- oral, sub lingual, intravenous, intra dermal, subcutaneous, intramuscular, drugs and fluids via infusion pumps.
- Care of narcotics and their records.
- Care of drain, wounds and bedsores

- Monitoring Glasgow comma scale
- Care of nasogastric feeding
- Urinary catheterization
- Bladder training by periodic clamping and releasing
- Giving urinary antiseptics and bladder wash catheter care
- Care of surgical dressing.
- Maintaining records and reports.
- Meeting hygienic needs of the patient.
- Health teaching of the patient and family
- Assisting the various procedures such as:
- Arterial blood gas analysis
- Intubation
- Electrocardiogram
- Lumbar Puncture
- Central line Placement
- Pleural fluid aspiration
- Preparing the patient for various investigations, such as MRI, CT scan , USG etc.
- Collection of blood ,urine, sputum, Pus swabs etc for investigation



Equipment's used:

- ECG Machine
- Syringe Pumps&Infusion Pumps
- Suction apparatus
- ECT Machine
- Glucometer &Nebulizer,
- Sphygmomanometer&Thermometer
- Cardiac monitors
- Laryngoscope
- Ambu bags
- Pulse Oximeters.

<p>Areas of Nursing Care Given</p>	<ul style="list-style-type: none"> ▪ Receiving the patient ▪ Arranging all IV lines and drains ▪ Monitor vital signs ▪ Managing psychiatric emergencies, and patients ▪ CPR ▪ Check RBS by using Glucometer ▪ Administrating Medicine, Fluids and TPN through infusion and syringe pump ▪ Assisting in intubation and extubation, IV therapy ▪ Assisting in ICD, NG and NJ tube ▪ Assisting in procedures such as Lumbar Puncture, bone Marrow aspiration and biopsy paracentesis ▪ Insertion of urinary catheter and care ▪ Tracheostomy care &Nebulisation ▪ Sample collection-Blood, Urine, Sputum and ABG studies. ▪ Aseptic wound management ▪ Central Oxygen and suction ▪ Teaching breathing and coughing exercises. ▪ Pain and fever management ▪ Monitoring I/O, Monitoring CVP
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- Monitoring arterial BP
- Blood Transfusion
- Chemotherapy
- Preparation of patient for ECT and Assisting for direct and modified ECT

Case Experience:

- Diabetic mellitus, surgical dressing etc.
- Accident care, MI, HTN, Neurological disorders and infections.
- Gastro intestinal disorders, Respiratory disorders, cancer

Strengths:

- Excellent Communication skills.
- Fluency in spoken and written English.
- Well versed in Internet Electronic mail, know to operate computer.
- Hardworking, responsible and capable of self-correspondence.
- Committed & growth oriented.
- Ability to negotiate and listen to the needs of patients.
- Management skills.
- Willing to take responsibility.
- Leadership Qualities.
- Able to work in tight schedules
- Good presentation skills

References:

1)Sr. Clare Administrator St. Joseph's Hospital Mary Land-530002 Vishakhapatnam. India Ph: 0891-2706974,2563808	2) Sr. Balajoicy Nursing Superintendent St. Joseph's Hospital Mary Land-530002 Vishakhapatnam. India Ph: 0891-2706974,2563808
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DECLARATION:

I hereby declare that the above furnished information's are true to the best of my knowledge & belief. I am in possession of original certificates and will produce the same on demand.

Date:

Thanking you

Place: Ernakulam

BEENA BABY