

# CURRICULUM VITAE

## CHINJU VARGHESE



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BSc Nursing (Register No.KL03201703882)

## CONTACT ADDRESS:

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Ernakulam (Dist.)  
Kerala, India  
Pin : 683544

## CAREER OBJECTIVE

“Seeking a growth oriented and challenging career in nursing and patient care in professional reputed hospital where I can apply my knowledge and skills to the best of my abilities”.

## EXPERIENCE PROFILE

SL NO	PERIOD	DURATION	DESIGNATION	DEPARTMENT	NAME OF THE INSTITUTION
1	06-01-2017 to 31-06-2017	6 Months	Junior Staff Nurse	Gynecology	Moulana Hospital, Perinthalmanna, Malappuram
2	01-07-2017 to Present	1 Year and 7 months	Staff Nurse	Gynecology	Moulana Hospital, Perinthalmanna, Malappuram

- Total Working Experience: 2 Years and 1 Month in Gynecology.
- Name of Hospital: Moulana Hospital (ISO 9001 – 2000 certified) Malappuram, Kerala.

## HOSPITAL INFORMATION

Moulana Hospital, Perinthalmanna, 550 Bedded multi-specialty referral Hospital started in 1990 with all specialties and seven super specialty departments. The hospital is equipped with 10 operation theatre and 9 ICU units including Neuro Surgery. This is the first and only hospital in our district doing Renal Transplant & Cardio Thoracic Surgery. The hospital has got Full-fledged heart care center. Moulana Heart Foundation with fully Flat Panel Cath Lab and Cardio Vascular Surgery. This hospital also having several super specialty wing like Neurology, Neurosurgery, Orthopedic, Level 3 Trauma

care, urology, Nephrology with dialysis unit, Renal transplantation unit, IVF specialty, General surgery department with hernia clinic, Ophthalmology, Gastrointestinal medicine, Gynecology and Obstetrics, ENT, Plastic surgery, Respiratory, OFMS and Oncology.

**Range of services:**

- Approved Renal Transplant Surgery Centre.
- Centre of excellence in Brain & Spine and Trauma Care.
- Centre of excellence in Hip & Knee Replacement Surgeries.
- 1st center in district having Full-fledged Sports Surgery Unit

**Highest number in Lap. Bariatric surgeries, Laparoscopic Surgeries.**

- 1st Cardio Vascular and Thoracic Surgery Unit in the District.
- Performs Key Hole Surgery for Shoulder Dislocation.
- Highest number of Phaco Procedures for Cataract and first Lasic Laser center in the District.
- Full-fledged Infertility management Unit.
- Centre of excellence in Stapler Haemorrhoidectomy. (Maximum number of cases performed in country)

**Casualty**

- 24 hours Trauma care unit
- Snake bite unit
- Burns unit
- Accepts all type of patients with medical and surgical conditions

**Mobile ICU**

- Well-equipped mobile ICU with ventilator.

**PROFESSIONAL QUALIFICATION**

Qualification	Name of the Institution	Name of The Board/ University	Year
B.Sc Nursing	Crescent College of Nursing, Alathur, Kerala	Calicut University	2009- 2017

**REGISTRATION**

Name of the Board/ University	Registered As	Year	Registration No.
Kerala Nurses & Midwives Council	Staff Nurse	2017	KL03201703882

## ACADEMIC QUALIFICATION

Name of the Course	Name of the Institution	Name of Board	Year of passing
Secondary School Leaving Certificate.	Govt. Girls High Secondary School, Perumbavoor	Board of Examinations, Kerala	2007
Higher Secondary Examination	G.A.E.M.HSS, Mannoor	Higher Secondary Board of Examination, Kerala	2009

## EQUIPMENTS HANDLED

- Thermometer
- BP Apparatus
- Gluco meter
- Pulse oxymeter
- Nebulizer
- Syringe Pump
- Suction Apparatus
- Steam Inhaler
- Ambu Bag
- Airways
- Oxygen Cylinders
- Hot water Bags
- Water Bed & Alpha Bed
- Laryngoscope
- Faeto Scope

## JOB RESPONSIBILITIES

- Preparation of the unit.
- Carry out admission and discharge procedure.
- Bed making.
- Keeping the unit clean and tidy.
- Care of the patient before and after surgery.
- Giving and removing of urinal, Bed pan, Hot water bag and Ice Cap etc.
- Performing chest physiotherapy.
- Taking care of surgical wounds under aseptic technique.
- Administering oxygen therapy.
- Administration of emergency drugs and dangerous drugs.
- Administration of blood and blood products.

- Administration of medicine.
- Insertion of Ryles tube, Intravenous lines, and urinary catheters.
- Tracheotomy care.
- Suture removing procedure.
- Care of dying and death.
- Providing health education and Psychological support to the patient and relatives.
- Monitoring vital signs and maintaining of intake and output chart.
- Maintaining of head injury chart.
- Collection of specimen.

## **PROCEDURES LEARNT**

- Gynecology
- Ryles Tube Insertion
- Stomach Wash
- Catheterization
- Suctioning
- Blood Transfusion
- Bladder Wash and Irrigation
- Colostomy Care
- Colostomy wash
- Data recording and Reporting
- Nebulization
- Ambulation
- Suture Removal
- Suturing
- Dressing
- New born assessment
- New born care
- PV examination
- Episiotomy care
- Antenatal Assessment
- Postnatal Assessment

## **ACCOMPLISHMENT**

- A hardworking person with a strong sense of co-operation and strict adherence to discipline and dedication.
- Enthusiastic and committed to maintain quality and efficiency.
- Good organizational skills and optimistic.
- Self-confident and positive attitude person.
- Timely conscious in discharging my duties to the entire satisfaction of my superiors.

## **PERSONAL ATTRIBUTES**

- Industrious.
- Adapts to new working environment easily.
- Sociable, good team member.
- Empathetic and
- Understanding nature.
- Utilizes all educational opportunities.
- Able to handle emergency situations.
- Devoted to service.

## **LANGUAGES KNOWN**

- Fluent in English & Malayalam

## **HOBBIES**

- Drawing, Painting
- Listening to music.
- Reading books
- Traveling

## **MY STRENGTHS**

I am myself motivated, I can communicate reasonably well. I have a good level of emotional intelligence to get along with different types of patients & colleges and I can keep myself cool in hard times. I am trained to be proactive.

## **PASSPORT DETAILS**

Passport No: P0094104

Issue Date: 18/04/2016

Expiry Date: 17/04/2026

Issue Place: Cochin

## **PERSONAL DETAILS**

Date of birth: 07/06/1992

Gender: Female.

Marital status: Single

Father: C Y Varghese

Nationality: Indian

Religion: Christian

## **REFERENCE**

**Ms. SARASWATHY**

Nursing Superintendent

Moulana Hospital

Perinthalmanna

Ph: 04933-300600

**Dr. K.A.SEETHI**

Medical Superintendent

Moulana Hospital

Perinthalmanna

Ph: 04933-227148

## **DECLARATION**

I hereby declare that the above given information is true to the best of my knowledge and belief and can be supported by relevant certificates and documents

Place: Perumbavoor

Date: 21-01-2019

**CHINJU VARGHESE**