

ANJU ABRAHAM (MSN RN)

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Ernakulam, Kerala 686681**

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OBJECTIVE

Seeking a challenging post as **Clinical Instructor / Staff Nurse** within the healthcare industry.

ATTRIBUTES

Strong academic background; holder of a **Master Degree in Nursing** [Child Health Nursing] with **67%** aggregate.

Total more than **2.10 years** of nursing experience in the ICU (PICU).

Proficient in giving conceptual knowledge.

Trilingual: English, Hindi, Malayalam

EMPLOYMENT HISTORY

Health Care Provider: **Indraprastha Apollo Hospital, New Delhi, India**

Time Period: 15th September 2015 to 14th July 2018

Department: PICU

[Indraprastha Apollo Hospitals, New Delhi is the First Hospital in India to be Internationally Accredited by Joint Commission International (JCI) consecutively for the fourth time. It is one of the best multi-speciality tertiary acute care hospitals with over 950 beds in India and the most sought after destination in SAARC region for healthcare delivery. Latest and Best-in-Class Medical technologies like PET-MR, PET-CT, Da Vinci Robotic Surgery System, BrainLab Navigation System, Portable CT Scanner, Novalis Tx, Tilting MRI, Cobalt based HDR Brachytherapy, DSA Lab, Hyperbaric Chamber, Fibroscan, Endosonography, 3 Tesla MRI, 128 Slice CT scanner and many more are used to provide world-class care.]

ACADEMIC QUALIFICATIONS

Master of Science in Nursing (Child Health Nursing) • 2015

Rufaida College of Nursing [Hamdard University] • New Delhi, India

Bachelor of Science in Nursing • 2012

Santhosh Medical College [CCS University] • U.P, India

Higher Secondary School • 2007

Board of Higher Secondary • Kerala, India

Secondary School Leaving Certificate • 2005

Board of Public Education • Kerala, India

AREAS OF EXPERTISE

NURSING

- Maintaining an awareness of clinical and professional developments in nursing care.
- Always observing strict hygiene and safety rules and ensuring that visitors also observe them.
- Ensuring that the correct reporting and administrative procedures are followed.
- Preparing patients for surgery by administering drugs, anesthetics and injections.
- Observant enough to be able to detect any changes in a patient's health.
- Maintaining, sterilizing and laying out surgical instruments.

PERSONAL

- Able to maintain confidentiality of information relating to patients, staff & other Health Service business.
- Giving information, emotional support and reassurance to patients and relatives.
- Ability to maintain concentration for long periods under stressful conditions.
- Mentally and physically strong, able to deal with highly emotional situations.
- Promoting and upholding standards according to the highest codes of practice.
- Effective communication skills.

LICENSES

Delhi Nursing Council Registration

Uttar Pradesh Nurses and Midwives Council

SPECIALIZED TRAINING

Nursing Research approved by Delhi Nursing Council Subject: **A Study to Develop and Evaluate Clinical Learning Environment Evaluation Scale (CLEES) For Student Nurses in a Selected College of Nursing Of Delhi, India.**

- Innovation in Educational System.
- Pre- Conference Workshop -NRP for nurses.
- IAP-NNF Neonatal Resuscitation Program.
- Synergizing Technology & Humanism in Neonatal Intensive Care.
- Advanced Neonatal Ventilation.
- Dissemination of Initiatives towards Task Shifting and Strengthening Midwifery Education for RMNCH.
- Nursing Trends in India.
- Emerging Issues in Youth and Adolescents: A National Consultative Meet.
- Decoding the Can in Cancer: A Proactive Approach.
- Geriatric Care.
- INDUS-EM 2011.
- Research Paper- Publication, Citation Analysis & Impact Factor.

GENERAL CAPABILITIES AS STAFF NURSE

- Assess, plan, implement and evaluate assigned patient care with appropriate supervision from admission until discharged from the unit.
- Maintain accurate and complete intelligent records of nursing care in the observation of Patient, including patient's condition, medication, and treatment received.
- Recognize and interpret symptoms, plan nursing intervention, and implement plan for care to the patient.
- Identify and determine the priority of the patient's problem and needs thorough, continuous observation and precise nursing assessment.
- Render comprehensive care to the admitted ill patient, utilizing nursing process in accordance with established priorities towards preventive, creative and rehabilitative aspect of the therapy

DUTIES AND RESPONSIBILITIES

- Admission procedures, nursing Assessment.
- Monitor vital signs, cardiac monitoring.
- Collection of Specimens.
- Administration records and reports.

- Inventory Checking.
- Assist Physical and Psychological needs of the patients.
- Pre-operative and Post-Operative Care of the patients.
- Assigning duties and responsibilities.
- Checking the accuracy of all equipment's concerned with the procedures.
- Maintain accurate nursing records and follow-up.
- Maintain a good nurse patient relationship.
- Assumes shift in charge duties as directed by supervisors.
- Assisting the doctors in performing any diagnostic and invasive procedures like insertion of central line, arterial line, PICC line, ICD, intubations etc.

Name of Equipment Used

Ventilators, Cardiac Monitor, BIPAP, Defibrillator, Syringe Pump, Flow Meter, Suction Apparatus, BP Apparatus, Bair Hugger, Laryngoscope, ECG Machine, Crash Cart, Centralized O2 & O2 Cylinder, Nebulizer, Infusion Pump, Pulse Oxymeter, Glucometer, Airvo, ABG Machine, Alpha Bed / Air Mattress

Special Procedures Done

Assisted for Intubation and Extubation, Assisted for ICD Setups, Catheterization and Ryles Tube Insertion, Venous Cut Section, Emergency, Critical Cares, Assisted for bedside Tracheostomy, Insertion & Removal of CVP and ABP Line, Assisted Bronchoscopy and Laryngoscopy, Assisted for Femoral Line Insertion and Cavafix Line Insertion, Suctioning, Assisted for Lumbar Puncture.

Special Procedures Assisted

Endo tracheal Intubation, Bone marrow Aspiration, Lumbar Puncture, Wound Dressing & Tracheostomy, Central Line Insertion, Arterial line Insertion

PERSONAL DETAILS

Nationality	: Indian
Gender	: Female
Date of Birth	: 24/04/1990
Religion	: Christian
Marital status	: Married

REFERENCES

Dr. Nameet Jerath
 Pediatric Intensive
 Indraprastha Apollo Hospital
 Sarita Vihar, New Delhi -110076
 Ph:-09873391910

Dr. Anita Sikand Bakshi
Pediatric Intensive
Indraprastha Apollo Hospital
Sarita Vihar,
New Delhi-76
PH:- 09810048305

Mrs. Seema Gupta
ICU Incharge
Indraprastha Apollo Hospital
Sarita Vihar, New Delhi-110076
PH:- 9971770638

DECLARATION

I do hereby declare that the above furnished particulars are true and correct to the best of my knowledge and belief.

Ernakulam

Anju Abraham

January 2019