**RESUME**

Name : **LEYA THOMAS**

Age : 26

Gender : Female

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**Post Applied For : Lecturer in Physiotherapy**

**Career Objective**

Highly Dedicated , enthusiastic and disciplined competent ‘ Physiotherapist ’ seeking for a stable position of Lecturer in physiotherapy , Where I can share my knowledge with the theoretical concept along with sincere contribution for the improvement of student and growth of the organization and climb up the ladder of success to the height of popularity and respect.

**Professional qualification**

* Master of physiotherapy ( Musculoskeletal and sports): 2016 -2018 from Medical Trust College of Physiotherapy, MTIMS, Ernakulam, affiliated to Kerala University of Allied Health Science, Thrissur, Completed with First Class
* Bachelor of Physiotherapy( 2010-2015) from BCF College of Physiotherapy, Vaikom , affiliated to KUHS , Thrissur, completed with Second class .

**Academic Qualification**

* HSE Board passed in the year 2010, studied at Infant Jesus Bethany Convent Girls Higher Secondary School, Manarcad, Kottayam with 75% marks.
* SSLC passed in the year 2008, studied at MGEMHSS, Njaliakuzhy, Vakathanam , Kottayam with 78% marks

**Dissertation work**

“ Effect of Square- Stepping Exercise in improving lower extremity strength, cadence and confidence among female geriatric population”.

**Personal Qualities**

* Excellent interpersonal skills
* Excellent planning, organizational and negotiation strengths.
* Excellent communication skills in written and verbal both
* Ability to lead, reach consensus, establish goals and attain result.
* Showing tolerance and patience when dealing with students.
* Ability to demonstrate different methods, actions and positions.

**Key Responsibilities Handled**

* Maintaining and updating diaries in a clear and concise manner .
* Manage the teaching plan for students
* Provide them practical knowledge.
* Identify the weak points of students.
* Supervising the abilities of students
* Capable of reviewing patients’ medical reports and referral notes from other medical practitioners to recommend appropriate physiotherapy to patients recovering from surgeries, accidental injuries and other disorders.
* Expertise in suggesting proper physiotherapy routines to patients using support of different walking device.
* Ability to provide quality health service by complying with the state’s regulations.
* Collaborated with colleagues to assess, diagnose as well as provide treatment to patients in tertiary care setting having actual or potential impairment, pain, functional limitations or disabilities .
* Collaborated and communicated with patients’ family members, caregiver, and physiotherapy assistant to ensure the delegation of assigned exercises continues to be appropriate and reconvened patients progress reports modifying therapy.

**Work Experience /Teaching experience**

* No Experience
* Taken pedagogy for second year and third year Physiotherapy students at Medical Trust College of Physiotherapy, Ernakulam.

**Clinical Experience**

* Undergone clinical postings during the PG curriculum, treated injuries of people with physical restrictions, created treatment programs for patients as per their age and convenience, while supervising/ guiding other members in their work group.
* Undergone postings in sports-field during the PG curriculum.
* Performing routine physical therapy assessments and inspections.
* Maintaining a high standard of work professionalism at all times as a medical team member.
* Participated as a medical team member in fitness evaluation camp for athletic personnel’s in relation with their area of sporting event.

**Summary of skills**

* Possess extensive knowledge of different physical/ equipment exercises used for relaxing muscle tension, reducing pain, and improving mobility in patients suffering from movement-related illnesses.
* In-depth information on wholesome physiotherapy sessions needed for various medical conditions, including heart ailments, musculoskeletal conditions, sport-related injuries.

**Declaration**

I hereby declare that the above information is true to the best of my knowledge. I promise to satisfy my superiors to the best of my ability.

Place : Signature

Date :

**LEYA THOMAS**