

CURRICULUM VITAE



Miss Sunithamohan

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Passport No : M0197693

Date of issue : 17/07/2014

Date of expiry : 16/07/2024

Place of issue : Cochin

Personal Details:

Father's Name : Mohanan EN

Date of Birth : 25/03/1993

Sex : Female

Marital Status : Single

Religion : Hindu

Nationality : Indian

Language : Hindi English
Malayalam

Address for Communication:

Elamkuttikkad
Champakara P.O.
Karukachal
Kottayam District
Kerala-686540

OBJECTIVES:

To become a competitive and flexible staff and to widen my spectrum of knowledge to reach top of my professional growth.

HIGHLIGHTS:

Completed **GNM Nursing** and Working in a **NABH , JCI** Accredited Hospital. Dedicated, efficient and responsible individual, able to work and maintain good relations patients and staff.

EDUCATIONAL QUALIFICATION:

Course	Institution	Board/ University	Year	% of Marks
SSLC	Govt. HSS Thottakkad	State Board, Kerala	2008	92
PLUS TWO	Govt. HSS Thottakkad	State Board, Kerala	2010	90
GNM (Nursing) & Midwifery	Bharath School of Nursing, Karappuzha Kottayam	Kerla University	2014	88

PROFESSIONAL EXPERIENCE:

Sl. No	Institution	Year	Ward / Unit
1.	Om Premia Super Specilaity Hospital, Haryana	19 th Nov. 2014 to 30 th April 2016	General
2.	Max Multi Super specialty Hospital Saket	26 th Sept.2016to 1 st June 2018	CTVS Ward

DUTIES AND RESPONSIBILITIES :-

- Monitoring vital signs and recording
- Doing rounds with doctors
- Assisting duty for staff members
- Taking ECG
- Knowledge and use of oxygen devices like O2 Nasal Canula, Simple mask, centure mask, Non rebreathing and rebreathing mask Nebulizer
- Proper hand washing before and after every procedures
- Assisting surgeons for dressing suturing and suture removal
- Preparing patients for surgery
- Rendering direct nursing care, administration of blood and blood products
- Insertion of urinal catheter
- Maintaining fluid balance, giving injections via IM, IV, intra dermal and subcutaneous etc.
- Insertion of IV canula, N.G. tube caring of central line and maintaining total parental nutrition
- Provide bedside care
- Special care giving to the patients with coma stage
- Carryout the orders of physicians regarding medications and injections.
- Caring the patients with a range of conditions
- I have also been entrusted with the special care of diabetic patients, insulin injections and monitoring urine & blood sugar etc.
- Managed ward in a regular basis
- Carryout order sand provide treatment accordingly
- Helping to meet the physical and emotional needs of each patients.
- Maintaining those patients relationship

PROCEDURES DONE IN MEDICAL AND SURGICAL WARD:-

- Proper hand washing before and after every procedure
- Monitor vital signs
- IV canula insertion and IVF therapy
- Collection of blood samples and other specimens sent to the laboratory with proper identification
- ECG Recording
- Nasogastric tube insertion, gastric lavage
- Assisting surgeons for dressing, suturing and suture removal etc.
- Foley's catheterization
- Intravenous and intramuscular medication
- Application of skin traction, Thomas splint, Cervical collar etc.
- Admission and discharge procedure
- Prepare the patient for X-Ray, Ultrasonography, TMT, 2Decho, MRI, CT Scan, Endoscopy, Colonoscopy
- Assist the doctors in performing procedures
- Neurological assessment of head injury patient, Nebulizations.

MEDICATION ADMINISTRATION :-

- Oral
- Intra muscular
- Intravenous :- IV push , Infusion , Arterial Line
- Rectal
- Drugs for resuscitation
- Narcotic drugs
- Sedative drugs
- Dopamine / Dobutamine
- Anticonvulsive drugs
- Chemo drugs

Miss. SURITKA NIGMAN

EQUIPMENT HANDLED :-

- Infusion pump (AKAS , BRAUN)
- Cardiac monitor (PHLIPS, PLANET)
- Electronic Thermometer
- Blood sugar monitor (ACCU CHECK)

PROFESSIONAL REGISTRATION :-

Registered Nurse and Midwife, Kerala Nursing Council, Thiruvananthapuram

REFERENCE :-

❖ Available on Request

DECLARATION

I do here by declare that the information furnished above is true to the best of my knowledge and belief. I assure you that if I get an opportunity to work in your esteemed institution. I shall be honest, obedient and hard working .

Place :

Date :

Miss. SUNITHA MOHAN