

Curriculum Vitae- Dr. Tinu Alby

Name: Dr. Tinu Alby

Age: 31 yrs.

Date of birth: 17/11/1987

Father's Name: Mr. Alby Augustine

Mother's Name: Mrs. Treesa Alby

Marital status: Single

Languages: Malayalam, English, Telugu, Hindi, Kannada and Tamil.

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Objective:

To make a difference in this world with the knowledge that I have gained over the years and the knowledge I intend to gain in the future. To make as much contributions as possible in the field of Otorhinolaryngology and Head and Neck Surgery. After I have left this world I would like to be remembered as a good human being and a good doctor.

Present Position:

- Completed training and passed DNB in Otorhinolaryngology on December 2018 under The National Board of Examinations

- Completed Diploma in Oto-rhino-laryngology and Head and Neck Surgery (DLO) on 30.04.2015
- Completed MBBS with 12months of compulsory rotatory internship on 19.03.2012.

Credentials:

- Diplomat of National Board (DNB) in Otorhinolaryngology: 2016-2018 Under National Board of Examinations. From Yashoda Super-Specialty Hospital, Malakpet, Hyderabad.
- Diploma in ENT (DLO): 2013-2015 Jawaharlal Nehru Medical College, Belagavi (Belgaum), Karnataka. Under KLE University, Karnataka (Registered under Karnataka Medical Council Reg. No: 95468)
- M.B.B.S.: 2006-2012 (Including the 12-month rotatory internship): Kasturba Medical college, Manipal, Karnataka. Under Manipal University
- Classes 11th and 12th: Model Technical Higher Secondary School, Kaloor, Ernakulam Kerala
- SSLC: Holy Infants' Boys' High School, Varapuzha, Ernakulam, Kerala

Clinical Experience (April 2011 – ONGOING):

- Currently working in Department of ENT & HNS since March 2016, with Dr. Nagendra Mahendra, a renowned senior ENT surgeon, in Yashoda Super-Specialty Hospital, Hyderabad
- Basic training in managing out-patient, in-patient departments and wards.
- Worked in the Department of ENT & HNS in KLES Dr. Prabhakar Kore Hospital, Belgaum as junior resident for 2 yrs.
- Worked in Department of Plastic and Reconstructive Surgery in KLES Dr. Prabhakar Kore Hospital, Belgaum for 15 days as part of PG curriculum.

- Worked in Vijaya ENT Care Centre, Bangalore under Dr. H Vijayendra for 15 days as part of PG curriculum.
- **Acquisition of basic surgical skills in ENT** -Performed Endoscopic sinus surgeries, various rigid and flexible endoscopic procedures, emergency procedures, adenotonsillectomies, septoplasties, tympanoplasties etc.
- Assisted in Canal wall up/down mastoidectomies, Tracheostomies, Functional Endoscopic Sinus Surgeries (FESS), Micro-laryngeal Surgeries (MLS), Laryngeal frameworks surgeries, Septorhinoplasties, ossiculoplasties, thyroidectomies and head and neck oncosurgeries.
- Experience working under departments- General Medicine, General Surgery, Psychiatry, Radiodiagnosis, Anaesthesia, Paediatrics, ENT, Ophthalmology, OBG and Community Medicine during Internship. Also worked in, Manipal Assisted Reproductive Centre (MARC) a Division of Reproductive Medicine for one month, ICU and Paediatric Haematology- Oncology.

Research Work/ Presentations/Awards:

Research work:

1. Thesis on Laryngeal manifestations of Gastroesophageal Reflux Disease (GERD) as part of the DNB program and it was approved and accepted by The National Board of Examinations
2. Study on- Prevalence of Hashimoto Thyroiditis among patients with differentiated Thyroid Carcinoma- under the Nuclear Medicine Department, KMC, Manipal. Got selected for Short Term Research Studentship program of Indian Council of Medical Research

Paper presentation:

3. Cutaneous implantation of submandibular pleomorphic adenoma: An unusual presentation, Paper presentation at Telangana State and South Zone ENT conference 2016 in Hyderabad
4. Cerebral venous Thrombosis as complication of Chronic Otitis Media in a child. Paper/Poster presentation at Radio ENT conference 2014, Mangaluru
5. Tinu Alby. Prevalence of Thyroglobulin Antibody among patients with differentiated Thyroid Carcinoma in the West Coastal Belt of Indian Subcontinent. At- **SIMSCON 2011**, Pondicherry.

Publications

6. Cutaneous implantation of submandibular pleomorphic adenoma: An unusual presentation. Published in INSIGHT, Journal published by Yashoda Hospitals, Hyderabad

Prizes and Awards:

1. First Prize in scientific paper presentation at SIMSCON 2011.

Conferences/ CMEs Attended:

1. AOI TS CON – 2018 – 4th Telangana State Conference, September 2018, Siddipet, Telangana
2. CME on Recent Advances in Otolaryngology, ESIC Medical College & Hospital, Hyderabad, September 2018

3. AOI TS CON – 2017 – 3rd Telangana State Conference, September 2017, SVS Medical College, Mahabubnagar
4. 5th International Rhinoplasty and Facial Plastic Surgery Workshop, August 2017, Care Hospitals, Hyderabad
5. National Seminar on Implantable Hearing Solutions, February 2017, Apollo Hospital, Hyderabad
6. AHEAD 2017, Head and Neck Conference February 2017, Amrita Institute of Medical Sciences, Kochi
7. AOI TS & South CON 2016 2nd Telangana State and South Zone conference, October 2016, Hyderabad
8. ISOCON 2016, Otolaryngology Conference, November 2016, Calicut, Kerala
9. OSACON 2015, Workshop on Obstructive Sleep Apnoea, Sunrise Hospital, Kochi
10. AOI South Zone 11th South Zone and 14th Kerala State Annual ENT Conference, TRENDTCON 2015, Thrissur.
11. Radio ENT Live 2014 Conference, Mangaluru
12. Karnataka State and South Zone ENT conference 2014, Bangaluru
13. Workshop on Sialendoscopy, Belagavi
14. Live International Otolaryngology Network (LION) 2014, Belagavi
15. CME and Live surgical workshop on Phonosurgery 2014, Mangaluru
16. JNMC Scientific Society Annual CME 2015, Belagavi

17. Eighth Radiology CME on “Past, Present, Future”, Dharwad
18. JNMC Scientific Society Annual CME 2014, Belagavi
19. Suvarna JNMC National ENT CME & Live Surgical Workshop 2013, Belagavi
20. South Indian Medical Students Conference (SIMSCON) 2011
21. Karnataka State Obstetricians and Gynecological Association (KSOGA) 2011

Extracurricular activities:

- Member of Lions’ Club International KLES Campus Club, Belgaum since 2013
- Member of organizing committee as secretary and chief advisor for cultural events by the Malayalee Association of KMC, Manipal- Keli, for 5years.
- Strong interest in photography as a hobby
- Keen interest in English and Malayalam movies, series and music
- Interest in computers, smart phone, cameras and various other gadgets

Other achievements:

- Diploma in Computer Operation degree from Rajiv Gandhi Institute for Computer Education, Paravur, Kerala
- Participation in college events like Group dance, mad ads etc.
- School Chairman for 2 years.
- Prizes for quiz events at school and district levels and participation in state level.
- Prizes for Catechism exams at Diocese and Archdiocese levels.
- Prizes for public speaking and storytelling at school level and inter school level.