

CURRICULUM VITAE



NAME : Mrs.SINITHA ANTONY

DATE OF BIRTH : 24-02-1989

GENDER : FEMALE

NATIONALITY : INDIAN

MARIETAL STATUS : MARRIED

SPOUSE NAME : PAULSON XAVIER

FATHER'S NAME : ANTONY

ADDRESS : SINITHA ANTONY
D/O ANTONY THAMARACHAL
KIZHAKKAMBALAM P.O, ALUVA, ERNAKULAM (D)
KERALA(S), INDIA PIN:683562

PRESENT ADDRESS : SINITHA ANTONY
W/O PAULSON XAVIER
MURIKKAL (H)
VARIKKOLI P.O
PUTHENCROUZ,ERNAKULAM (D)
KERALA (S), INDIA PIN:682308

PASSPORT NUMBER : N 1200959

CONTACT NUMBER : +91 8129633431 , +966 530604651

E MAIL : sinithapaulson10@gmail.com

EDUCATIONAL QUALIFICATION

Sl.no	Education	Name of the school	Board	Year of passing
1.	S.S.L.C	Bthlahem girls High school Njaralloor	State Board	2005
2.	Plus two	Govt. Higher Secondary School	State Board	2007

PROFESSIONAL QUALIFICATION

Sl.no	Education	Name of the College	University	Year of Passing	Kearala Reg.no.
1.	Bsc.Nursing	Roohi college of Nursing Banglore	Rajiv Gandhi University of Health Science Karnataka	<u>2012</u>	<u>31261</u>

LANGUAGES KNOWN

Mother Tongue	Malayalam
To Speak	Malayalam,Hindi,English,Tamil,Kannada,Arabic
To Read	Malayalam,English,Hindi

DUTIES AND RESPONSIBILITIES

- *Assessment, planning, implementation & evaluation of the nursing care requirements of their allocated patients.
 - *Share professional knowledge & skills with all colleagues.
 - *Demonstrate nursing procedures & supervise junior nurses & student nurses & par nursing staff.
 - *Organization & management of nursing care.
 - *Maintain the core value of the profession.
 - *Efficient recording of all necessary documentation.
 - *Timely identification & communication of any issues to ward manager.
 - *Maintain an effective interdisciplinary communication process.
 - *Participating in all ward & hospital nursing communication process.
 - *Attend all mandatory education sessions.
- Be a preceptor to students & newly appointed staff.
- Preparation of instrumental trolley.
 - Hand over the patient to OT & receiving the patient from ICU.
 - Monitor FHS with Doppler & fetoscope.
 - Monitor vital signs.
 - Scrubbing for cases.
 - Pre & post operative care for LSCS patients & hysterectomy Patient.

EQUIPMENT USED	PROCEDURES CARRIUEDOUT
Infusion Pumps	Injections-IM,IV,SC
ECG machine	IV Canulization
Pulseoximeter	Blood Transfusion

Nebulizer	Nasogastric tube insertion
Suction apparatus	Foley's catheter insertion
Glucometer	Wound Dressing
Spirometer	Elastic Bandage Application
Syringe Pump	Suture Removal
Fetal Doppler	Monitoring CVP

WORKING EXPERIENCE

- Lissie Hospital Ernakulam
OBG Department
(From 14/03/2013 to 14/03/2015)
- Lotus Hospital, HSR Layout, Bangalore
Gynecology Ward
(From 18/04/2015 to 25/06/2016)
- Maternity and Childrens Hospital
Al-Hassa, Hofuf
Kingdom of Soudi Arabia
(From 09/08/2016 to 18/07/2018)

DECLARATION

I here by declare solemnly that the information furnish above is true and correct to the best my knowledge and beliefs.

Yours Obediently,
Siniitha Antony

No. E 078121

818A96H 1938A93 1286186



GOVERNMENT OF KERALA

GENERAL EDUCATION DEPARTMENT
SECONDARY SCHOOL LEAVING CERTIFICATE
(Issued under the Authority of Government of Kerala)

SECONDARY SCHOOL LEAVING CERTIFICATE EXAMINATION

Register Number : 259750

Month & Year : March 2005 No. of Chances : 1



This is to certify that the candidate herein has appeared for the SSLC Examination and secured the following scores and grades.

Name of School : BETHLEHEM GIRLS H S NJARALLOOR, KIZHAKKAMBALAM P O

Admission No. : 7812

1. Name : SINITHA ANTONY

2. Name in Regional Language : സിന്ധ അന്റോണി

3. Sex : FEMALE

4. Date of Birth (in figures) : 24/02/1989

(in words) : TWENTYFOURTH FEBRUARY NINETEEN EIGHTY NINE

5. Religion and Caste : CHRISTIAN, ROMAN CATHOLIC

6. Place of Birth : KORATTY

7. Nationality : INDIAN

8. Name of Father/Guardian * : ANTONY V.A.

9. Name of Mother : KOCHUTHRESSIA ANTONY

10. Home Address : VEMBILLY, THAMARACHAL KIZHAKKAMBALAM P.O. - 683 562.

11. Identification Marks :

1. A BLACK MOLE ON THE CHIN.
2. A BLACK MOLE ON THE FOREHEAD.



SR. VALSA A. V.
HEADMISTRESS
Name & Signature of Head of the Institution with Date
NJARALLOOR-683 562

[Signature]
06.05

Subject	Score Obtained			Positional Grade	Grade in words
	CE* (Max - 10)	Theory (Max - 50)	Total		
First Language Paper - I (Malayalam)	9	47	51	A	A only
First Language Paper - II (Malayalam)	8	37	45	B+	B plus
English Paper - I	8	30	38	B	B only
English Paper - II	8	33	41	B	B only
Hindi	9	42	51	A	A only
Social Science Paper - I	8	25	33	C+	C plus
Social Science Paper - II	10	31	41	B	B only
Physics	9	30	39	B	B only
Chemistry	9	21	30	C+	C plus
Biology	9	24	33	C+	C plus
Mathematics Paper - I	9	25	34	C+	C plus
Mathematics Paper - II	9	28	37	B	B only
Information Technology	10	17	32	A	A only
Practical (Max - 05)	5	(Max - 25)			

GRADE RANGE
A+ 90% and above
A 80 - 89
B+ 70 - 79

Outstanding
Excellent
Very Good

B 60 - 69
C+ 50 - 59
C 40 - 49

Good
Above Average
Average

* C.E : Continuous Evaluation
Marginal 30 - 39
Need Improvement D 20 - 29
Need Improvement E Below 20

(i) Minimum Eligibility for higher study is D+ Grade for each Paper.

(ii) Grades are on a nine-point scale.

ELIGIBLE FOR HIGHER STUDIES



[Signature]
V. SANU
SECRETARY

Board of Public Examination, Kerala

3633D35 3J43J33 3174987



GOVERNMENT OF KERALA
BOARD OF HIGHER SECONDARY EXAMINATION
HIGHER SECONDARY EXAMINATION (CLASS XII)

No. HSE 192632

CERTIFICATERegister
Number**3129021**

This is to certify that Mr/Ms. **SINITHA ANTONY**.....appeared for the
HIGHER SECONDARY EXAMINATION (SCIENCE GROUP) held in **MARCH 2007**.....

He/She is **ELIGIBLE**..... for higher studies.

The Scores and Grades obtained by the Candidate are shown below :

SUBJECTS	SCORES								Grade Obtained	Grade in Words
	CE		PE		TE		TOTAL			
	Score Obtained	Max. Score	Score Obtained	Max. Score	Score Obtained	Max. Score	Score Obtained	Max. Score		
PART I										
ENGLISH	18	20			49	80	67	100	B	B only
PART II										
HINDI	17	20			72	80	89	100	A	A only
PART III (Optionals)										
PHYSICS	17	20	16	20	27	60	60	100	B	B only
CHEMISTRY	18	20	20	20	18	60	56	100	C+	C plus
BIOLOGY	18	20	19	20	25	60	62	100	B	B only
MATHEMATICS	19	20			26	80	45	100	C	C only

Eligibility for Higher Studies : D+ or above for all subjects



Place : Thiruvananthapuram

Date : 22/05/2007

SECRETARY
 Board of Higher Secondary Examinations,
 Government of Kerala.



R032018011457

Kerala Nurses And Midwives Council



REGISTRATION CERTIFICATE



This is to certify that

SINITHA ANTONY

having undergone a

B.Sc. Nursing programme at *Roohi College of Nursing, Bangalore*
from *September 2007 to March 2012* has passed the examination conducted
by the *Rajiv Gandhi University of Health Sciences, Karnataka* held in
March 2012

and is permitted to practice as a Nurse and Midwife under the provisions of the
Nurses and Midwives Act, 1953.

The number assigned to her in the Register is **31261** dated **1st November**
2012.

The Registration Certificate is renewed on **23rd October 2018**
and valid upto **22nd October 2023.**

Digitally signed by
VALSA K PANICKER
Date: 23.10.2018 16:27:14 IST

Registrar

Kerala Nurses and Midwives Council

PROF. VALSA. K. PANICKER

Registrar

Kerala Nurses and Midwives Council

Red Cross Road

Thiruvananthapuram-695 035

0170073

Register No :
ನೋಂದಣಿ ಸಂಖ್ಯೆ : 048200

THE KARNATAKA STATE NURSING COUNCIL
ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶುಶ್ರೂಷಣೆ ಪರಿಷತ್ತು

Registration Certificate
ನೋಂದಣಿ ಪ್ರಮಾಣ ಪತ್ರ

[Karnataka Nurses, Midwives, and Health Visitors Act. 1961]
(೧೯೬೧ರ ಕರ್ನಾಟಕ ಶುಶ್ರೂಷಣೆ, ದಾದಿಯರು ಮತ್ತು ಆರೋಗ್ಯ ಸಂದರ್ಶಕರ ಅಧಿನಿಯಮ)

[Karnataka Act. No. 4 of 1962]

೧೯೬೨ರ ಕರ್ನಾಟಕ ಅಧಿನಿಯಮ ಸಂಖ್ಯೆ ೪

(Rule 7(3) Part III of the Rules of the Karnataka Nursing Council)
ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶುಶ್ರೂಷಣೆ ಪರಿಷತ್ತಿನ ನಿಯಮಾವಳಿಯ ನಿಯಮ ೭(೩) ಭಾಗ ಮೂರು.

This is to certify that Kum.

ಈ ಮೂಲಕ ಪ್ರಾಮಾಣಿಕರಿಸುವುದೇನೆಂದರೆ ಕುಮಾರಿ.



SINITHA ANTONY

Born On

24-02-1989

ಹುಟ್ಟಿದ ದಿನಾಂಕ

Appeared for examination under Reg No

07N 9446

has

ಹಾಜರಾದ ಪರೀಕ್ಷಾ ನೋಂದಣಿ ಸಂಖ್ಯೆ

ಇವರು

satisfactorily completed the prescribed course of Theoretical & Practical Training

ನಿಗದಿತ ತಾತ್ವಿಕ ಮತ್ತು ಪ್ರಾಯೋಗಿಕ ತರಬೇತಿಯನ್ನು ತೃಪ್ತಿಕರವಾಗಿ

from

05-Sep-2007

to

30-Mar-2012

ದಿನಾಂಕ ರಿಂದ

ರವರೆಗೆ

in the institution

ROOHI COLLEGE OF NURSING; BANGALORE

ತರಬೇತಿ ಸಂಸ್ಥೆ

the prescribed examination in

BSC NURSING (March-2012)

was admitted

ನಿಗದಿತ ಪರೀಕ್ಷೆಯನ್ನು

ಇವರು

on

18-Aug-2012

to the register maintained under the

ದಿನಾಂಕ

ರಂದು ೧೯೬೧ರ ಅಧಿನಿಯಮದ ಉಪಬಂಧಗಳ

provisions of the Karnataka Nurses, Midwives and Health Visitors Act, 1961 and

ಮೇರೆಗೆ ಶುಶ್ರೂಷಣೆ ದಾಖಲಾತಿ ನೀಡಿ, ಇವರು ನೋಂದಾಯಿತ ಶುಶ್ರೂಷಣೆ ಮತ್ತು ದಾದಿ

she is entitled to use the title of Registered NURSE and MIDWIFE.

ಎಂಬ ಪದವಿಯನ್ನು ಹೊಂದಲು ಮತ್ತು ಉಪಯೋಗಿಸಲು ಹಕ್ಕುಳ್ಳವರಾಗಿರುತ್ತಾರೆ.



Bangalore
ಬೆಂಗಳೂರು

Date : 18-Aug-2012
ದಿನಾಂಕ

Signed on behalf of
Karnataka State Nursing Council
ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶುಶ್ರೂಷಣೆ ಪರಿಷತ್ತಿನ ಪರವಾಗಿ

R.N.
Registrar
ರಿಜಿಸ್ಟ್ರಾರ್

ಕ.ಸಂ. 0150031



ರಾಜಿವ್ ಗಾಂಧಿ ಆರೋಗ್ಯ ವಿಜ್ಞಾನಗಳ ವಿಶ್ವವಿದ್ಯಾಲಯ
ಕರ್ನಾಟಕ



RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES
KARNATAKA
ಸಿನಿತ ಆ್ಯಂಟೋನಿ

ರವರು, ಪದವಿಗೆ ಯಥಾ ಯೋಗ್ಯವಾದ ಅವಶ್ಯಕತೆಗಳನ್ನು
ಮಾರ್ಚ್ 2012 ರ ಪರೀಕ್ಷೆಯಲ್ಲಿ ಪೂರೈಸಿರುವರೆಂದು ದೃಢೀಕರಿಸುತ್ತಾ
ಬ್ಯಾಚುಲರ್ ಆಫ್ ನೈನ್ಸ್ ಇನ್ ನರ್ಸಿಂಗ್ ಬೇಸಿಕ್

ಪದವಿಯನ್ನು ಕುಲಾಧಿಪತಿ, ಸಮಕುಲಾಧಿಪತಿ, ಕುಲಪತಿ ಹಾಗೂ ಸೆನೆಟ್ ಮತ್ತು ಸಿಂಡಿಕೇಟ್ ಸದಸ್ಯರುಗಳಾದ

ನಾವು ೨೫ನೇ ಮಾರ್ಚ್ ೨೦೧೩ ರಂದು ನಡೆದ ೧೫ ನೇ ಘಟಕೋತ್ಸವದಲ್ಲಿ

ವಿಶ್ವವಿದ್ಯಾಲಯದ ಅಧಿಕಾರ ಮುದ್ರೆಯೊಡನೆ ಪ್ರದಾನ ಮಾಡಿದ್ದೇವೆ.

*We, the Chancellor, the Pro-Chancellor, the Vice-Chancellor and the
members of the Senate and the Syndicate confer*

BACHELOR OF SCIENCE IN NURSING (BASIC)

on

SINITHA ANTONY

in recognition of fulfillment of the requirements for the said

Degree in the examination held during MARCH 2012

Given under the seal of the University, in the

15th Convocation held on 25th March 2013



Sinitha Antony

Vice-Chancellor



Bengaluru Date : 25/03/2013



Reg. No. : 07N9446

College : ROOHI COLLEGE OF NURSING, BANGALORE

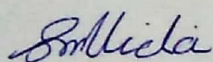
27th March, 2015

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Ms. Sinitha Antony** has been working as a **Staff Nurse** in the department of **Obstetrics & Gynaecology Department** from 14th March, 2013 to 14th March, 2015.

Lisie hospital is a 750 bedded multi-super specialty hospital under the Archdiocese of Ernakulam-Angamaly with all major departments like General Medicine, General Surgery, Paediatrics & Neonatology, ENT, Orthopaedics, Ophthalmology, Obstetrics & Gynaecology, Dermatology, Psychiatry, Dental etc and super specialties like Uro-Surgery, Neuro-Surgery, Neurology, Nephrology & Toxicology, Cardiology & Cardio-Thoracic Surgery, ICU, CCU, Post Operative ICU, Accident & Trauma Care and 24 hours Casualty.

She had 65% attendance in the CNE Classes conducted in the Lisie Hospital. She is sincere, hard working and efficient in her duties. Her conduct and character were found good.



SR. VIDA MSJ
NURSING SUPERINTENDENT

SR.VIDA. M.S.J
NURSING SUPERINTENDENT
LISIE HOSPITAL
E.K.M, COCHIN-682018





LOTUS HOSPITAL



Date: 25th June 2016

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Ms. SINITHA ANTONY** worked as **Staff Nurse in Gynaecology Ward** in our Hospital from 18th April 2015 to 25th June 2016.

During her service period she was an efficient Staff (Nursing) in the Hospital and has shown consistent skill, dedication and professional competency in all that she has done in routine and emergency situations.

She was found to be sincere, hard working and responsible towards her work.

Her conduct and character was good.

We wish her all the best in her future endeavours.

Jessy Sam

Jessy Sam
(Nursing Superintendent)
NURSING SUPERINTENDENT
LOTUS HOSPITAL
H.S.R Layout, Bangalore-102.

Adhar

Dr. N. Sridhar Reddy,
MBBS, MS Ortho, FIAS
(Medical Superintendent)



المملكة العربية السعودية
وزارة الصحة
مستشفى الولادة والأطفال بالأحساء

M.C.H AL-AHSA

٢ هكتار ١٤٢٩



رئيس قسم التمريض

خلد بن راشد الغانم
KHALED RASHED AL GHANIM

EXPERIENCE CERTIFICATE

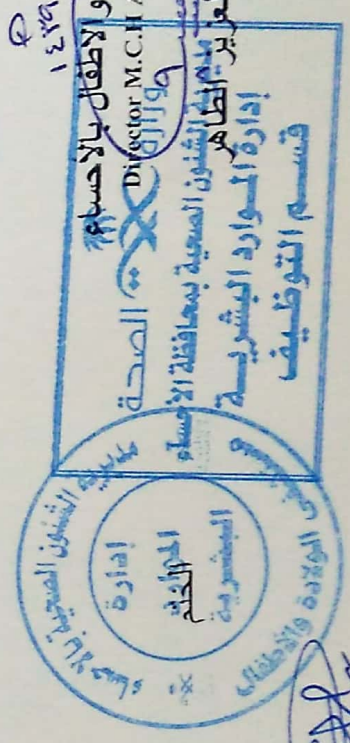
شهادة نهاية خدمة

THE DIRECTORATE OF M.C.H AL-HASSA
MR/MS/MRS/SINITHA ANTONY
IS CONTRACTED WITH M.O.H (AUTO CONTRACT)
AS (STAFF NURSE) EFFECTIVE FROM (09//08/2016)
TILL 18/07/2018 G).
HIS/HER SERVICES WAS FINISHED DUE TO THE
END OF HIS/HER CONTRACT UPON SELF REQUEST
THIS CERTIFICATE IS ISSUED UPON HIS/HER
REQUEST TO SUBSTANTIATION THE SERVICES IN
KSA .

تشهد ادارة مستشفى الولادة والاطفال بالأحساء بأن
السيدة/ سينثا انتني
قد عملت لدى وزارة الصحة (برنامج التشغيل الذاتي) بوظيفة
(أخصائية تمريض) إعتباراً من ١١/٠٦/١٤٣٧ هـ حتى تاريخ
١٤٣٩/١١/٠٥ هـ وتم إنهاء خدماتها والموافقة على عدم
تجديد عقدها الحالي بناء على طلبها ، وقد أعطيت هذه الشهادة
لإثبات مدة خدمتها.

مدير الشؤون الصحية بمحافظة الأحساء
Director Of General Health Affairs In Al- Hassa

عبدالله العمير



١٤٣٩
مدير مستشفى الولادة والاطفال بالأحساء
Director M.C.H Al- Hassa
الدكتور /
سعد بن عبدالعزير الظاهر
قسم التوظيف
ادارة الموارد البشرية

RECOMMENDATION

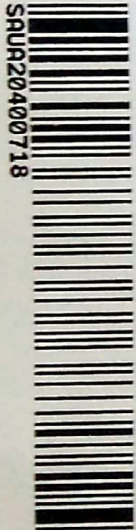
Re: *SINITHA ANTONY*

To Whom It May Concern:

This is to certify that Ms. Sinitha Antony was employed as Staff Nurse in Post – Caesarian Section Department from August 9, 2016G (06/11/1437H) up to July 18, 2018G (05/11/1439H) in Maternity and Children Hospital, Al-Hassa, Hofuf, Kingdom of Saudi Arabia.

She is a good example of a diligent, industrious and hard working staff with good relationship with her superiors and colleagues. She performs all her duties very well even under pressure. She is punctual in work with knowledge of the ethics of the medical profession.

I wish all her success in the future and have no hesitation in recommending Ms. Sinitha Antony. to any institutions that may need her services.



Mrs. Sarah Yahya Safem Al Sabati
Director of Nursing
Maternity and Children's Hospital Al-Ahsa
Kingdom of Saudi Arabia
Telephone No.: +966-13-5942500
Extension No.: 1414

S. No
Seal & signature of the Royal
Ministry of Foreign Affairs
RIYADH ATTESTED.

The Embassy of India, Riyadh
does not accept any responsibility
to the contents of the document



J. Singh
(JAGPAL SINGH)
ATTACHE
EMBASSY OF INDIA
RIYADH

11 MAY 2018

تصادق وزارة الخارجية (نزع التمسك التدريجية)
على صحة الختم والتوقيع دون
مؤوليتها عن المحتويات

١٢٢٩ هـ



رئيس قسم التصديقات
خالد بن راشد الغانم
KHALED RASHED AL GHANIM