

VINEETHA JEEVAN

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IOC Reg No :12 2016 1716

Assignments in Vision Care

Career Objective

- ⇒ To pursue higher studies and undertake research in vision science
- ⇒ To participate actively as an optometrist in the vision care provided to the public.
- ⇒ To enter an energetic platform, ideally in a stable position where my education, skills and experience in the field of Optometry can be utilized and developed and hopefully further my career opportunities

Career Sketch

From April 2016 till June 2018 at Ahalia Foundation Eye Hospital, Palakkad as Optometrist

Assignments

- ⇒ Refraction (Objective & Subjective)
- ⇒ Contact lens management
- ⇒ Orthoptic Assessment
- ⇒ Biometry
- ⇒ Keratometry
- ⇒ Ultrasound A scan
- ⇒ Pediatric vision taking
- ⇒ Glaucoma clinic work-up (HFA, Pachymetry, OCT)
- ⇒ Retina clinic (OCT, Fundus Photo)
- ⇒ Slit Lamp Biomicroscopy
- ⇒ Contact lens management
- ⇒ Specular Bio-microscopy
- ⇒ IOP Measurement
- ⇒ Orbscan
- ⇒ Low vision
- ⇒ Community Camps & School Screening Programs
- ⇒ Trained for Joint Commission International Accreditation (JCI)

Academia

- ⇒ **B.Sc Optometry** (3 + 1) year Bachelor Degree, Ahalia School of Optometry, Ahalia Foundation Eye Hospital Palakkad, Kerala University of Health Science (KUHS), Kerala (2011-2015)
- ⇒ Plus Two – Central Board of Secondary Education, Saraswathy Vidyanikethan Central School, Kodakara, Thrissur , Kerala (2011)

- ⇒ SSLC – Central Board of Secondary Education, Saraswathy Vidyanikethan Central School, Kodakara, Thrissur, Kerala (2009)

Internship: 18th March 2015 – 18th March 2016

Institutions: Ahalia Foundation Eye Hospital Palakkad

Areas underwent training: Refraction, Slit Lamp Biomicroscopy, Contact lens management, Orthoptic Assessment, Biometry, Keratometry, Ultrasound A scan, Pediatric vision Taking, Orbscan, Glaucoma clinic, Retina clinic, Optical Dispensing, Community camps & School Screening Programs.

Projects

- ⇒ *Comparison between immersion technique and contact technique in axial length measurement for refractive outcome to Kerala University of Health Science (KUHS)*

Camps and Conferences

- ⇒ Attended CME at School of Optometry, Regional Institute of Ophthalmology, Thiruvananthapuram, Kerala on the topic CONTACT LENS AND LOW VISION AIDS (25th, 26th Jan 2014)
- ⇒ CME at Little Flower Hospital and Research Centre, Angamaly, Kerala on the topic VISION-2020: THE RIGHT TO SIGHT (5th, 6th July 2014)
- ⇒ CME at Ahalia Foundation Eye Hospital, Palakkad on the topic
- ⇒ Attended more than 400 Camps organized by Ahalia Foundation Eye Hospital along with Help Age India by government

Achievements

- ⇒ Completed 1 year internship at Ahalia Foundation Eye Hospital, Palakkad
- ⇒ Worked at Ahalia Foundation Eye Hospital, N.Paravur from April 4th 2016 till June 4th 2018

Personal Dossier

Date of Birth : 06-03-1993
Languages known : English, Malayalam, Tamil, Hindi
Nationality : Indian
Marital status : Married
Address : Madavana Mana
Puliyannam P.O
Angamaly

Reference

To be provided on request.

Declaration

This is to certify that all the above mentioned statement furnished by me is true to the best of my knowledge and belief

(Vineetha Jeevan)