

NADEESHA BASHEER

Mobile: +91-8891307805
+91-7907238378

Bismilla Manzil, Iron Bridge,P.O
Alappuzha , Kerala – 688011,
India

Email: nadeeshaninu1@gmail.com

CAREER OBJECTIVE:

To work in a reputed organization where I can innovate into new horizons and where I will be able to bring out my ability to develop new skills.

EDUCATIONAL PROFILE:

2016	NUTRITION AND DIETETICS	M.Sc
	St. Joseph's college for women, Alappuzha , Kerala	Institution
	Kerala university	University
	83%(Aggregate up to 4 th Semester)	Percentage
2014	CLINICAL NUTRITION AND DIETITICS	B.Sc
	Alphonsa college, Pala, Kottayam , Kerala	Institution
	Mahatma Gandhi University, Kerala	University
	82% (Aggregate up to 6 th Semester)	Percentage
2011	BIOLOGY SCIENCE (Botany, Zoology, Chemistry, Physics, Mathamatics)	Class XII
	Mohammadens Girls Higher Secondary School, Alappuzha, Kerala	Institution
	Kerala State Board	University

	82.5%	Percentage
2009	GENERAL.	Class X
	St. Antony's G.H.S Alappuzha, Kerala	Institution
	Kerala State Board	University
	89%	Percentage

EXPERIENCE

- Worked as dietitian in Mount Zion Medical college.
- Start working as a trainer in ASAP [DIET ASSISTANT COURSE]

ACHIEVEMENTS

- Successfully done one month hospital internship in Baptist Hospital, Bangalore (12th May, 2013- 12th - June 2013).
- Successfully done one and half month internship in PSG Hospital, Coimbatore (1th April 2015- 15th May, 2015
- Successfully done one and half month internship in CMC Vellore Hospital, Vellore, Chennai (1th Nov 2015- 15th Dec, 2015
- Attended ten days training for milk products at Dairy Training Centre, Kottayam, under Kerala State Dairy Development Department.
- Successfully done Diploma in Office Management with B grade at Alphonsa Institute of Computer Studies, Arunapuram, Pala, Kottayam, Kerala (July 2011-March 2012)
- Attended inter Collegiate Seminar on "THE ART OF HEALTHY AND HOLISTIC LIVING" held at Alphonsa College, Pala, Kottayam on 17th August ,2011.
- Participated in UGC sponsored National Seminar on "FUNCTIONAL FOODS: THE CURRENT PERSPECTIVE IN PREVENTIVE NUTRITION" held at Alphonsa College,
- Pala on 25th and 26th November, 2014.
- Successfully passed Sugama Hindi Exam conducted at 2009 by "Kerala Hindi Prachara Sabha".
- Participated in certificate course of "legal literacy" conducted by Kerala state legal services authority, 2007-2008.
- Attended Kerala Science Congress, 2015

- Got project assistance from Kerala Science Congress

PROJECTS:

B.Sc project

Nutritional assessment of housewives in pala town

M.Sc project

Effect of germination on antioxidant and phenolic content of chickpea and green pea.

PUBLICATIONS:

Article entitled 'The effect of germination on phenolic content and antioxidant activity of chickpea has got published in Vol 5, No 4 December 2016 issue of *JOURNAL OF RESEARCH, EXTENSION AND DEVELOPMENT.*

INTERESTS:

Reading Books

Hearing Music

Cooking

Travelling

PROFILE:

- Age: 24years
- Date of Birth: 01/03/1993
- Gender: Female
- Marital status: Married
- Father: Saheed Basheer

DECLARATION:

I hereby declare that the foregoing information are true and correct to the best of my knowledge and belief and that I have not concealed any information, which might affect my suitability for this project .

Place: **Alappuzha**

Date: 10/01/2018

NADEESHA BASHEER