

CURRICULUM VITAE

GISHA RILSON

W/o. Rilson Vincent,
Kanjirakadan House
Potta P.O.,
Chalaky.
Thrissur District, Kerala
Pin: 680722, India.
Mob: 8289907097

Position Desired

Staff Nurse.

CAREER OBJECTIVE :

To work in an inspiring environment so as to contribute the best of my abilities towards the growth and eminence of the organisation and acquired skilled training and hence emerge as an efficient and successful professional.

PERSONAL DETAILS

Name	:	GISHA RILSON
Date of Birth	:	11/09/1988
Sex	:	Female
Religion & Caste	:	Christian, RC
Marital Status	:	Married
Name of Husband	:	Rilson Vincent
Nationality	:	Indian
Health	:	Good
Height	:	163cm
Weight	:	60 kg
Languages Known	:	English, Malayalam, Hindi
Present & Permanent Address	:	Kanjirakadan House, Potta.P.O., Chalaky, Thrissur District, Kerala Pin: 680722, India Mob: 8289907097

PASSPORT DETAILS

Passport No : L6080728
Issue Date : 12/12/2013
Expiry Date : 11/12/2023
Place of issue : Cochin

ACADEMIC QUALIFICATION:

COURSE	INSTITUTION	BOARD – UNIVERSITY	YEAR OF STUDY
Diploma in Nursing	Metropolitan Health Care Pvt. Ltd., Thrissur.	Kerala Nurses & Midwives Council	2006 - 2010
Plus Two	V.H.S.E., Njarakkal Ermakulam	Kerala Board of Higher Secondary Examination	2006
SSLC	L.F.H.S., Njarakkal, Ernakulam.	Kerala Board of Public Exams	2004

REGISTRATION DETAILS**GENERAL NURSE & MIDWIVES**

Kerala Nurses & Midwives Council, India
Registration Date : 03/05/2010
Registration Number of Nurse & Midwives : 71113

CLINICAL RESPONSIBILITIES

Name of Hospital	Designation	Total Employment
Metropolitan Hospital, Thrissur.	Staff Nurse Medical and Surgical Ward .	24/09/2010 to 31/10/2011
Lisie Hospital, Ernakulam	Staff Nurse General Medical Ward, Urology Operation Theatre.	21/11/2011 to 25/07/2016

EMPLOYERS AND SERVICE PROFILE

Name of Hospital	: Metropolitan Hospital Pvt. Ltd., Thrissur.
Hospital Capacity	: 250 Bedded Hospital with Pediatrics, Orthopaedics, Casualty & Medical and Surgical ward.
Name of Hospital	: Lisie Hospital, Ernakulam.
Hospital Capacity	: 750 Bedded Multi Super Speciality Hospital, under the Archdiocese of Ernakulam-Angamaly with all major departments like General Medicine, General Surgery, Paediatrics, Neonatology, ENT, Orthopaedics, Ophthalmology, Obstetrics & Gynaecology, Dermatology, Psychiatry, Dental etc. and Super Specialities like Utero-Surgery, Neuro-Surgery, Neurology, Nephrology, Toxicology, Cardiology, Cardio-Thoracic Surgery, ICU, CCU, Post Operative ICU, Accident & Trauma Care and 24 hours Casualty.

PROFESSIONAL SKILLS ACQUIRED

- Used the knowledge of Nursing process to nursing care, making full physical assessment, planning, implementing nursing action and evaluating the effects.
- Assessment of vital parameters of the patient
- Preparation of the unit and admission of the patient
- Checked equipment/machine available are in good condition
- Maintained personal hygiene of the patient and initiated adequate intervention to prevent bed sore in bedridden patients
- Prepared suction machine, emergency drugs, transducers and other necessary equipments before emergency has come.
- Performed intravascular, intramuscular, intra dermal subcutaneous and oral drug therapy as per as doctors order.
- Taking blood sample from arterial/peripheral line for laboratory investigation and collected specimens as necessary.
- Performed 6 leads ECG as per doctors order.
- Maintenance of ABCDs of Basic life support
- Initiate and maintain cardio pulmonary resuscitation
- Followed strict aseptic techniques and isolation precautions to prevent nosocomial infection
- Acquired skill to provide holistic care to neurologically impaired patients, patients to undergoing palliative therapy and terminally ill patients.
- Performed careful in the handling of Surgical Instruments and Endoscopes and their disinfection.

EQUIPMENTS USED

Glucometer, Pulse Oxymeter, Syringe infusion pump, Suction machine, Nebulizer, Thermometer, BP Apparatus, Stethoscope, Ambubag, ECG machine, oxygen cylinder & Surgical Instruments, Endoscopes.

DECLARATION

I hereby declare that all statements made in this application are true and correct to the best of my knowledge and belief. Give me an opportunity and it will be my sincere endeavour prove my worth, by putting my heart and soul to a profession that I am deeply committed

Place: Potta

Date :



GISHA RILSON

D No. 018733



GOVERNMENT OF KERALA

SECONDARY SCHOOL LEAVING CERTIFICATE EXAMINATION

GENERAL EDUCATION DEPARTMENT
SECONDARY SCHOOL LEAVING CERTIFICATE

(Issued under the Authority of the Government of Kerala)

This is to certify that the candidate herein has appeared in the SSLC Examination and has secured the marks as follows



Name of School
L F H S NARAKKAL, NARAKKAL P O
Admission No. 11259

1. Name : GISHA VARGHESE.
2. Name in Regional Language: ഗിഷ റ്റാർഗ്ഗേസ്
3. Sex : FEMALE
4. Date of Birth (in figures) : 30/05/1988
(in words) : THIRTIETH MAY NINETEEN EIGHTY EIGHT
5. Religion & Caste : CHRISTIAN, SYRIAN CATHOLIC
6. Place of Birth : ANGAMALY.
7. Nationality : INDIAN
8. Name of Father/Guardian: VARGHESE .P.V.
9. Name of Mother : LISY .
10. Home Address : PULLAN HOUSE, NAVARAMBALAM .P.O. PIN-682509.

Register Number 466018
Month & Year March 2004
No. of Chances 1

Subject	Maximum	For the Paper	Subject Total	Marks in the Public Examination		Subject for a pass	Group	State Average
				In Figures	In Words			
GROUP A - Language FIRST LANGUAGE Paper - I Malayalam	50	30	65	129	ONE TWO NINE	20	90	27
Paper - II Malayalam	50	35						33
SECOND LANGUAGE English Paper - I	50	19	35	29	THREE TWO FOUR	10	20	15
Paper - II	50	16						17
THIRD LANGUAGE Hindi	50	29	29	29	THREE TWO FOUR	10	20	20
GROUP B - Subject SOCIAL SCIENCE Paper - I History & Civics Paper - II Geography & Economics	50	20	47	195	ONE NINE FIVE	20	120	21
SCIENCE Paper I - Physics	50	30						23
Paper - II - Chemistry	50	26	85	85	THREE TWO FOUR	20	20	22
Paper III - Biology & Health Science	50	29						22
MATHEMATICS Paper - I	50	38	63	324	THREE TWO FOUR	20	20	21
Paper - II	50	25						17
TOTAL	600							

(Marks : 480 and above First Class with Distinction : 360 to 479 First Class: 300 to 359 Second Class: 210 to 299 Third Class)

11. Signature of the Candidate :

Gisha

Prine Korian

Name & Signature of the Head of the Institution with Date

PRINCE KORIAN 31.5.04

PASSED

V.SANU

Secretary, Board of Public Examination, Kerala

Name & Signature of the Head of the Institution with Date



Board of Public Examination, Kerala



(School Seal)

Sl. No.: 055293



GOVERNMENT OF KERALA

BOARD OF VOCATIONAL HIGHER SECONDARY EXAMINATION

No. VE 13178

MEMORANDUM

Register
Number

23637

Shri/Smt. GISHA VARGHESE. is

awarded marks as detailed below in the Vocational Higher Secondary Examination held in

March 2006

Name of Vocational Course : Fisheries (Aquaculture)

SUBJECTS	Marks Awarded		Min. Marks	Max. Marks
	In figures	In words		
PART I				
English	35	Three, Five	35	100
GFC	22	Two, Two	18	50
PART II VOCATIONAL SUBJECT				
Theory	126	One, Two, Six	80	200
Practical	137	One, Three, Seven	75	150
Internal Assessment	82	Eight, Two	50	100
Total marks for Part I & II	402	Four, Zero, Two	...	600
PART III OPTIONAL SUBJECTS				
Physics-Theory	32	Three, Two	21	70
Physics-Practical	26	Two, Six	..	30
Total	58	Five, Eight	35	100
Chemistry-Theory	27	Two, Seven	21	70
Chemistry-Practical	26	Two, Six	..	30
Total	53	Five, Three	35	100
Biology-Theory	21	Two, One	21	70
Biology-Practical	29	Two, Nine	..	30
Total	50	Five, Zero	35	100

ELIGIBLE FOR HIGHER STUDIES



M. O. PUSHPENDRAN.

Place : Thiruvananthapuram

Date : 23/05/2006

SECRETARY

SI No. 074857



GOVERNMENT OF KERALA
STATE BOARD OF VOCATIONAL
HIGHER SECONDARY EXAMINATIONS
CERTIFICATE

No. VE 10129

Register
Number

23637

Sri/Smt. **GISHA VARGHESE.**

(Name) is awarded the certificate in Vocational Higher Secondary
Course in

Fisheries (Aquaculture)

He/She having completed the prescribed course of study of
two years and having passed the Final Examination held in
March 2006

He/She is placed in **First Class**

Thiruvananthapuram

Date : 23/05/2006



(Seal)

Gisha

Candidate's Signature

SECRETARY

STATE BOARD OF VOCATIONAL HIGHER
SECONDARY EXAMINATIONS
KERALA

KERALA NURSES AND MIDWIVES COUNCIL
Red Cross Road, Thiruvananthapuram - 695 035



MARK SHEET

Diploma in General Nursing and Midwifery

First year Examination held in **OCTOBER 2007**

Register No. **3715**

Name: **GISHA VARGHESE**

Paper	Subject	Max. Marks	Marks Awarded	Minimum For pass
Paper - I	Anatomy & Physiology Microbiology			
	Theory - Internal	25	13	12.5
	Council Exam.	75	38	37.5
	Total	100	51	50
Paper - II	Psychology & Sociology			
	Theory - Internal	25	13	12.5
	Council Exam.	75	49	37.5
	Total	100	62	50
Paper - III	Fundamentals of Nursing			
	Theory - Internal	25	13	12.5
	Council Exam.	75	41	37.5
	Practical - Internal	50	26	25
	Council Exam.	50	27	25
	Total	200	107	100
Paper - IV	Community Health Nursing - I			
	Theory - Internal	25	13	12.5
	Council Exam.	75	38	37.5
	Total	100	51	50
	Grand Total	500	271	250

Marks entered by: 

Checked by: 

Date: 25-07-2008





REGISTRAR

KERALA NURSES AND MIDWIVES COUNCIL
Red Cross Road, Thiruvananthapuram - 695 035



MARK SHEET

Diploma in General Nursing and Midwifery

Second year Examination held in **October 2008**

Register No. **3574**

Name: **GISHA VARGHESE**

Paper	Subject	Max. Marks	Marks Awarded	Minimum For pass
Paper – I	Medical Surgical Nursing I(Pharmacology)			
	Theory-Internal	25	13	12.5
	Council exam.	75	44	37.5
	Practical – I – Internal	25	13	12.5
	Council exam.	75	50	37.5
	Total	200	120	100
Paper – II	Medical Surgical Nursing II (Specialties)			
	Theory – Internal	25	13	12.5
	Council Exam.	75	30	37.5
	Total	100	43	50
Paper – III	Mental Health & Psychiatric Nursing			
	Theory – Internal	25	13	12.5
	Council exam.	75	38	37.5
	Practical – II	100	56	50
	Total	200	107	100
	Grand Total	500	270	250

Failed

Marks entered by: 

Checked by: 

Date: 28-08-2009



REGISTRAR



KERALA NURSES AND MIDWIVES COUNCIL
Red Cross Road, Thiruvananthapuram - 695 035



MARK SHEET

Diploma in General Nursing and Midwifery

Second year Examination held in **July 2009**

Register No. **675**

Name: **GISHA VARGHESE**

Paper	Subject	Max. Marks	Marks Awarded	Minimum For pass
Paper – I	Medical Surgical Nursing I(Pharmacology)			
	Theory-Internal	25	-	12.5
	Council exam.	75	-	37.5
	Practical – I – Internal	25	-	12.5
	Council exam.	75	-	37.5
	Total	200		100
Paper – II	Medical Surgical Nursing II (Specialties)			
	Theory – Internal	25	13	12.5
	Council Exam.	75	42	37.5
	Total	100	55	50
Paper – III	Mental Health & Psychiatric Nursing			
	Theory – Internal	25	-	12.5
	Council exam.	75	-	37.5
	Practical – II	100	-	50
	Total	200		100
	Grand Total	500	55	250

Marks entered by: Ris

Checked by: ai

Date: 11-08-2009



[Handwritten Signature]

REGISTRAR

KERALA NURSES AND MIDWIVES COUNCIL

Red Cross Road, Thiruvananthapuram - 695 035



MARK SHEET

Diploma in General Nursing and Midwifery

Third year Examination held in **September 2009**

Register No. **3490**

Name: **GISHA VARGHESE**

Paper	Subject	Max. Marks	Marks Awarded	Minimum For pass
Paper – I	Midwifery & Gynaecology			
	Theory - Internal	25	13	12.5
	Council Exam.	75	38	37.5
	Practical – I – Internal	25	13	12.5
	Council Exam.	75	43	37.5
	Total	200	107	100
Paper – II	Paediatric Nursing			
	Theory – Internal	25	13	12.5
	Council Exam.	75	45	37.5
	Practical – II – Internal	25	13	12.5
	Council Exam.	75	50	37.5
	Total	200	121	100
Paper – III	Community Health Nursing II			
	Theory – Internal	25	13	12.5
	Council Exam.	75	46	37.5
	Practical – III – Internal	25	13	12.5
	Council Exam.	75	50	37.5
	Total	200	122	100
	Grand Total	600	350	300

Marks entered by: *(6)*

Checked by: *(Signature)*

Date: 16-12-2009



(Signature)

REGISTRAR

KERALA NURSES AND MIDWIVES COUNCIL
Red Cross Road, Thiruvananthapuram - 695 035



MARK SHEET

Diploma in General Nursing and Midwifery

Fourth year (6 Months) Examination held in **MARCH 2010**

Register No. **3640**

Name: **GISHA VARGHESE**

Paper	Subject	Max. Marks	Marks Awarded	Minimum For pass
Paper – I	Educational Methods & Media for Teaching in Practice of Nursing & Research in Nursing			
	Theory – Internal Assessment for six months	50	36	25
	Council Exam	50	37	25
	Total	100	73	50
Paper– II	Professional Trends and adjustment, Administration and Ward Management & Health Economics			
	Theory – Internal Assessment for six months	50	39	25
	Council Exam	50	33	25
	Total	100	72	50
	Practical Evaluation			
	School Assessment	25	16	12.5
	Viva (Council Exam)	75	55	37.5
	Total	100	71	50
	Grand Total	300	216	150

Marks entered by: *R*

Checked by: *S*

Date: 03-05-2010



S. S. S. S.

REGISTRAR



TRICHUR METROPOLITAN HEALTH CARE (Pvt.) Ltd.

Thrissur - 680 007.

Phone : 2425123, 2425142



Ref. No.

Date: 31.10.2011

C E R T I F I C A T E

This is to certify that Miss. Gisha Varghese has been working as staff nurse in Surgical and Medical ward of this hospital from 24.09.2010 to 31.10.2011. She is efficient, smart and hard working.

Her character and conduct are good.

Mrs. Parijatham

NURSING SUPERINTENDENT

Dr. V.K. Gopinathan, M.D

MEDICAL SUPERINTENDENT



LH\HR\EXP\241\2016

26th July 2016

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Ms. Gisha Varghese** has been working as **Staff Nurse** in the department of **General Medical Ward, Urology Operation Theatre** from 21st November 2011 to 25th July 2016.

Lisie hospital is a 750 bedded multi-super specialty hospital under the Archdiocese of Ernakulam-Angamaly with all major departments like General Medicine, General Surgery, Paediatrics, Neonatology, ENT, Orthopaedics, Ophthalmology, Obstetrics & Gynaecology, Dermatology, Psychiatry, Dental etc and super specialties like Uro-Surgery, Neuro-Surgery, Neurology, Nephrology, Toxicology, Cardiology, Cardio-Thoracic Surgery, ICU, CCU, Post Operative ICU, Accident & Trauma Care and 24 hours Casualty.

She had 91.6% attendance in the CNE Classes conducted in Lisie Hospital. She is sincere, hard working and efficient in her duties. Her conduct and character were found good. She has availed Loss of Pay leave of 16 days during her above mentioned service period.

Thomas Vaikathuparambil

Fr. Thomas Vaikathuparambil
Director



Sr. Elsy

Sr. Elsy MSJ
Nursing Administrator



TO WHOMSOEVER IT MAY CONCERN

This is to certify that Miss. Gisha Varghese has been working in our institution in the operation theatre from 20th April 2015 to 25th July 2016 as a staff nurse. Her work experience includes exposure to Urology, Dental, Endoscopic & Laparoscopic surgeries and other surgical specialities and assisting anaesthesiologist for general and regional Anaesthesia.

LISIE Hospital is a multi speciality hospital in Kochi, Kerala. We have 16 operating rooms and handle close to 1000 surgeries per month, which includes around 75 major cardiac, 50 neurosurgeries and 4 renal transplants. Lisie medical institution has full fledged departments in Cardio thoracic, Neurosurgery, Urology, Pediatric surgery, Plastic surgery, Maxillo facial surgery, Orthopedic surgery, ENT, General surgery, Gynecology, and a Renal transplant unit.

I have observed her during this period and found her sincere, efficient and competent in managing problems independently. I wish her the very best in her future endeavors.

Dr. PREMA ANTONY

MD, DA, DNB

Reg. No. 22757

H.O.D. - Anaesthesiology

Lisie Hospital, Cochin - 18

Dr. PREMA ANTONY MD DA DNB

Head of the Department Of Anaesthesiology

Lisie Hospital

Kochi-682018, Kerala, India

Mobile No: +91- 9847406707