# **CURRICULAM VITAE**



# ARATHY.RS

# **CAREER OBJECTIVE**

M.Sc. NURSING [Medical Surgical Nursing-

Cardiovascular & Thoracic

Nursing]

**B.Sc. NURSING** 

ONE YEAR AND SIX

MONTHS

EXPERIENCE AS STAFF

NURSE

IN CARDIOLOGY WARD

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Permanent address

Arathy Nivas

Athiyanoor

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Kerala

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#### Personal data

Date of birth: 31/05/1993

Nationality: Indian

Marital Status: Single

Gender : Female

Seeking a challenging position in a progressive organization which would offer opportunity to improve my knowledge and professional qualities, to utilize my skills and abilities and hone hem to achieve excellence and to work dynamically towards the growth of organization

#### **IN SEARCH OF**

An enterprise where I can explore my knowledge, improve my skills and to get work as a key player in challenging and creative environment.

## **COMPUTER PROFICIENCY**

- Microsoft office
- ➢ Good knowledge of internet and email
- Microsoft power point
- Microsoft word

# EDUCATIONAL QUALIFICATION

Course	Board/University	School/College	Year of	Percentage
			passing	
SSLC	Board of public	St. Chrysostom's	2008	95%
	examinations,	GHSS,Nellimood		
	Kerala			
HSE	Board of higher	Govt. GHSS	2010	79%
	secondary	Neyyattinkara		
	examination,			
	Kerala			

## **PROFESSIONAL QUALIFICATION**

Course	Board/University	College	Year of passing	Percentage
MSc Nursing	KUHS	NIMS College of Nursing	2018	72.61%
BSc Nursing	KUHS	NIMS College of Nursing	2014	66%

## CREDENTIALS

## Kerala nursing council registration number: KL03201503243

## Year of registration: March 2015

## **PROFESSIONAL EXPERIENCE**

TOTAL EXPERIENCE	One year and 6 months	
SERVICE PERIOD	20/03/2015-03/10/2016	
HOSPITAL WORKED	NIMS Medicity, Neyyattinkara	
DEPARTMENT	Cardiology Ward	
OSPITAL DETAILS NIMS Medicity is an ISO certified		
	bedded hospital at Neyyattinkara,	
	Trivandrum with 42 Speciality/Super	
	speciality departments headed by eminent	
	doctors from the respective fields and 1500	
	paramedical staff.	

KNOWLEDGE OF HANDLIG	• Ventilator, Bipap
EQUIPMENTS	Cardiac monitor
	• Pulse oxymeter
	• Defibrillator
	• Pacemaker
	• ECG machine
	• Syringe pump
	• Stea,m inhaler
	• Nebulizer
	• Glucometer
	• BP apparatus
	Suction apparatus
PROCEDURE DONE AND ASSISTED	• Introduction of intravenous cannula,
	Central lines, Arterial lines and HD
	lumens
	• Wound care
	• Care of intercostals drainage
	• Nasogastric tube insertion
	• Foley's catheterization
	• Care of central line catheter
	• Administering medications and
	injections
	Thrombolization
	Blood transfusion
	• Bladder wash & bladder irrigations
	• ECG Taking and reading
	• Endotracheal suctioning

	• CPR
TYPES OF PATIENTS HANDLING	<ul> <li>CPR</li> <li>Myocardial infarction</li> <li>CABG</li> <li>HTN</li> <li>Pulmonary oedema</li> <li>CCF</li> <li>PTCA,CAG,PPI</li> <li>CVA</li> <li>CRF</li> <li>COPD</li> <li>Cardiac arrest</li> <li>Respiratory arrest</li> <li>Pre and post operative patients</li> </ul>

# PERSONAL SKILLS

- Excellent interpersonal relationship with patient and others
- Willingness to hard work and strong beliefs in team effort
- Assisting doctors during procedures
- Ability to grasp new knowledge and ideas
- Providing compassionate and motherly nursing care

#### DECLARATION

I hereby declare that the above mentioned facts are true and correct to the best of my knowledge and belief.

Place: Trivandrum

Date:

## ARATHY.R.S