

RESUME

PHYSIOTHERAPIST (MPT - NEUROLOGY)

EHZANA ANSARI

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OBJECTIVE

Intend to build a career with the leading organization which will explore me to realize my potential and to develop my skills along with the progress of the organization.

CLINICAL EXPERIENCE [As part of postings during BPT & MPT]

- Worked part-time in Bethany Navajeevan Physiotherapy & Rehabilitation Clinic, Trivandrum.
- SPARRC Institute, Bangalore, India.
 - Sports & Fitness Training
 - Trigger Point Release
 - Taping Technique
 - Circuit Training
 - Clinical Diagnosis
- National Institute of Mental Health & Neuro Sciences(NIMHANS), Bangalore, India
 - Neuro Rehabilitation Department
 - Pediatric Physiotherapy
 - Psychiatric Rehabilitation
- Ananthapuri Hospitals and Research Institute, Trivandrum, India
 - Neurology & Neurosurgery Wards Rehabilitation.
 - Pediatric Physiotherapy
- General Hospital, Trivandrum

- Training under Physical Medicine & Rehabilitation Department.
- Medical College Health Unit, Trivandrum, India.
 - Community Posting.
- Neuro & Sports Rehabilitation centre in Bethany Nature cure, Trivandrum, India
 - Orthopedic Rehabilitation

EDUCATIONAL QUALIFICATION:

DEGREE	% OF MARKS	NAME OF THE INSTITUTE	BOARD / UNIVERSITY	YEAR OF PASSING
Master of Physiotherapy (Neurology)	72% (1 st rank in the university)	Bethany Navajeevan College of Physiotherapy, Trivandrum, India.	Kerala University of Health Sciences, Kerala, India	Dec 2018
Bachelor of Physiotherapy	67.5%	Bethany Navajeevan College of Physiotherapy, Trivandrum, India.	Kerala University of Health Sciences, Kerala, India	Sept 2016
12 th	94%	Carmel Girls Higher Secondary School, Trivandrum, India	HSE Board, Kerala, India	March 2010
10 th	92%	Carmel Girls Higher Secondary School, Trivandrum, India	Government of Kerala, India	March 2008

CONFERENCE & WORKSHOPS ATTENDED

- Chartered Society of Physiotherapy teachers' National Conference - 2018, Calicut, India
- International Physiotherapy Conference- Mangalore Physiocon 2018, Mangalore, India
- International Physiotherapy Conference - STRIDE 2017, Chennai, India
- International Physiotherapy Conference- Mangalore Physiocon 2017, Mangalore, India
- Physio Summit 2016, International Physiotherapy Conference- 2016, Trivandrum, India
- Workshop on Advanced Clinical Core Stability Management- 2015, Trivandrum, India
- National Physiotherapy Conference- Physio Accord 2014, Bangalore, India

- One day workshop on Teacher Training & Development Program for Medical & Allied Health Educators- 2014, Trivandrum, India
- Kerala Orthopedic Association Workshop on Total Knee Replacement- 2014, Trivandrum, India
- Workshop on Aerobics Instructor Training by India Academy of Fitness Training- 2013, Trivandrum, India
- Workshop on Muscle Energy Technique at Kerala Institute of Medical Sciences- 2012, Trivandrum, India

PAPER PRESENTATIONS

- Paper Presentation on ‘Sensory Integration Technique & Mental Imagery for Promoting Relearning in Patients with Parietal Lobe Dysfunction following Stroke’ at Chartered Society of Physiotherapy teachers’ National Conference 2018.
- (Secured 1st Prize).
- Paper Presentation on ‘Sensory Integration Technique & Mental Imagery for Promoting Relearning in Patients with Parietal Lobe Dysfunction following Stroke’ at International Physiotherapy Conference - STRIDE 2017.
- (Secured 1st Prize).
- Paper Presentation on ‘Rehabilitation of a Patient with Heterotrophic Ossification after traumatic paraplegia- A Case Study’ at International Physiotherapy Conference, Mangalore Physiocon 2017.
- (Secured 2nd Prize).

COMMUNITY MEMBERSHIPS

- Indian Association of Physiotherapists

ACTIVITIES

- Served as Physiotherapist on International Tennis Tournament-ITF, Trivandrum on 20th to 25th March 2017.
- Organizing Team Member of Physio Summit 2016, International Physiotherapy Conference, Trivandrum.
- Organizing Team member of various workshops conducted in Bethany Navajeevan College of Physiotherapy, Trivandrum.

PERSONAL PROFILE

Name	:	EHZANA ANSARI
Date of Birth	:	16-12-1992
Language known	:	English, Malayalam
Marital status	:	Married
Nationality	:	Indian