

DR. ANUSHREE THILAKAN



Personal Summary

A confident communicator who can relate well to dental patients. Having a proven ability to ensure that dental practices in a surgery are continuously updated to provide first rate care to patients and their families. Excellent interpersonal skills, able to work as part of dental team, and has flexible approach to work.

Looking for a General Dentist opportunity to work with a forward thinking and highly regarded dental health institutions.

Work Experience

General Dentist: September 2017 – present

Working in a busy clinical and surgical department, providing a full range of dental treatment to patient to help them maintain oral health. Spending a significant amount of time standing and using specialist equipment. Working a part of dental team, comprising of dental nurses, dental hygienists and dental health educators.

Responsibilities

- Dealing with emergency cases like relieving a patients pain through emergency access opening
- Filling cavities and examining x-rays,
- Extracting and replacing missing teeth
- Involved in dental examinations and treatments such as filling and dental hygiene services
- Diagnosing and treating conditions such as decaying teeth and gum disease.
- Dealing with routine appointments and check-ups, taking impressions etc.
- Updating a patient's medical records
- Provided education to patents on ways to prevent oral infectious diseases
- Managing the training and development of staff

Areas of Expertise

Good at Anterior Composite Buildups (Midline Diastema Closure)

Key Skills and Competencies

- *Excellent listening, communication and interpersonal skills*
 - *Well-presented and articulate*
 - *Able to write prescriptions for antibiotics and other dental medications*
 - *Keeping up to date with latest developments in dentistry*
 - *Experience of advising patients on diet, brushing and other aspects of dental care.*
 - *Providing professional dental service and care to patients*
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- *Reassuring anxious patients and clearly explaining procedures to them*
 - *Wide experience in dental procedures and operations*
 - *Strong familiarity with x-ray machines, forceps, brush and scalps*
 - *Skilled in using Computerized Tools*
 - *Acquired strong practical knowledge on braces, jackets and dentures*
 - *Ensured protective and safe dental procedures by always using masks, gloves and protective glasses*

Training

Volunteer Programmes -Dental Outreach and Community Services - raise awareness to both the lack of access of oral care and its importance to one's overall health and quality of life. Participated in various Community Dental Health Programmes in rural areas of Karnataka:

- Provide examinations, x-rays, extractions, cleaning and basic restorations to low-income families without coverage and
- ***Oral Health:*** create events to demonstrate proper oral care techniques and practices.

Academic Qualifications

B D S (Bachelor of Dental Surgery)

DAPMRV Dental College and Hospital, Bangalore
Rajiv Gandhi University of Health Sciences,

Professional Membership

- Karnataka State Dental Association

Personal Skills

- Good Communications Skills
- Attention to detail
- Interpersonal skills
- Able to concentrate for long periods

Personal Details

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