

# RESUME

**Miss. Sini Vijayan**  
**Arolickal House**  
**Mullaringadu P O**  
**Vellakkayam**  
**Thodupuzha**  
**Idukki**  
**685607**



To,

The administer,

**Subject : Application for post of staff Nurse**

Respected sir / Madam,

I introduce my self as a GNM Nursing degree holder from Madhavi Sami Memorial School Of Nursing from M G University KTM Kerala, India . I have completed my 3 and half year of GNM Nursing course from the institute in Oct 2008 to Mar 2012 . Presently I am working as a staff nurse in Amritha Institute of Medical Science Kochi from 17/05/2017 to 08/07/2018 in Adult and Paediatric Medical ICU and Stroke ICU. I would like to apply for the post of staff nurse in your easterner hospital. I have 1 and half years of experience in NEICU & Renal Transplant ICU,1 year in Medical surgical ward,2 years experience in Medical ICU and 1 year experience in Adult and Paediatric Medical ICU and Stroke ICU. If given an opportunity to collaborate with you, I promise you to do my best to fulfill my assign efficiently and facilitating achievement of hospital as well as the professional goals.

I am here submitting my resume. I humbly request you to inform to the above given address for the further details. It would be grateful if I would be given a chance to serve in your Esteemed Organization.

A Waiting for your favorable reply,

Thanking you,

Yours sincerely,  
Sini Vijayan

## **CURRICULUM VITAE**

### **CAREER OBJECTIVE**

To apply my knowledge gained from my studies for the firm I will be working assiduously in a professional and progressing working environment, in order to achieve my personal and organizational goals.

### **PERSONAL PROFILE**

NAME : Sini Vijayan  
DATE OF BIRTH : 26/04/1991  
GENDER : Female  
FATHER NAME : Vijayarajan A T  
RELIGION : Hindu  
MARITAL STATUS : Married  
NATIONALITY : Indian  
LANGUAGES KNOWN : English, Hindi & Malayalam.  
HOBBIES : Reading, Travelling & Listening to Music  
BLOOD GROUP : A + ve.  
PERMANENT ADDRESS : Arolickal House  
Mullaringadu (P.O.)  
Vellakkayam  
Thodupuzha  
Idukki :- 685607  
Kerala.

### **PASSPORT DETAILS**

Passport No : K 5993642  
Issue Date : 18/03/2013  
Expiry Date : 17/03/2023

Place Of Issue : Cochin

### **CONTACT DETAILS**

Mobile : 9656956614

E-mail : sinivijayan260491@gmail.com

### **EDUCATIONAL QUALIFICATION:**

<b>Year</b>	<b>Name of the examination</b>	<b>Name of Institution</b>	<b>Univesity</b>
2006	S.S.L.C Secondary school certificate	St. Joseph's H S S Paingottoor	Government of Kerala
2008	Higher secondary school certificate	Government Higher secondary School Mullaringadu	Government of Kerala

### **PROFESSIONAL QUALIFICATION:**

<b>Qualification</b>	<b>Name of Institution</b>	<b>University</b>
GNM Nursing	Madhavi Sami Memorial School Of Nursing	M G University KTM Kerala, India

## **WORK EXPERIENCE:**

<b>Name of hospital</b>	<b>Working Year</b>
PVS Memorial Hospital	10/05/2012 to 16/04/2015
Kokilaben Dhirubhai Ambani Hospital	12/05/2015 to 17/02/2017
Amritha Institute of Medical Science and Research Centre.	17/05/2017 to 08/07/2018

## **ADDITIONAL TRAINING IN POST OPERATING CARE**

## **MANAGEMENT:**

## **HOSPITAL PROFILE:**

AMRITHA INSTITUTE OF MEDICAL SCIENCE AND RESEARCH CENTRE INSTITUTE is NEWEST AND MOST ADVANCE TERTIARY CARE FACILITY. THE HOSPITAL MAIN GOALS IS TO RAISE INDIA'S GLOBAL STANDING AS THE HEALTH CARE DESTINATION WITH EMPHASIS ON EXCELLENCE ON CLINICAL SERVICE DIAGNOSTIC FACILITIES AND RESEARCH ACTIVITIES. IT SPECIALIZED IN SIX MAIN AREAS OF EXCELLENCE VIZ: BRAIN AND NERVOUS SYSTEM, CARDIAC SCIENCE REHABILITATION CANCER CARE AND BONE AND JOINT. THE 750 BED HOSPITAL HAS OVER 104 FULL TIME DOCTOR 520 NURSE AND ABOUT 200 PARAMEDICS AND IS FAST GROWING. IT HAS MAJOR EQUIPMENT LIKE 3 ROOMS INTRAOPERATIVE MRISUIT (IMRIS), ORTHOPEDIC, ENT AND NEURO NAVIGATION SYSTEM RADIATION ONCOLOGY STEREOTACTIC RADIOSURGERY, 3 TESLA MRI, 40 SLICE PET- CT, DUAL SOURCE CT & SINGLE PHOTON EMISSION COMPUTED TOMOGRAPHY (SPECT - CT)

## **CAREER PROFILE:**

- Working as a staff nurse.
- Proven record of reliability and responsibility.
- Remains calm and professional throughout critical incidents.
- Strong analytical skills, capable of assessing conditions and implementing appropriate intervention.
- Resourceful problem solver capable of implementing solution to complex problems.
- Possesses special sensitivity to meeting diverse needs in varied situations.
- Develops rapport with patients, family, staff and physicians.
- Relates well to people from a variety of cultures.
- Deep knowledge of cardiac treatment.
- Accurate reporting and medical treatment procedures.
- Strong ability to deal with patient's queries and problems.
- Acute and chronic care experience.

### **GENERAL RESPONSIBILITY:**

- Educated patients for home care and discharge planning.
- Operated and maintained monitors of biomedical equipment.
- Medical terminology and medication administration skills.
- Maintained sterile fields and application of dressings.
- Catheter and suctioning training acquired.
- Charting and documentation of patient care.
- Provided direct patient care with emphasis on meeting both physical and emotional needs of clients.
- Demonstrated exemplary documentation skills by accurately maintaining nurses notes and promoting sufficient communication among nursing staff.
- Administering IV fluids, medication, and antibiotics and observe for adverse reactions and side effects.
- Monitored, examined, reported and follow-up on lab data, blood work, urinalysis results.
- Employed sharp analytical and problem solving skills in assessing patients for skin integrity, lung sounds, bowel sounds and wounds, and performed catheterization and dressing changes.
- Care of post liver Transplant and commando patients
- Leveraged compassion in facilitating pain management and completing prescribed treatment dosage changes, accuchecks and ambulation.

- Merged empathy and strong interpersonal skills to deliver emotional support to patients and their families
- Decisively and confidently made judgment on patient conditions and informed doctors based on decisions.
- Administered oral, intramuscular and subcutaneous injections.
- Recommended and implemented changes to the medical unit regarding assignments, delegations and prioritization resulting in a higher standard of patient care and reassessed plan of care.
- Provided direct patient care to pre and post operative cancer patients.
- Collaborated effectively with an interdisciplinary team of medical and health care professionals comprised of physician, nurse manager, dietician, social worker and physical therapist.
- Reviewed computerized laboratory test result following post dialysis and colonoscopies and surgeries.
- Provided broad range of general nursing care services in areas of vital sign, ECG, phlebotomy, catheters, feeding tubes, iv and central lines, arterial lines.
- Prioritized and delegated assignments, contribution to higher standards of patient care staff retention.
- Assisted with the admission and discharge of patients.
- Performed clinical tasks according to hospital policies.
- Assisted in the orientation of new staff members.
- Assessed patient condition and advised of charges in status.
- Assisted with Intubation.

### **EXPERIENCE IN MEDICAL PROEDURES SUCH AS:**

- Central venous access(subclavian, internal jugular, femoral)
- Nasopharyngeal and endotracheal intubations.
- Suturing and suture removal
- Surgical dressing
- Intercostals drainage placement (ICD)
- Ascetic tapping(Paracentesis)
- Pleural tapping (Thoracentesis)
- Placing Ryles tube
- Echocardiography
- Peg feeding
- Colostomy care
- ABG collection

- Assisting lumber puncture
- Tracheostomy care
- COPD
- Dengue
- TKR
- Arthrocopy
- Fracture
- Laboratory
- Asthma
- Anemia
- Vats patients care

**EQUIPMENTS USED AND FAMILIAR WI:**

- Defibrillator
- Syringe pump
- Infusion pump
- Pulse oxymeter
- ECG machine
- Glucometer
- Nebulizer
- Steam inhaler
- Suction apparatus
- Ryles tube
- Laryngoscope-adult
- Bedside equipments with all medical equipments
- Crash cart
- Nimbus bed
- Flowtron
- Ventilator
- Monitor

**COMPUTER AWAERNESS:**

- MS-office browsing

- HIS(HOSPITAL INFORMATION SYSTEM)

**REFERENCE:**

Mrs Yogita  
NURSE MANAGER  
KDAH  
Andheri (west)

Mrs. Havavi  
DGM(NURSHING)  
KDAH  
Andheri (west)

**DECLERANCE:**

I hereby declare that the above-mentioned information is correct up to my knowledge and I bear the responsibility for the correctness of the above-mentioned particulars.

**Date:**

**Place:**

**Sini Vijayan**

**Signature**