

RESUME



THOMAS M.

Email ID: *thomasmj8@gmail.com*

TC 69/1250, IDP Colony

Cheriamuttom, Poonthura P O

Thiruvananthapuram

Kerala-695026

CAREER OBJECTIVE

To give a position as a registered nurse to utilize my skills and expertise in patient care.

PERSONAL DETAILS

AGE/SEX : 28 yrs /MALE

NAME OF FATHER : MARIADASAN

PRESENT ADDRESS : TC 69/1250, IDP Colony
Cheriamuttom, Poonthura P O
Thiruvananthapuram
Kerala-695026

QUALIFICATION : DIPLOMA IN NURSING

DATE OF BIRTH : 25/11/1987

RELIGION : Christian/LC

MARITAL STATUS : Single

NATIONALITY : Indian

LANGUAGES KNOWN : English, Hindi, Malayalam, Tamil, Telugu.

MOBILE : +91-8089125315

PASSPORT DETAILS:

Passport No : H 3699670

Date of Issue : 01/06/2009

Date of Expiry : 31/05/2019

Place of Issue : TRIVANDRUM

EDUCATIONAL QUALIFICATION

Examination	Year Of Passing	University	Percentage
SSLC	2003	Kerala State Board of Education	57
Higher Secondary	2006	Kerala Board of Higher Secondary	83

PROFESSIONAL QUALIFICATION

Examination	Year Of Passing	University	Percentage
GNM	2009	Karnataka state diploma in nursing examination board, Karnataka	63

PROFESSIONAL REGISTRATION

Registered with Karnataka Nursing Council on 16/11/2010 and bearing register number 141782.

WORKING EXPERIENCE

Sterling Hospital in Ahmedabad, Gujarat .from 21st AUG 2010 to 27th SEP 2012

PHC chemmaruthy varkala kerala from 20th JUNE 2014 to TILL NOW

Completed ACLS, BLS

.passed oman prometric with 69%.

completed data flow and oman apostle attestation

Completed IELTS 6.5 Score in 2013.

CASES HANDLED IN EMERGENCY CARE UNIT

- Patients with post CABG.
- Patients with accidental emergencies like Head injury, spinal injury & fractures.
- Patients in shock.
- Patients with burns & poisoning.
- Patients with severe haemorrhagic conditions like Epistaxis, GI track bleeding, etc
Patients with cardiovascular like Myocardial infarction, LVF pts, Cardiac arrhythmias, various degrees of heart block, unstable angina, IHD & Supra ventricular tachycardia, RVF.
- Patients with post Angiography(CAG),Angioplasty(PTCA),Peripheral Angiography, TPI, PPI, etc.
- Patients with tracheostomy.
- Patients with Respiratory emergencies like respiratory acidosis and alkalosis, pulmonary oedema, pulmonary embolism, aspiration pneumonia, ARDS, Asthmatic Attacks, cor pulmonale, pulmonary stenosis, etc.
- Patients with IPPB support like Bi-pap, C-pap, etc.
- Patients with Ventilator support.
- Patient with Deep vein thrombosis.
- Thrombolised patient.

- Pain and wound management.
- Patients with cardiocath insertion.
- Patients with acute and chronic renal failure.
- Patient with diabetes and hypertensive crisis.

PROCEDURES PERFORMED

- Cardio Pulmonary Resuscitation.
- Oxygen Administration & Continues monitoring of vital signs, taking ECG.
- IV Canulization & Perental infusions.
- Administration of Medications.
- Naso-Gastric tube insertion & feeding and urinary catheterization.
- Insertion of Airways,Suctioning,giving Physiotherapies and nebulization.
- Monitoring of Central Venous Pressure,Pulmonary Arterial Pressure,Arterial blood pressure, etc.
- Collection & Analysis of arterial blood(ABG).
- Providing comprehensive nursing care.
- Suture removal, Blood collection and Wound dressing.
- Extubation.

PROCEDURES ASSISTED

- Endotracheal Intubation.
- Arterial line insertion, epidural catheterization, etc.
- Assisting for Tracheostomy, pleural tapping, Ascitic tapping, Lumbar Puncture, etc.
- Arterial line insertion, epidural catheterization,etc.
- Assisting in suturing, plastering & Wound dressing.
- Assisting in Tripple Luman Jugular & Subclavian Insertion.
- Assisting in pacing & IABP.
- Assisting ICD insertion.

EQUIPEMENTS HANDLED

Sphygmomanometer, Stethescopy, Thermometer, Cardiac Monitor,Ambu Bag, Infusion pump, Ventilators, Laryngoscope, Glucometer, Pulse Oxymeter, Suction machine,Oxygen Cylinders, Syringe Pump, Nelson's Inhalers, Defibrillators, ECG Machine, Spiro Meters,Crash Trolley(including CPR machine).

DUTIES & RESPONSIBILITIES

- ❖ Immediate Management of Patients with life threatening conditions.
- ❖ Ensure the Maintenance and accessibility of various drugs & equipments used in emergencies.
- ❖ Maintain good rapport with patients and all health team members.
- ❖ Transferring patients to other departments.
- ❖ Co-ordination of Nursing Activities.
- ❖ Provide psychological support to minimize anxiety.
- ❖ Maintain cleanliness & order lines of the units.
- ❖ Monitoring intake & output.

- ❖ Maintain records & reports.
- ❖ Death care of the patient.

REFERENCE

Mrs. Minal J Shah
Nursing Matron
Sterling Hospital
Ahmadabad
Ph.9924449860.7940011111

Dr. Anwarabbas
Medical officer
Chemmaruthy
Panayara, varkala
Ph.9447340451

DECLARATION

The above mentioned information are true and correct to the best of my knowledge and belief.

Place: Poonthura

Yours Faithfully

Date: 16-03-2016

THOMAS M.