



**MARIYA DITTALDIYA  
KOMARAMCHATH HOUSE  
NATHOLIL PARAMBU ROAD  
MANJUMMEL.P.O  
KERALA  
MOB NO: 7731933368**

**PERSONAL DETAILS**

**NAME : MARIYA DITTALDIYA  
GENDER : FEMALE- SINGLE  
DATE OF BIRTH : 06/07/1995  
NATIONALITY : INDIAN  
RELIGION : CHRISTIAN  
MOBILE NO : 7731933368  
E-MAIL ID : diyamariya11@gmail.com  
PERMANENT ADDRESS : MARIYA DITTALDIYA  
D/O K.C.PETER  
KOMARAMCHATH HOUSE  
NATHOLIL PARAMBU ROAD  
MANJUMMEL P O  
ERNAKULAM  
PIN:683501  
KERALA  
HOBBIES : SINGING, DANCING, DRAWING**

**ACADEMIC CREDNTIAL:**

<b>Course/Degree</b>	<b>Institution/ University</b>	<b>Year of passed</b>
<b>S.S.LC</b>	<b>GARDIAN ANGEL'S HIGHER SECONDARY SCHOOL, MANJUMMEL</b>	<b>2010</b>
<b>HSC</b>	<b>HIGHER SECONDARY SCHOOL OF JESUS, KOTHAD</b>	<b>2012</b>
<b>B.sc(nursing)</b>	<b>SREE NARAYANA NURSING COLLEGE, CHINTHAREDDYPALEM, NELLORE. AP</b>	<b>2016</b>

**WORKING EXPERIENCE**

<b>Name of the Hospital</b>	<b>Department</b>	<b>Period</b>	<b>Designation</b>
<b>Narayana Medical College and Hospital, Nellore. AP</b>	<b>CTICU.</b>	<b>07/01/17to 15/04/18</b>	<b>STAFF NURSE</b>
<b>Government Medical college. Ernakulam</b>	<b>Reliever</b>	<b>05/10/18 to still working</b>	<b>STAFF NURSE</b>

**APPOINTMENTS AND PROFESSIONAL EXPERIENCE**

**NARAYANA HOSPITAL:** Worked as a staff nurse in CT ICU of, Narayana medical college and hospital, Nellore. Which is a 1500 bedded super specialty hospital providing patient care in all major surgical specialties including Anesthesiology, Cardiothoracic Surgery, Cosmetic Surgery, Neurosurgery, Pediatric Surgery, Plastic Surgery, Ophthalmology, Orthopedics, Gastroenterology, Endoscopic and

Laparoscopic Surgery and Medical Specialties including Hematology, Endocrinology, Cardiology, Neurology etc.

This Hospital has Medical ICU, Coronary Care ICU, Cardio Thoracic ICU, Isolation Unit, PET CT, CT scan, MRI, Cath Lab, Dialysis unit with 20 dialysis machines and 24Hrs emergency services.

CT ICU is equipped with state of the art infrastructure. This includes Emergency Intubations, Arterial line and CVP line insertion, DC shock and placement of ICD, IABP and ECMO.

- Intra Aortic Balloon Pump (**IABP**)
- Given post-op care to complex congenital cardiac cases.
- Teaching skills like
  - i. Ventilator (Modes, Types, Settings,)
  - ii. Hand washing
  - iii. Given post-op care to **heart transplant** cases.
  - iv. Given **post-op care to complex congenital cardiac cases.**

**GOVENT. MEDICAL COLLEGE, ERNAKULAM:** Sophisticated facilities of world class standards which provides treatment for all most all medical conditions with renowned Doctors specialized in all major Disciplines and low cost packages for all treatments make the college a unique from others.

The college meets all the requirements of the MCI for training medical interns and has got complete access to all the clinical and super speciality departments of the Medical College Hospital.

The hospital is equipped with 700 beds. Of these, 500 are in the general category and meet the requirements stipulated by the Medical Council of India (MCI) for the teaching departments. The remaining beds belongs to the private, semiprivate and the unitary wards of the specialty and super specialty departments.

### **DUTIES & RESPONSIBILITIES**

- Demonstrate knowledge and competence in all areas of nursing.
- Establish a good working environment in which patient can receive high standards of nursing care.
- Have the specialized knowledge and confidence to perform in each specialty.
- Transport of critically ill patient from ICU to another hospital, CT/MRI, Operation Theater.

- Determine priorities and planning care
- Provide psychological support to the patients.
- Establish and develop effective communication with patients, doctors and colleagues.
- Participated in the care study and administration of medications in accordance with hospital policy and procedure guideline.
- Active participation in the orientation of all new members of staff in the unit.
- Ensure the documentation is completed and both accurate and legible.
- Take personal responsibility for own professional change and developments.
- Act up and assist in preparation and implementation of duty roster.

### **CLINICAL SKILLS**

- Assess, Plan, Implement and Evaluate Nursing care
- Monitoring vital signs.
- Collection of sterile specimens
- Maintenance of Sterile Atmosphere in ICU, by advising to the highest standards of hygiene and following strict aseptic techniques.
- Inserting Life lines.
- Insertion of Foleys catheter and Ryle's tube and care of the same, including bladder irrigation and Ryle's tube feeds.
- Performance of gastric lavage and dressings.
- Versed in CPR and defibrillation, familiar with defibrillators.
- Able to recognize Hemodynamic disturbances and respiratory changes in ICU patient and act accordingly.
- Handling instruments in ICU(Monitors, Ventilators, Defibrillators)
- Familiar with ventilators and different modes of ventilation
- Provide post operative nursing care and care of jejunostomy and colostomy.
- Care of post PT-CA patients.
- Part of the neurosurgical nursing team in the hospital.
- Knowledge of BLS/ACLS
- Have basic knowledge of ABG analysis and cardiac pacing.
- Arranging for emergency and elective procedures.
- Preparation of patients for procedures.

- Medication : oral, Intramuscular, Intravenous, Subcutaneous, Intradermal & Topical Administration
- Care of Arterial line, Central line, ET Tube, Tracheotomy Tube and ICD Tube, Temporary pace maker, Halter Monitor
- Participate in the Teaching Program of the ICU.
- Careful attention to sterilization of instruments.
- Maintenance of reports and records.

**SYSTEM**

PATIENT MONITOR	:	Nihon kohden, GE, B2o
SYRINGE PUMP	:	Perfusor Compact B Braun, Plus Sep-10S Aitecs
INFUSION PUMPS	:	Infusomat P B Braun
VENTILATORS	:	Galileo, Raphael, Maquet
ECG MACHINE	:	Bionet
DEFIBRILLATORS	:	Nihon kohden
IABP MACHINE	:	Datascope
ABG MACHINE	:	FLEXQ
PACING BOX	:	Metronic

**FUNCTIONAL STYLS:**

- versatile, soft spoken and highly motivated possess excellent interpersonal skill, genuinely interested in the growth of people and team thrive in an environment of challenges, sincere and principled organizational goals precede personal interests.

**STRENGTHS:**

- Adaptability to various situations
- Good team player
- Well planned and more organized
- Positive thinking good co-ordination skill
- Well interested to providing and caring the patient
- Good teaching and demonstration

### **KNOWLEDGE OF LANGUAGES**

<b>Language</b>	<b>Read</b>	<b>Write</b>	<b>Speak</b>
English	Very Good	Very Good	Very Good
Malayalam	Very Good	Very Good	Very Good
Telugu	-	-	Very Good
Tamil	-	-	Good
Hindi	Good	Good	-

#### **DECLARATION:**

I do hereby declare that the particulars of information stated here in above are true and correct to the best of my knowledge and belief.

Place: MANJUMMEL

Date: 27/10/2018

**FAITHFULLY,**  
**MS.MARIYA DITTALDIYA**



# NARAYANA MEDICAL COLLEGE HOSPITAL

CHINTHAREDDYPALEM, NELLORE - 524 002. (A.P.) INDIA.

☎ 0861-2317963, 64, 68; Fax : 0861-2331763

Ref: NMCH/EL-164 - 2018

Date: 17.04.2018

## EXPERIENCE CERTIFICATE

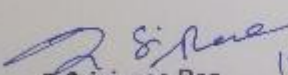
This is to certify that **Ms.Mariya Dittaldlya**(Emp ID: 455-03331) has worked as **Staff Nurse** in the Department of Nursing (CTVS ICU) in Narayana Medical College Hospital from **07.01.2017 to 15.04.2018**.

Narayana Medical College Hospital has 1550 Beds with world class infrastructure, modern equipment, high class diagnostic facilities, 22 OT's and 200 ICU beds.

She has resigned from the services on her own accord and relieved accordingly on the closing hours of 15.04.2018.

During the above tenure her performance and conduct were found to be good.

We wish very all the best in her future endeavors.

  
P.Srinivasa Rao  
Manager-Human Resources  
(Narayana Medical Institutions)



046187



**Dr. NTR UNIVERSITY OF HEALTH SCIENCES**

ANDHRA PRADESH



**FACULTY OF NURSING**

This is to certify that

*Mariya Dittalidiya*

has been awarded the Degree in  
Bachelor of Science in Nursing

He/She having been declared to have qualified in the Examination  
prescribed therefor, held in December, 2016  
and passed in First Division.

Given under the Seal of the University.

Regd. No. 12383045

VIJAYAWADA

Dated 13<sup>th</sup> October 2017



Registrar





KL04201802418

# Kerala Nurses And Midwives Council



## REGISTRATION CERTIFICATE



This is to certify that

**MARIYA DITTALDIYA**

having undergone a programme at

*Sree Narayana Nursing College, Nellore*

*from September 2012 to December 2016*

has passed the examination for B.Sc. Nursing conducted by the

*Dr. N.T.R. University of Health Sciences, A.P., Vijayawada*

in *December 2016* and is permitted to practice as a Nurse and Midwife under

the provisions of the Nurses and Midwives Act, 1953.

The number assigned to her in the Register is **KL04201802418**

dated **14th August 2018** valid upto **13th August 2023**.

Thiruvananthapuram

Dated: 14-08-2018

Registrar

Kerala Nurses and Midwives Council

PROF. VALSA K. PANICKER