



JINTA RAJ
MUZHAYAM PLACKAL HOUSE
MEVADA PO
MEVADA ,KOTTAYAM
KERALA-686573

EMAIL ID : jintaraj789@gmail.com
PHONE NO: +91 7561058568

CARRIER OBJECTIVE

- To pursue a rewarding and challenging career in the field of optometry with a well organized and well-appreciated institute/organization.
- To achieve a challenging and career prospective placement, where I will attain higher knowledge, learn new and novel technique and seeking a position to utilize my skills and abilities that offer professional growth while being resourceful, innovative, and flexible.
- To further carrier objective by providing good patient care.

EDUCATIONAL QUALIFICATION

- **BSc . Optometry** (2014-2018) from Al Salama Eye Hospital, Perinthalmanna, KERALA UNIVERSITY OF HEALTH SCIENCES, INDIA.
- **Higher Secondary Education** (2012-2014), ST JOHNS NHSS Kozhuvanal school, State Board of examination, Kerala.
- **Tenth Level Education** (2011-2012) from, ST JOSEPH'S GHS Mutholy school, State Board of Secondary Examination, Kerala.

CLINICAL EXPERIENCE

- **One year professional experience** during internship in Al Salama Eye Hospital, Perinthalmanna.
- Managed and gained proficiency in **subjective refraction** and **objective refraction**.
- Capable to do refraction by **retinoscopy** in case of mentally challenged people, children, and uncooperative patients.
- Provided extensive patient care in the area of specialty such as **Biometry, Contact lenses, Orthoptics, Vision Therapy, FFA and OCT**.
- Strong analytical skills and experience acquired during the **INTERNSHIP FIXED POSTING PERIOD** in **CONTACT LENS, ORTHOPTICS** and **DISPENSING AND MECHANICAL OPTICS**.
- Perform Intra ocular Lens Power calculation with **ophthalmic Ultrasound (A- Scan) & IOL MASTER**.

- Perform **visual field analysis** especially with automated perimeter (**Humphrey Field Analyzer**).
- Experience in **Contact Lens fitting, assessment and dispensing of Soft, RGP, toric and special in scleral lenses.**
- Capable to perform **Orthoptic evaluation** and to provide appropriate treatment advice.
- Evaluate, manage and treat patients with **strabismus, amblyopia and binocular vision disorders.**
- Managed and gained proficiency in **Pre- and Post-operative care of Cataract surgery.**
- Experience in **IPD marking** and to **dispense apt lens and frame material.**
- Started **clinical posting** from the **Second year** of the course (From 2015 onwards).
- Assisted Ophthalmologists in clinic during this period.
- Attended Various **Charity work** Coordinated by Al Salama Charitable Eye hospital, subsidiary of Al Salama Eye Hospital.
- Attended **more than 150 Eye Camps** on **Cataract Detection, Diabetic Retinopathy Screening and Refractive Error correction** under the community ophthalmology, wing of Al Salama Eye Hospital, Perinthalmanna.
- Done **more than 2000 refraction** in clinic and camp.
- Done **more than 200 peadiatric refraction** during internship.
- Experience in teaching theory classes for Opticianary course.

SKILLS ACHIEVED

- **Objective (retinoscopy) and Subjective Refraction**
- **Specialized in Contact Lens (assessment, fitting and dispensing)**
- **Color Vision Testing**
- **Specialized in Orthoptic evaluation**
- **Visual field analysis**
- **Automated Perimeter (Humphrey Field Analyzer)**
- **Biometry (A-scan, Lacrimal syringing, Keratometry)**
- **IOL Master**
- **OCT, FFA & ICGA**
- **IOP Measurements**
- **Low vision Management**
- **Slit Lamp examination**
- **Lasik Evaluation**
- **Macular function Test**
- **Emergency Ocular Management**
- **Other minor procedure**

PROJECT DETAILS

- THESIS ON “**STUDY OF ORTHOPTIC PARAMETERES IN SCHOOL GOING CHILDREN**”
- THESIS ON “**POSTERIOR SUBCAPSULAR OPACIFICATION AFTER CATERACT SURGERY PATIENTS WITH AND WITHOUT DIABETIC MELLITUS**”
- THESIS ON “**COMMON REFRACTIVE ERROR IN AMBLYOPIA**”

KEY ACHIEVEMENTS

- Course Completed from **WORLD OPTOMETRY COUNCIL** recognized centre named as Al Salama College of Optometry, Perinthalmanna, Kerala, India
- Attended **CME** on “**EYEDIA 2K17**” conducted by **Al Salama EyeHospital, Perinthalmanna.**
- Attended **CME** in **Puthalath Eye Hospital, Kozhickode.**
- Presented and attended **several seminars** in Al Salama College of Optometry, Perinthalmanna.
- Attended many community and corporate eye camps, awareness and screening surveys and also worked as a part of **VISION 20-20 PROGRAMME.**

AREAS OF INTEREST

- **Contact lens**
- **Objective and Subjective Refraction**
- **Orthoptic evaluation**
- **Biometry procedures**
- **Ophthalmic and Dispensing optics**
- **Retina Department (FFA and OCT)**
- **Low vision**
- **Clinical Optometry**
- **Lasik evaluation**

INSTRUMENT EXPOSURE

- Retinoscope
- Humphery Field Analyser (HFA)
- A – Scan
- IOL master
- Orthoptics instruments
- Funds Camera
- OCT
- Slit lamp
- Schiotz and Non Contact Tonometer
- Automated and Manual Keratometer
- Computerized Autorefractometer
- Automated and Manual Lensometer
- Pachymeter

SOFTWARE EXPOSURE

- Operating Systems : Windows XP, Vista, Windows 8
- Electronic Medical Recording Software : **Blooray Medic**

PERSONAL DETAILS

Nationality : Indian
Sex : Female
Date of Birth : 30 May 1997
Religion : Hindu
Marital Status : Single
Blood group : A -ve
Contact Mobile Numbers :+91 7561058568,+91 9526589859
E-mail : jintaraj789@gmail.com

LANGUAGES KNOWN

- ENGLISH - Speak, Read, Write and Understand
- MALAYALAM - Speak, Read, Write and Understand
- HINDI - Speak, Read, Write and Understand
- TAMIL - Speak and Understand

REFERENCE

1.Dr. J MUTHIAH (MBBS, MS, FACS, FICO) Head Of Dept. Of Ophthalmology, Principal,
Al Salama College of Optometry, Perinthalmanna . **E mail:** erf_6@yahoo.com

Tel :+91 4933 393 117

2.Dr. RAJESH .P, M.D (A.I.I.M.S) Fellow L V PRASAD TCMC REG.NO.25865, Medical
Superintendent &Chief Consultant Vitreo Retinal Surgeon ,Al Salama Eye Hospital Perinthalmanna

3 .Dr. SHAJI HUSSAIN , (MBBS, DNB, FICO), TCMC REG NO 35105 Consultant Refractive and Corneal
surgeon Al Salama Eye Hospital, Perinthalmanna. **E mail:** drshajihussain@yahoo.com

Tel : +91 9447404775

4.Dr. DIVYA MENON, MBBS, DOMS FICO TCMC REG NO 33063 Consultant Ophthalmologist,
Phaco Surgeon, Medical Retina Specialist, Al Salama Eye Hospital Perinthalmanna

5.Dr. RAMEEZ AHAMED,Consultant Ophtalmologist,Al Salama Eye Hospital

Tel : +91 9895242540

DECLARATION

I hereby certify that all the above information that I provided here is true to the best of my knowledge and belief.

JINTA RAJ

PLACE:KOTTAYAM