

Resume

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Objective

To get hold of a company nurse position that will benefit from academic preparation, nursing experience and driving work ethics

Academic Qualification

Course	University/College	Year
X Grade SSLC	Board of public Examination Kerala	1998
XII Grade-Pre Degree	M.G University Kerala	1998-2000
Bsc Zoology	M.G University Kerala	2000-2003
Bsc Nursing	Rajiv Gandhi University Karnataka	2003-2007

Career Summary

- Graduate Nurse with 8 years experience in the field of nursing & Hospitality (2 years in NICU& 6 years in OB-Gynec high dependency unit (OB-HDU))
- Extremely Competent, well organized and detailed problem solver who takes pride in meticulous work. Continually strives expand professional knowledge and responsibilities.
- Excellent leadership scheduling, interpersonal and safety skills. Establish rapport and confidence while building strong and lasting relationships with a diverse group of individuals who possess exceptional planning, prioritizing and goal setting skills to achieve optimal patient outcome.
- Hardworking, energetic, flexible and adapt easily to the changes in environment and works schedule.
- Maintain critical thinking skills for providing competent and dignified patient care.

Professional Experience

Name of the Employer	Designation	Period of Employment
Fortis International Hospital ,Mullund,Mumbai,India	Staff Nurse	From November 2007 to January 2010
Khamis Mushayath Maternity and Children Hospital (MOH) Kingdom of Saudi Arabia	Staff Nurse	From June 2010 to March 2016

Employer Summary

Fortis Hospital Mullund:-is a international multi specialty JCI accredited 350 bed (Including 40 bed critical care unit) ,two Cardiothoracic operation theaters meeting international standards with full time cardiac surgery team, digital flat panel cardiac catheterization lab, comprehensive super specialty ser vices in the areas of cardiology and cardiothoracic surgery, under one roof 24 hours emergency and critical care services backed by a team of eminent physicians and surgeons.

MOH Saudi Arabia (Khamis mushayat Maternity & Children Hospital):-is CBAHI accredited maternity and children specialty hospital with 200 beds, well equipped obstetric ,pediatric and 30 bed neonatal ICUS.

Duties and responsibilities in Obstetrics

- Assessment of antenatal mothers, postnatal mothers,GDM Mothers,IUGR cases,pre and post operative LSCS and all gynecology related surgery patients.
- Administration of medication as ordered.
- Fluid and electrolyte balance.
- Collection of laboratory specimens.
- Preparation of antenatal mother's for delivery.
- Gastric Lavage .
- Bladder irrigation.
- Assisting in Dilatation and curettage
- Assisting in cervical cerclage.
- Assisting in induction of labour and maintenance of IV infusions.
- Immediate baby care.
- New born assessment.
- Assisting in newborn intubations and suctioning
- Blood and blood product administration.
- Catheterization and catheter care.
- Perineal care.and vaginal examinations
- Taking NST, using of Doppler, taking ECG.
- Care of eclampsia and pre eclampsia patients, GDM mothers, IUGR cases.
- Oxygen therapy and nebulisation.

- Post partum haemorrhage
- Prepare patients and necessary equipments for procedures and assist doctors as required.
- Care of diabetic mother.
- Assessing physical and psychological needs of the patient and rendering direct care.
- Health education regarding personal hygiene.
- Proper entering of birth and death in records.
- Proper documentation.
- Team approach.
- Teaching and supervision of new staffs and students.
- Supervision

Type of cases Managed in HDU

- Abortions
- Full term and pre-term vaginal deliveries in emergency situation
- **Pregnancy Induced Hypertension**
- Eclampsia and pre eclampsia patients
- Ectopic pregnancy
- Hydatidiform mole
- Fibroid uterus
- Menorrhagia
- PCOD
- Molar Pregnancy
- Pelvic Inflammatory Disease
- Hyper emesis Gravidarium
- Cervical Encirclage
- Dermoid cyst
- Ovarian torsion
- Ovarian cyst
- Postpartum Hemorrhage
- Ante partum Hemorrhage
- Puerperal sepsis
- Post menopausal bleeding
- Obstetric cancers
- IUCDcases
- Patients with MgSO₄ infusion
- Seizure patients
- Myomectomy patents
- Rectocele repair cases
- Disfunctional uterine bleeding

- Fibroid uterus
- Uterine prolapse

Equipments Familiar with

- Defibrillator
- Portable ventilator
- Cardiac Monitoring(Philips MP40,MP20)
- Syringe pump
- InfusionPump
- ABG Analyzer
- Nebulizer
- Pulse Oxymeter
- Cardiac Monitor
- Suction Apparatus
- ECG Monitor
- Syringe Pump
- Glucometer
- Laryngoscope
- Ophthalmoscope
- Oxygen Apparatus
- Non Stress Test Machine
- Hand Doppler
- Radiant Warmer
- Sphygmomanometer
- Phototherapy
- Steam Inhaler
- Central Suction
- Infrared Light
- Foetoscope
- Vacuum Extractor
- CVP
- New born Warmer

Achievement:-Participated infection control program ,basic life support program neonatal resuscitation program and disaster management programs in Fortis international hospital Mumbai.and KMMCH.

Personal Profile

Gender : Female
Date of Birth : 06-04-1983
Religion : Christian
Marital Status : Married
Nationality : Indian
Passport No : N9777887
Passport Issue Date : 11-04-2016
Passport Expiry Date : 10-04-2026
Place of Issue : Cochin
Language Speak : Malayalam, English,Hindi,Kannada,Arabic
Language Read & Write : Malayalam,English,Hindi

Hospital Reference

1. Sr.Wincy Nazreth,
Designation:-Nursing supervisor,
Fortis Hospitals limited, Mulund goregoan link road,Mullund,Mumbai,
2. Dr.Rahul Jagdeshlal Verma
Designation:-Neonatlogist,
Fortis Hospitals limited, Mulund goregoan link road,Mullund,Mumbai
3. Sr.Amani Hotan Shamarani,
Designation: - Nursing Director,
Khamis Mushyath Maternity & Children Hospital, Abha,Saudi Arabia.
4. Dr.Asma Irfan,
Designation: - Gynecologic Consultant,
Khamis Mushyath Maternity & Children Hospital, Abha,Saudi Arabia.

Declaration

I hereby declare that the information furnished above is true to the best of my knowledge and belief

Place:

Date:

Asha Mathew