Ashwin V. Jacob

Recently graduated medical doctor, aspiring for a residency in internal medicine. Have considerable knowledge of working in a hospital as well as working autonomously in primary and secondary health centres. Absolutely captivated by the field of medicine. Two of my foremost skills would include having a good, empathetic bedside manner, which has been commended by patients and superiors alike, and curiosity in acquiring new knowledge and skills. I look forward to working in an engaging and challenging environment with the primary goal of providing healthcare for people to the best of my abilities.

Experience

APRIL 2017 - APRIL 2018

Intern / Christian Medical College & Hospital, Ludhiana

Rotatory internship in all major departments in the hospital, including two months each in medicine, surgery, OBG and community medicine

- Working up patients in the OPD
- Taking care of in-patients which included routine tasks like venous & arterial sampling, dressing changes, angiocath changes, NG insertions
- Performed various procedures like intubation, PICC line insertion, pleural, ascitic & spinal taps, bone marrow biopsy
- Experience working in Intensive Care Units

- Performed minor surgeries like debridement, abscess drainage etc.
- Assisted in various surgical, orthopaedic, gynaecological procedures and deliveries
- Was posted in various peripheral primary health centres and camps; where responsibilities included taking care of the ER, seeing patients on an OPD basis, screening for diseases

Education

MAY 2017

MBBS / Christian Medical College & Hospital, Ludhiana

APRIL 2012

Secondary School Degree / M.E.S. Indian School, Doha

Other Qualifications and Certifications

- Trained and certified as a BLS and ACLS provider by the Department of Anesthesia & Critical Care, CMC-H Ludhiana
- Passed USMLE Step 2 (October 2018)
- CMEs attended
 - New anti-anginal drugs for treatment of stable angina, June 2017
 - o Basics of glaucoma, March 2018

Research and other Publications

- Did a thesis on 'To assess the incidence and grade of trismus in post radiotherapy period for head and neck cancer patients and its impact on quality of life'. The study was approved and funded by the Indian Council of Medical Research and was published in the hospital research publication.
- Contributed to the non-communicable diseases registry of villages in rural Punjab, by door to door screening for various NCDs like hypertension, diabetes mellitus, psychiatric illnesses.

Other skills and extra curriculars

- Fluent in English, Hindi and Malayalam; moderate knowledge of French
- Proficient in computer skills
- Avid debater and quizzer in school
- Held various positions in the Student Council
- Hobbies and interests include travelling, playing tennis