

# RESUME



**NAVYA JOSEPH**  
Alumkal House,  
U.C.College P.O.  
Ernakulam, 683102  
Kerala,India

Phone:+91- 8589872854,+91-9061580822

E-mail: [navyajoseph.navyajoseph6@gmail.com](mailto:navyajoseph.navyajoseph6@gmail.com)

## **OBJECTIVE**

To obtain a position that would be sensitive to the needs of an experienced optometrist. I would like to be a part of core team in a professional organization. I believe that my abilities, attitude and dedication would help in adding total value to the organization.

## **COMPETENCY MATRIX**

Examine eyes using observation instruments and pharmaceutical agents to Determine visual acuity and perception, focus and coordination and to Diagnose diseases and other abnormalities as an optometrist.

- Obtain and record patient's preliminary case history.
- Testing for near and far visual acuity ,depth perception, color perception and visual field, utilizing ocular testing apparatus
- Assess patients for vision deficiencies including complete binocular analysis, ocular health examinations, and spectacle prescriptions.
- Educate and counsel patients on contact lens care, visual hygiene, lighting arrangements and safety factors.
- Provides pre- and post –operative care for patients undergoing cataract and laser vision correction.
- Provide vision therapy and low vision rehabilitation.
- Instructing patients in care and uses of glasses and contact lenses.
- Maintaining inventory of materials and cleaned instruments.
- Active participation in house seminars.

## WORK EXPERIENCE

- 1 year internship (July 2015- July 2016) at Dr. Tony Fernandez Eye Hospital, Aluva.
- Currently working in Kochi eye care center U C College, Aluva (Since August 2016).

## PROJECT

As a part of Bsc.Optomtry, completed a project titled “POSTERIOR SEGMENT CAUSES OF LOW VISUAL OUTCOME FOLLOWING CATARACT SURGERY”.

## CAMPS AND COURSES ATTENDED

- Eye camps and school screening programmes organized by Dr. Tony Fernandez Eye Hospital, Aluva in association with Lions and Rotary Club.
- Eye camps and school screening programmes organized by Kochi eye care center U C C College, Aluva.
- Certificate in OPTOMETRY UPDATE-“OPTO- INSIGHT 2015”on 15<sup>th</sup> Feb 2015 at Kozhikode Medical College.
- Certificate in one-day CONTINUING MEDICAL EDUCATION on the occasion of south zone World Optometry Day celebration in association with ASCO, India on 21<sup>st</sup> march 2015 at Rayhan College of Optometry, Edapal, Malapuram.
- Certificate in “COLD 2016” (Contact lens, orthoptics, low vision and dispensing optics) on 13<sup>th</sup> march 2016 at Bejan Singh Institute Of Ophthalmology, Nagercoil, Tamil Nadu.

## PRACTICAL INSTRUMENTAL/TECHNICAL EXPERIENCE

Objective and subjective refraction	Streak retinoscopy
Slit lamp biomicroscopy	Lensometry (auto & manual)
Hand neutralization	Auto refractometry
Keratometry (manual & auto)	Specular microscopy
A scan biometry	B scan

Perimetry	Orthoptic instruments
Low vision aids	Tonometry
Corneal topography	Pachymetry
Wavescan aberrometry	Optical coherence tomography
Pentacam (oculus)	Fundus photography
Fundus fluorescein angiography	Lasik work up
Glaucoma work up	C3R work up
Contact lens management	

## **EDUCATION**

- Graduation in BSC.Optomety from Dr.Tony's school of Optometry,Aluva under Bharathiar University Coimbatore,(2016).
- Senior Secondary from The Alwaye Settelement H.S.S under Board of Higher secondary Examination,(2012).
- Higher Secondary from The Alwaye Settlement H.S.S,under Seconadry School Leaving Certificate Examination(2010).

## **PERSONAL PROFILE**

- Date of Birth :21<sup>st</sup> May 1994
- Marital Status :Single
- Religion :Christian (Latin Catholic)
- Languages :English,Malayalam,Hindi,Tamil

## **REFERENCES**

1.Dr.Sasi kumar  
Managing director  
Kochi eye care center  
8606876472

2.Dr.Freddy T simon  
Managing director  
Dr.Tony Fernandez eye hospital

3. Ms. Reshma Chandran  
HOD of optometry  
Dr.Tony's school of optometry  
9605097093

## **DECLARATION**

I hereby declare that the above mentioned particulars are true to the best of my knowledge and belief.

Place: Aluva

NAVYA JOSEPH