

GAYATHRI K.R.

Contact: 09538756222, 09446539612 || E-Mail: gayathrikr123@gmail.com



STAFF NURSE PROFILE

Equipped with a strong background and exposure in the healthcare industry; currently in search of new roles that will draw upon expertise and knowledge in NICU Unit assistance, clinical management and patient care management.

Key Certifications: Registered Nurse and Midwife Examination (BSN) || Karnataka State Nursing Council, India (Sep '10), B. Sc. (Nursing) Degree Holder

■ PROFILE SYNOPSIS

Value-driven professional, proficient in assuring quality of care by adhering to therapeutic standards and measuring health outcomes against patient care goals. In-depth engagement in performing nursing assessment, initial interventions, and nursing care plans and schedule along with evaluated anticipated needs of new admissions in NICU department.

- Skilled in identifying patient care requirements by establishing personal rapport with potential and actual patients
- Proficient in delivering valuable support for the mother during labor
- Responsible for total care of infants, diagnosed with congenital defects, delivery complications, or prematurity
- Competent in promoting the wellness by observing & recording patients' behavior along with carrying out the requisite treatments and medications as per set healthcare policies & regulations
- Adroit in collaborating with physicians and multidisciplinary team members and providing physical and psychological support to patients, and their families to ensure adequate and consistent patient care
- Demonstrate effective interpersonal, analytical, documentation, presentation, and multi-tasking skills; and an ability to deliver quality of care that is effective, patient-centered, timely, and equitable

■ AREAS OF EXPERTISE

- ✓ Skilled, Critical-Care Nursing
- ✓ Critical Thinking, Decision Making
- ✓ Parent/Patient/Family Education
- ✓ Systems/Evidence based Practice
- ✓ Patient Advocacy
- ✓ Admissions Management
- ✓ Ward Maintenance & Supervision
- ✓ Continuity of Care
- ✓ Team Coordination

■ EMPLOYMENT HISTORY

Staff Nurse (NICU Unit) ▶ Apollo Bangalore Cradle Limited	Dec '16 – Till date
Staff Nurse (NICU Unit) ▶ Apollo Bangalore Cradle Limited	Jan '13 – Mar '15
Staff Nurse (Gynecological Ward) ▶ The Lady Hospitals, Bangalore	Dec '10 – Dec '12

- **Medical Activities Handling:** Ensured the collection of specimens & blood transfusion, IV cannulation, Urinary Catheterization, Rylestube, feeding tube insertion, photo-light therapy, ET and oral suctioning. Maintained IV fluids in neonate, neutral and thermal environment along with implemented basic nursing procedures to sustain unit care admission, Transfer, Refferal and Discharge term and preterm newborn care.
- **Gynecological Unit Assistance:** Involved in taking care of babies with Respiratory Distress, Birth Asphyxia, Meconium Aspiration, Preterm, Low Birth Weight, Septicemia, Broncho Pneumonia, Hypothermia, Apnoea and Convulsion. Responsible for collection blood samples including ABG samples of the patients.
- **Strategic Support:** Provided valuable support to Doctors to ensure the smooth functioning of key procedures includes; intubation, central line insertion, surfactant administration, umbilical vein catheterization, umbilical arterial, catheterization, intercoastal drainage and lumbar puncture.
- **Patient Care:** Administering medications, performing complex patient care procedures, work with complicated technology, and consult with an interdisciplinary healthcare team to coordinate all aspects of a patient's care. Ensuring that all clinical documentation/procedures comply with all applicable legislative and statutory requirements.
- **Inventory Control:** Maintained nursing supplies inventory by checking stock to determine inventory level; anticipating needed supplies; placing and expediting orders for supplies; verifying receipt of supplies; using equipment and supplies as needed to accomplish job results.'
- **Relationship Management:** Worked closely with multiple departments, disciplines, doctors, and physicians, and build trusting & working relationships with the same along with established & maintained long-term positive relationships with numerous patients and their families as provided moral support.

■ EDUCATION & CREDENTIALS

- **B Sc. (Nursing)** from Shekhar College of Nursing
- PUC from NMKRV Board of Education, Karnataka in 2006
- SSLC from Green Valley, Board of Education, Karnataka in 2003

Technical Skills: Well versed in using MS Office Suite (Word, Excel & PowerPoint) and Internet Applications

■ PERSONAL PROFILE

Date of Birth: 12th March, 1986
Linguistic Abilities: English, Hindi, Kannada, Tamil, Malayalam and Telugu
Permanent Address: Krishnavilasam, Edavattom PO, Thalayolaparambu, Kottayam District, Kerala – 68660
Passport Details: No. K3818096, Date of Issue: 14-8-2012 (Bangalore) and Date of Expiry: 13-8-2022