SHILPA JOY

MSc in Food And Nutrition, Dr N.G.P Arts And Science College, Coimbatore

+91 8148575238| [shilpajoyanna1994@gmail.com](mailto:shilpajoyanna1994@gmail.com)

OBJECTIVE To have a growth oriented and challenging career, where I can contribute the best of my knowledge and skills to the organization and enhance my experience through continuous learning and teamwork.

ABOUTDate of Birth: 19-09-1994

Address : D/o Joy M.P(late)

Muringathery house, Erumapetty P.O

Thrissur, Kerala - 680584

EDUCATION

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| --- | --- | --- | --- |
| Course | Institution | Year of Completion | Percentage % |
| MSc in Food Science And Nutrition | Dr N.G.P Arts And Science College (Autonomous afflicted with Bharathiar University) | 2017 | 86% |
| BSc in Food Science And Nutrition | Dr N.G.P Arts And Science College (Bharathiar University) | 2015 | 86%(University 3rd Rank) |
| HSE | Govt. Higher Secondary School, Erumapetty (Kerala State Board) | 2012 | 81% |
| SSLC | Sacred Heart Convent Girls Higher Secondary School, Thrissur (Kerala State Board) | 2010 | 93% |

ACHIEVEMENTS

* Secured University 3rd rank for BSc food science and nutrition.
* Published paper on **Standardization & Fortification Of Vitamin And Mineral Premix In Nutri Riched Laddu** in the journal “Food Processing And Technology (Igniting India)-Towards Enterprenership” .
* Got **BEST PRODUCT AWARD** from Dr.THAVAMANI RESEARCH AWARD for the product “Cow & Soy Curd By Using Starter Culture As Fermented Rice Rinsed Water”.
* Participated in national conference on topic “Current trends in food processing and food safety” at PSG Arts and Science College Coimbatore.
* Participated international seminar conducted by Nestle about current trend in food processing.
* Participated in Food And Nutrition Competition & Seminar Organized in Coimbatore by PROTIEN FOODS AND NUTRITION DEVELOPMENT OF INDIA **(PFNDAI)**

KEY SKILLS

* Positive thinker
* Quick learner
* Adaptability to changing work environment
* Punctual

EXPERIENCE

* **Dietician** job continuing at **PSG HOSPITAL COIMBATORE** ( 1 year + pursuing)
* **Dietician Staff training** from **DAYA GENERAL HOSPITAL AND SPECIALITY SURGICAL CENTER THRISSUR** in dietary department (2 month duration )
* **Dietician training** from **KOVAI MEDICAL CENTER AND HOSPITAL LIMITED** **COIMBATORE** in dietary department (1 month duration )

TRAINING AREAS

* **HACCP LEVEL 3** in Manufacturing
* **ISO 22000:2005 Food Service Managment** Conducted by INDOCERT
* Internship on **Food Processing and Quality Assurance** at Elite Food Industry (1 month duration)
* Professional Bakers Program at JM Breads Pvt. Ltd
* Training on Operating Techniques For Different Dryers at Karunya University
* Could give hands on training to women about **Fruit And Vegetable Preservation**.
* Training in techniques and nutritional counselling on Nutrigenomix.
* Ministry Of Women And Child Development Food and Nutrition Board (Govt. of India) organized training on **fruits and vegetables preservation and nutrition**.
* Completed online course on “FREE WEIGHT LOSS COURSE: WEIGHT LOSS MADE SIMPLE”.
* Completed online course on “FRUITS AND VEGGIES: FROM HEALTHY SNACKS TO WEIGHT LOSS HACKS”.
* Completed online course on “STRESS MANAGMENT NOW: REDUCE STRESS AND ANXIETY ENJOY LIFE”.
* Completed online course on “SUGAR DEXTOX: LEARN TO SNACK SUGARFREE &REDUCE CRAVINGS”.
* Completed online course on “PRINCIPLES OF PAIN MANAGEMENT- ESSENTIALS”.

PROJECTS

* Procreation And Quality Analysis Of Cow & Soy Curd By Using Starter Culture As Fermented Rice Rinsed Water
* Food Quality Control And Organization Study at Elite Group Of Companies, Athani, Thrissur
* Survey On Triple Cell Cardiac Disease Among Total Heart Patients In Kovai Medical Centre And Hospital, Coimbatore.

**TECHNICAL SKILLS**

AREA OF EXPERTISE

* Quality Assurance
* Food Safety & Management
* Quality Control
* Nutritional Calculation
* Health Promotion
* HACCP knowledge
* Basic Technical Skill
* Basic Internet Knowledge
* Troubleshooting
* Leadership
* Time management
* Menu analysis

REFERENCES

* Dr. D SRIDEVI

Head of Department,

Nutrition and dietetics,

Dr.N G P Arts and Science College, Coimbatore.

selvasri2013@gmail.com

* Dr. ANIL KUMAR

Head of Department,

Applied Nutrition Division,

Defense Food Research Laboratory, Mysore.

anilakumarkr@gmail.com

DECLARATION

I hereby declare that the information furnished above is true to my knowledge.

Place :

Date : Shilpa Joy