

RESUME



JULIYA JOSE

Address for Communication:

VALLIKKATTIL HOUSE
KOLENCHERY
ERNAKULAM
KERALA

Mob No :09446760213
:09846217430

E-MAIL:

juliyamarium@gmail.com

Personal Details:

Date of Birth :07 JULY 1993
Age : 25 Years
Gender : Female
Nationality : Indian
Religion : Christian
Mother Tongue: Malayalam
Marital Status : Single
Father's Name : Jose V Jacob
Mother's Name: Leela Jose

Career Summary

Looking for a new horizon for nurturing my dreams without hampering any one's life. A job that fits my optimistic approach and enlighten my career.

Life objective

To understand human values and to become a creative and self-disciplined citizen and further to contribute to my society.

Strength

- I believe in smart working rather than hard working.
- My loyalty and sincerity will be the key for my success.
- I am ready to shoulder any responsibilities
- Good interpersonal & communication skills
- Dedication and passion to work with team
- Self-Confident, Positive thinking and Leadership quality
- Belief in God
- Easily adjustable to varying situations
- Willingness to learn

Academic Chronicle

COURSE	INSTITUTION	UNIVERSITY/BOARD	YEAR OF PASSING	GRADE
Master of Optometry	Little Flower Institute of Medical Science and Research, Angamaly	Kerala University of Health Science	2018	72.4%
B.Sc Optometry	Ahalia School of Optometry, Palakkad	Kerala University of Health Science	2015	68%
Higher Secondary	Government HSS Kadayiruppu	Board of Higher secondary Examination, Kerala.	2011	88%
S.S.L.C	MRSVHS, South Mazhuvanoor	Board of Public Examination, Kerala.	2009	7 A+ 3 A

Computer Skills

- Basic knowledge
- Operating systems : Windows & LINUX

Clinical Rotation

Refraction Clinic

- Cornea Clinic
- Contact Lens Clinic
- Uvea Clinic
- Retina Clinic
- Glaucoma Clinic
- Orthoptic Clinic
-

Oculoplasty clinic

- Pediatric Ophthalmology
- Ultra Sound Techniques
- Optical surfacing, fitting & dispensing
- Medical Workshop
- Neuro Ophthalmology
- Low Vision Clinic
- OT Observation
- Community Ophthalmology, attended camps & school screening programs
- LASIK

Practical Skills

- History taking
- Streak Retinoscopy
- Subjective refraction
- Slit lamp Biomicroscopy
- Fundus Examination: 90D, Direct ophthalmoscope
- Tonometry (Non-Contact & Applanation Tonometry)
- Biometry- A Scan
- Perimetry (HFA), Listers, Bjerrums screen
- Auto Refractometer
- Lensometry
- Keratometry (Automated, Manual)
- Orthoptic Instruments
 - ❖ PBCT
 - ❖ Maddox Rod
 - ❖ Maddox Wing
 - ❖ Synaptophore
 - ❖ TNO Stereo test
 - ❖ Bagolini striated glass
 - ❖ RAF Ruler for NPC &NPA
- Corneal Topography
- Contact Lens Management (so□, RGP, Rose –K, piggy back)
- Pachymetry
- Fundus Fluorescein Angiography
- Optic Coherence Tomography
- Specular Microscopy
- Dispensing of Low Vision Aids & Spectacles
- Eye banking
- Prosthetic Clinic
- Minor procedure like lacrimal syringing, schirmer test, amsler grid etc
- Have experience in teaching B.Sc optometry students
- Presented seminars & power point presentation
- Presented couple of journals

Linguistic proficiency

	Read	Write	Speak
Malayalam	✓	✓	✓
English	✓	✓	✓
Hindi	✓	✓	✓

Positions Held

- Active volunteer in CME update- ACME-1 2016 held at Ahalia School of Optometry, Palakkad
- Active volunteer in CME update- VUE 2K18 held at Little Flower Institute of Medical Science and Research, Angamaly

Camps & Conference Attended

- Attended more than 200 Eye Camps & School Screening program organized by AHALIA FOUNDATION EYE HOSPITAL and LITTLE FLOWER HOSPITAL
- Given Training classes For Screening of Cataract & Refractive Errors for public especially in rural areas
- Attended many CME and workshops

Academic Projects

Study submitted to KUHS University in Bsc.optometry

- Research Experience and presented project on paper “THE EFFICENCY OF CLEAR CORNEAL PHACOEMULSIFICATION IN POST OPERATIVE ASTIGMATISM”

Study submitted to KUHS University for Master of Optometry

Clinical Study based on “COMPARISON OF REFRACTIVE STATUS BETWEEN PRETERM INFANTS AT 40 WEEKS POST CONCEPTIONAL AGE WITH THAT OF TERM INFANTS”

Hobbies.

- Reading periodicals, journals, newspaper, short stories, novels etc.
- Cooking
- Stitching

Experience.

- One year Internship Experience at AHALIA FOUNDATION EYE HOSPITAL PALAKKAD , Kerala , India
- Trained for **JOINT COMMISSION INTERNATIONAL** accreditation (JCI)

Industrial visit

- GKB Vision RX Lab, Bangalore

My word

I hereby declare that the all above mentioned details are true and to the best of my knowledge and belief.

Yours Genuinely,

Place : KOLENCHERY

JULIYA JOSE

Date: : 20/11/2018