

# SHERIN ALEXANDER



## EDUCATION

### Doctor of pharmacy (Pharm D)

Amrita School of Pharmacy,  
Amrita Vishwa Vidyapeetham,  
Amrita University, Cochin

**08/2012 to 08/2018**

Secured 75% marks

### 12th - Higher Secondary Examination

Nair Samajam Higher Secondary School, Mannar

**04 /2011 - 03/2012**

Secured 82% marks

### 10th - Secondary School Leaving Certificate Examination

Good Shepherd Higher Secondary School, Parumala,  
Pathanamthitta

**04/2009 - 03/2010**

secured 92% marks

## CERTIFICATES

### Certificates for poster presentation

Treatment adequacy of beta blockers in patients with Heart Failure at Pushpagiri college of pharmacy, Thiruvalla, Pathanamthitta.

## HONORS AND AWARDS

### 1. Best intern

Awarded best intern (2012 batch) of Amrita School of Pharmacy, AIMS Health Sciences Campus, Kochi.

### 2. Best in sports


Awarded best sports woman (2012 batch) of Amrita School of Pharmacy, AIMS, Kochi.


## PROFILE

To pursue a challenging career that can provide good exposure to expand knowledge in order to become a competent professional.

## CONTACT

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Kadapra Mannar P.O  
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Pathanamthitta, Kerala,  
India.

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## TECHNICAL SKILLS

- Good knowledge in the dose adjustment of oral anticoagulants like Acitrom and Warfarin.
- Expertise in various areas like Clinical Pharmacy, Pharmacotherapy, Pharmacokinetics/dynamics, Pharmacovigilance, Clinical Research.
- Good knowledge in operating MS Office tools like MS Word, Powerpoint, Excel.

## PROJECT WORKS / PUBLICATIONS

1. K N, Anila & Alexander, Sherin (2016). A CASE REPORT ON ANTI-N-METHYL-D-ASPARTATE RECEPTOR ENCEPHALITIS. Asian Journal of Pharmaceutical and Clinical Research (Published).
2. Reji, Reshma, Alexander, Sherin, Vijayan, Meenu (2017). A case series on ANTI NMDAR ENCEPHALITIS. International Journal of Pharmacy and Pharmaceutical Sciences (published).
3. An sight to DOORS syndrome - A rare genetic disorder, guided by Remya Reghu, Department of Pharmacy Practice (under review).
4. Aicardi-Goutieres Syndrome 7- A case report, guided by Lakshmi R, Department of Pharmacy Practice (under review).
5. Carbamazepine induced Toxic Epidermal Necrolysis: A case report, guided by Meenu Vijayan, Department of pharmacy Practice (under review).
6. Comparison of clinical profile of beta blockers (Bisoprolol, Carvedilol, Metoprolol) in general and Nebivolol in particular in patients with Heart Failure guided by Dr. Mukund A Prabhu, Department of Cardiology and Naveen Kumar Panicker, Department of Pharmacy Practice (Under review).

## AREAS OF INTERESTS

- Clinical pharmacy services
- Anticoagulation services
- Pharmacovigilance
- Pharmacokinetics
- Clinical research
- Antibiotic stewardship

## EXPERTISE

1. Medication history interview
2. Identifying drug related problems
3. Reporting Adverse Drug Reactions
4. Patient medication counseling
5. Rectifying medication errors
6. Answering drug information queries

## CLINICAL EXPOSURE

- Routine clinical posting in various departments such as Adult Neurology, General Medicine, Pediatrics, Adult Cardiology, Pediatric Neurology, Pulmonary Medicine, Head and Neck Surgery and Oncology, Stroke Medicine, Neonatal ICU, Orthopedics.
- One year training in anticoagulation stewardship programme.
- Patient counseling at Patient Medication Center, Amrita Institute of Medical Sciences, Kochi.
- Medical camps organized by Amrita Institute of Medical Sciences at various locations in Kerala.
- Community pharmacy posting at Vallikavu.

## PERSONAL SKILLS

- > Good communication skills
- listening as well as speaking
- > Good decision making skill
- > Efficient time management skills
- > Better as a leader
- > Disciplined and punctual
- > Good team member

## OUT - REACH ACTIVITIES

- \* Participated in Amala Bharatam Campaign
- \* Participated in Swachh Bharat Abhiyan
- \* Participated in 'Sevamritam'.

## LINGUISTIC KNOWLEDGE

Malayalam (speak, read and write)  
English (speak, read and write)  
Hindi (read and write)

## INTERESTS

>Gardening  
>Cartoon drawing  
>Pencil drawing  
>Singing

## SEMINARS/SYMPOSIUM ATTENDED

1. Sanjoe Spectra (2014), St. Joseph's college of pharmacy, Cherthala, Kerala. The National Seminar on Stem Cells and Nutraceutical niche in Pharmaceutical Sciences.
2. Amrita Pharmaceutical Conference (2014), Amrita School of Pharmacy, Kochi, Kerala. The National Conference on "Infectious Disease - A Medicinal Chemistry Prospective".
3. PHARMA BANE (2015), Pushpagiri College of Pharmacy, Thiruvalla, Kerala. National Seminar on Toxicology.
4. CPCON (2016), Department of Pharmacy Practice, Manipal College of Pharmaceutical Sciences, Manipal University, Manipal, Karnataka. Evolving role of Clinical Pharmacist in Multidisciplinary Healthcare Settings .
5. Indian Congress of Pharmacy Practice and 2nd Convention of Indian Association of Colleges of Pharmacy (IACP), (2016). Indian Association of Colleges of Pharmacy (IACP) Convention, held at Hotel Le Meridian, Coimbatore, Tamil Nadu. The Responsible Pharmacist Transforming Patient Care.
6. IRACON (2016) 32nd Annual Conference of Indian Rheumatology Association, held at Bolgaty palace, Kochi, Kerala. Pre - conference CME 'Rheumatology in a Nut Shell'.
7. Sanjoe Spectra (2017), St. Joseph's College of Pharmacy, Cherthala, Kerala. One day National Seminar on 'Challenges in implementing clinical pharmacy services and research in India'
8. Research Day (2017), Amrita School of Pharmacy, Kochi, Kerala.

\*Participated in street plays conducted in Amrita Institute of Medical Sciences.

9. PHARMACHEM'17 (2017), Chemists College of Pharmaceutical Sciences and Research, Puthencruz, Kerala. National seminar cum workshop on 'Multiple Facets of Pharmacovigilance'.

10. 69th Indian Pharmaceutical Congress (IPC) (2017). Chitkara University Rajpura, Punjab. Skill and Will to Make and Serve Quality Pill.