

# CURRICULUM VITAE

## PASSPORT DETAILS

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## 1 PERSONAL DETAILS

**Name** : Mrs. JITHA MOL V.S  
**Sex** : female  
**Date of birth** : 13/03/1987  
**Father's name** : Mr.V.N. Soman  
**Mother's name** : Mrs. T.K. Shanthakumari  
**Husband's Name** : Mr.Anju Thankappan  
**Marital status** : Married  
**Religion** : Hindu  
**Nationality** : INDIAN  
**Permanent address** : w/o Anju Thankappan  
Karippassery House  
Kunnappillisseri  
Puliyanam P O  
Angamaly, Ernakulam  
Kerala , 683572, PIN, India  
**MOBILE** : 8377920790

## 2 CAREER OBJECTIVE

To pursue a challenging career and to be part of progressive organization that gives scope to enhance my knowledge ,skill and to reach the pinnacle in the field with sheer dedication and hardwork

## 3 UPHOLDING VALUES

- Ethical practice
- Sound Knowledge
- Team work
- Continuous improvement
- Punctuality

## 4 PROFESSIONAL QUALIFICATION

- General Nursing and Midwifery.

## 5 WORK EXPERIENCE

- Worked as a staff nurse in Medical,Surgical ,Labour room and OPD in HITAISHI Hospital Pvt Ltd, New Delhi from January 10<sup>th</sup> 2008 to September 25<sup>th</sup> 2008 .
- Worked as a staff nurse in **MICU** and Medical and Surgical ward from October 10<sup>th</sup> 2008 to September 15<sup>th</sup> 2013 in Max Super Speciality Hospital which is accredited by ISO,NABH and IMS in New Delhi .
- Worked as a registered staff nurse in **ICU** from January 6<sup>th</sup> 2014 to April 25<sup>th</sup> 2015 (Al-Wahda Hospital/Teaching and Training institute Derna – LIBYA)
- Worked as a senior staff nurse in Medical ICU from 14 December 2015 to 15 January 2018 in Max Super Specialty Hospital , Shalimar Bagh is a 250 bedded IMS and NABH accredited hospital New Delhi

## 6 PROFESSIONAL QUALIFICATION

S.No	QUALIFICATION	SCHOOL/ COLLAGE	BOARD/ UNIVERSITY	YEAR OF PASSING	PERCENTAGE
1	SSLC	S.K.V Govt Hss Neendoor Kottayam Kerala	Secondary school leaving examination	March 2002	47.6%
2	Plus two	Sharma's Collage Ettumanoor Kottayam Kerala	Board of Higher Secondary Examination	March 2004	42%
3	Diploma in General nursing Midwifery	Premier Institute of Nursing Gowribidanur Kolar (dist) Karnataka	Karnataka Nursing Council	1 <sup>st</sup> Year2005  2 <sup>nd</sup> year 2006  3 <sup>rd</sup> year 2007	64.75%  66.4%  58.5%

## 7 PROFESSIONAL SKILLS

- Checking vital signs , Health education
- I V cannulization and transfusion procedures like RBC,plasma,platelets and blood .
- Pre and post operative care
- Receiving post surgery patient and stabilization of patient
- Immediate post operative assessment
- Cardiac monitor
- Arterial blood gass analysis
- Detection of early signs of complication
- Management of cardio pulmonary arrest

- Assist doctors during emergency
- Calculation of medication dosage
- Oxygen administration
- Assist during intubation
- Oral and endotracheal suctioning
- Catheterization
- Subclavian insertion
- Tracheostomy care
- Assist for bronchoscopy and ICD insertion
- Ryles tube insertion

## **8 EQUIPMENTS HANDLED**

Ventilators

Pulse oxymeter

Cardiac monitors

Infusion pump

Defibrillator

Crash cart

E C G

Glucometer

Suction apparatus

Laryngoscope

Ambubag

Steam inhaler

Nebulizer

Sphygmomanometer

Oxygen flow meter

Thermometer

Knee hammer

## **9 STRENGTHS**

- Optimistic
- Adaptability
- Leadership abilities
- Problem solving
- Interpersonal and communication skill
- Willing learner

## **10 HOBBIES**

- Reading
- Writing
- Painting
- Musics

## **11 REFERENCE**

### **1 DR. ADEL EDWAL**

Medical director of al wahda hospital  
ministry of health  
DERNA- LIBYA  
e-mail: antynmr @ yahoo.com

### **2 SR. ANNAMMA THOMAS**

Nursing Superientendent  
Max Health care  
Pitampura  
New delhi

## **12 DECLARATION**

I here by declare that all the information given above are true and correct the best of my knowledge and belief.

Place:

Date :

**JITHA MOL V. S**