# **CURRICULUM VITAE**

Ms. BINEETHA P.M. Pulimkalayil House Kuravilangad P.O., Kottayam Dist. Kerala – 686633 Mob : <u>8281978696</u> E-mail : bineethapm1@gmail.com



### **CAREER OBJECTIVE :**

To work in an organizational environment that provides opportunity to substantiate my skills and to learn new employ my proficiency towards the advancements of firm and my career.

# **PERSONAL DETAILS :**

Father's Name		: Mr. P.A. Mathew
Mother's Name	:	Mrs. Thresiamma Mathew
Date of Birth	:	08.06.1991
Sex		: Female
Marital Status	:	Single
Nationality		: Indian
Health	:	Normal
Languages Known		: English, Malayalam
Contact No.	:	<u>8281978696</u>

## **PASSPORT DETAILS :**

Passport No.		: N5008889
Date of Issue	:	07.12.2015
Date of Expiry	:	06.12.2025
Place of Issue	:	Cochin

#### **ACADEMIC QUALIFICATION :**

Qualification	Board / University	Year of Passing	Division	% of Marks
SSLC	Board of Public Examination, Kerala	March 2007	65	65%

Plus Two	Govt. HSS Kanakkary	March 2009	70	70%
GNM	Sanjoe Hospital, Perumbavoor	Kerala Nurses and Midwives Council	2013	61%
Pos Basic B.Sc. Nursing	Lourde College of Nursing, Ernakulam	KUHS University	2016	72%

## **WORKING EXPERIENCE :**

Institution	Position	Duration	Area
Columbia Asia Hospital, Whitefield, Bangalore	Staff Nurse	25.11.2015 to 30.11.2016	Medical ICU
Lissie Hospital Ernakulam	Staff Nurse	08.08.2017 to still working	Neonatal ICU

#### JOB RESPONSBILITES:

- > Providing comprehensive nursing care
- ≻ Vital signs monitoring and recording
- ➤ Provide a calm and quite environment
- Clarify, doubts and remove false impression Administration of suppositories
- ➤ Urinary catheterization
- ➤ Continuous cardiac monitoring
- ➤ Avoid dehydration
- ≻ Proper recording and reporting
- $\succ$  Check the weight daily
- ➤ Administration of IV fluids through micro and macro set Insertion of nasogastric tubes
- Calculation of drug dosages and providing medicines Monitor intake and output chart
- ➤ Monitor skin turgor and seizure activity
- $\succ$  Send the investigations ak ordered
- ➤ Good hand washing technique

#### **PROCEDURES SEEN AND ASSIST :**

- ➤ Physical examination
- $\succ$  Cardiac pulmonary resuscitation
- > Catheterization, ryles tube insertion and feeding IV cannulation
- $\succ$  Blood transfusion and IV infusions
- ≻ Bone marrow aspiration

#### EQUIPMENT USED :

- $\succ$  Ventilator
- $\succ$  BIPAP
- ≻ Ambu Bag
- ≻ Laryngo Scope
- ≻ Central Oxygen 86 Suction
- ➤ Suction apparatus Defebrilator
- > Cardiac monitor Pulse oxymeter ECG Machine BP Apparatus Infusion pump
- $\succ$  Digital thermometer
- ≻ Nebulizer
- ≻ Steamer
- ≻ Alfa bed

**SPECIAL DUTIES :** 

- Supervision of non-professional workers
- Maintaining inventory of articles
- Attending rounds.

#### **HOBBIES :**

- Reading to keep knowledge updated
- Listen to music

## **ACHIEVEMENTS :**

• Basic knowledge and Desktop Management skills about Computer.

# **DECLARATION**

I hereby declare that above mentioned details are true to the best of my knowledge.

Place : ERNAKULAM

Date : 14/11/2018

**BINEETHA P.M.**