

CURRICULAM VITAE

Name : SILFA VARGHESE
Date of Birth : 05-03-1996
Sex : Female
Religion : Christian, RC
Marital Status : Single
Father's Name : Varghese Abraham
Nationality : Indian
Health : Good
Language Known : Malayalam, English
Contact No. : 8330854724
Present Address : Puthenpurackal House,
Mamala P.O.,
Ernakulam District,
Pin-682305.
Email ID : Silfagrace96@gmail.com

OBJECTIVES

Seeking a growth oriented and challenging career on Nursing & patient care in professionally reputed hospital where I can apply my knowledge & skills to the best of my abilities.

QUALIFICATION FOR THE POST

- * BSC. Nursing.

EDUCATIONAL QUALIFICATION

- * SSLC Passed.
- * Plus Two Passed.

ACADEMIC DETAILS

Name of Course	Name of Institution	University/Board	% of Marks	Year
Plus Two	Govt. H.S.S for Boys, Tripunithura	Board of Higher Secondary Examination Kerala	84%	2014
SSLC	St. Joseph's Girls High School, Tripunithura	Board of Public Examination Kerala	77%	2012

PROFESSIONAL DETAILS

Name of Course	Name of Institution	University Board	Grade	Year
BSC. Nursing	Lisie College of Nursing, Ernakulam	Kerala University of Health Science.	I st year : 58.7% II nd year : 61 % III rd year : 65.29 % IV th year : 69.28%	2018

PROCEDURE / FUNCTIONS ENCOUNTERED

- * Administration of Medicines (Oral & Parenteral)
- * Ryle's tube Insertion & Feeding.
- * Vital signs checking, oxygen therapy.
- * Administering of I V fluids.
- * Administering blood & blood products.
- * Wound dressing.
- * Transfusion & Infusion therapy.
- * Urinary catheterization
- * Bladder irrigation
- * Cardiopulmonary resuscitation
- * Total parenteral nutrition
- * Chest physiotherapy
- * Electrocardiogram
- * Endotracheal and oral suctioning

- * Death Care
- * Assisted in general pre and post operative nursing
- * Maintaining aseptic techniques and universal precautions
- * Maintenance of records and reports
- * Health teaching
- * All aspects of care for patients of any age
- * Collecting blood samples and specimens for investigation
- * Maintaining personal hygiene of the patient

EQUIPMENTS HANDLES

- * Pulse oxymeter
- * Infusion pump
- * NBP
- * Glucometer
- * Nebulizer
- * Stethoscope
- * Laryngoscope
- * Thermometer
- * Suction Apparatus
- * ABG machine
- * ECG machine
- * Syringe pumb.

DUTIES AND RESPONSIBILITIES

As a staff nurse

- * Admission and discharge
- * Physical examination and reports
- * Planning and implementation of patient care

- * Monitor vital signs
- * Monitor ECG variations
- * Maintaining adequate aseptic technique and universal precautions
- * Assessment of all devices
- * Pre and operative teaching of patients and family
- * Following physician's order
- * Administering medicines

MANAGERIAL SKILLS

- * Orient the patients and relatives about the hospital and its routines
- * Maintenance of records and reports
- * Maintenance of ward inventory
- * Excellent in interpersonal communication skills
- * Good team player
- * Quick, positive and innovative
- * Energetic and adaptable

PARTICIPATION

- * Rural camp in Attapady
- * Non communicable disease clinic
- * Active member in SNA
- * Participated in various programmes in college and SNA level

REFERENCES

1. Prof. USHA MARATH
Principal
Lisie College of Nursing, Ernakulam.
2. Prof. Sumathi P.V.
Associated Professor
Lisie College of Nursing, Ernakulam.

DECLARATION

I hereby declare that all statements made in this application are true and correct to best of my knowledge and belief.

Place: Ernakulam.

Date : 30.11.2018.

SILFA VARGHESE.