

# CURRICULUM VITAE

**Ms. Jintu Mary George**  
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## **OBJECTIVE**

To follow the footprints of “Florence Nightingale” as a compassionate nursing professional seeking opportunity requiring exceptional organizational skill and talent in patient relations, education and advocacy, can offer advancing abilities in assessment, formulating diagnosis, establishing goals, implementing interventions and evaluating outcomes.

## **PERSONAL STRENGTH**

- Sincerity
- Comprehensive care provider
- Efficient co-ordinator of nursing care
- Self confidence and perseverance
- Ability to handle adverse situation diplomatically
- Communication skills
- Responsibility
- Adjustability
- Willingness to learn

## **PERSONAL DETAILS**

Date of Birth	:	31/01/1992
Age	:	26years
Gender	:	Female
Marital Status	:	Single
Nationality	:	Indian
Religion	:	Christian
Address	:	Mulampallil house Kalliserry P.O Mazhukheer Alaphuzha District Kerala

## **HOBBIES**

Listening music, Reading Books

## **LANGUAGE KNOWN:**

Speak : English, Malayalam, Kannada, and Tamil  
Read & Write : English, Hindi, and Malayalam.

## **EXTRA CURRICULAR ACTIVITIES**

Participated and secured prizes in various Cultural and sports competitions.  
Active Participation in SNA activities.

## **PASSPORT DETAILS**

Passport No : P25518981  
Place of Issue : COCHIN  
Date of Issue : 12/07/2016  
Date of Expiry : 11/07/2026

## **QUALIFICATION**

<b>Qualification</b>	<b>Institution</b>	<b>University / Board</b>	<b>Year</b>	<b>Remarks</b>
SSLC	Ebenezer EMHS .Kalliserrykerala	State Board	2009	63%
HSS	Balikamadam HSS .Thiruvalla Kerala.	State Board	2011	51.8%

## PROFESSIONAL QUALIFICATION

Qualification	Institution	Year	Marks Obtained	Class / Percentage
BSc Nursing	Manipal College Of Nursing,Mangalore	August 2011  -May 2015	1 <sup>st</sup> Class	64%
Yearly Details				
1 <sup>st</sup> Year			578	64.2%
2 <sup>nd</sup> Year			420	60%
3 <sup>rd</sup> Year			411	68%
4 <sup>th</sup> Year			388	64%

## IELTS SCORE

Listening – 5.5

Reading – 5.5

Writing – 5.0

Speaking – 6.0

Overall – 5.5

## ADDITIONAL TRAINING AND CERTIFICATE

Participated in

- National Heart Day Run
  
- Attended a SEMINAR on “*evidence based practice in nursing*”, at manipal college of nursing ,Mangalore; on March 2013.
  
- Attended a SEMINAR “*Dementia*” at Kasturba Medical College Mangalore and ‘Manaswini’ Thunga Institute Of Psychiatry and Counselling Balmatta, Mangalore on september 2012.
  
- Pursuing training for **IELTS** exam.

## **EXPERIENCE**

<b>Name of the Hospital</b>	<b>Bed Capacity</b>	<b>Clinical Area</b>	<b>Duration</b>
Kasturba Hospital, Manipal, Karnataka, India	2050 Beds NABH, ISO certified	Semi special ward	17/08/2015 - 31/05/2016
		Multi Intensive Care Unit	01/06/2016 – 09/03/2017

### **I AM HAVING 2 YEARS 3 MONTHS OF EXPERIENCE**

#### **STILL WORKING IN ASTER MIMS, CALICUT**

**Department – M D ICU**

On August 14 – 2017

#### **WORKING EXPERIENCE DETAILS**

- Preparing the ward or ICU for receiving the patient.
- Pre operative&Post operative Care.
- Monitoring the Vital signs of the patient.
- Managing the emergency situations like cardiac and respiratory arrest
- Taking care of ICDs, DTs and Pick tails.
- Taking care of non - ventilator
- Following Nursing process in assessment, planning, implementation and evaluating daily individual patient care.
- Assessing the Physical, Psychological and Psychosocial needs of the Patient.
- Provide health information to family member and taking consent for critical ill and various procedures.
- Administration of Medication (oral, IV, IM, ID, SC, and Epidural ).
- Maintaining the intake output chart, IV Fluid and Narcotics.
- Checking the GRBS and Administration of Insulin.
- Meeting the Nutritional, hygienic and elimination needs of the patient.
- Dressing (eg: Bed Sore, Surgical wound)
- Managing and maintaining the confidential records.
- Preparing the patient for various Investigation and procedure (MRI, CT Scan. USG, Echo, LP, ECG, CVP, Ascitic, pleural, and pericardial fluid aspiration and sample collection - Blood, urine, stool).

- Performing procedures like peripheral line, Ryles tube, and Foleys catheter insertion, blood and blood products transfusion.

- Assisting in dialysis, and bloodletting.
- **Assisting the doctor in,**
  - Endo tracheal Intubation
  - Lumber puncture
  - Central and femoral venous pressure line. Defibrillation
  - Electro Cardiogram
  - Nasal packing, suturing and surgical dressing
  - Ascitic Pleural and pericardial fluid aspiration
  - Tracheostomy
  - Arterial line insertion
  - Dialysis catheterization
  - ICD and pericardial catheter insertion Extubation
- Watching for complication and following the infection control method.
- Explaining the importance of the follow up.
- Also familiar with case of,
  - ARDS, COPD, Pneumonia, Pulmonary TB, Bronchial Asthama,H1N1, Lung Cancer, GB Syndrome, IHD, RHD, MI, HTN, CCF, Heart Block, Ventricular Tachycardia, DM, DKA, ALD, Hepatitis, Gastroenteritis, Renal failure, UTI, , Electric Burn, HIV, Malaria, Chicken pox,OP poisoning, snake bite, CVA, Seizure disorder, Meningitis, Stomach Cancer, Stroke, Post CABG, Multi organ dysfunction, Burns, Post lobectomy, UGI bleed, Chronic liver diseases..etc

## **SPECIAL SKILLS**

- Intra-venous Cannulisation
- Blood transfusion
- Management of patients with various types of catheters
- Bladder catheterization
- Management of inter costal drainage systems
- Cardio-Pulmonary-Resuscitation and management of other emergencies.
- **Operations of syringe pumps, nebulizers and warmer blankets, Infusion pump.**
- Ryle's tube insertion and feeding
- Surgical dressing
- Application and set of different modes of oxygen therapy
- ET Suction and oral Suction

- ECG
- Plaster of Paris application

### **EQUIPMENT EXPERIENCE**

- Cardiac monitor
- ECG machine
- Infusion Pump
- Syringe pump
- Glucometer
- Pulse Oxymetry
- Emergency Trolley
- Nebulizer
- Defibrillator
- Suction appara

### **REFERENCE**

1. Mrs. Yashoda  
Nursing Superintendent,  
Kasturba Medical College  
Manipal- 576104
2. Dr. Christopher  
Sudhakar Dean  
Manipal College Of Nursing  
Mangalore
3. Mr.Binil .V  
Assistant Professor  
Manipal College Of Nursing  
Mangalore

### **DECLARATION**

I do hereby declare that the above information is correct and true to the best of my knowledge.

Place:Thiruvalla  
Date:

(Jintu Mary George)